The Relativistic Quantum World A fecture series on Relativity Theory and Quantum Mechanics

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The Relativistic Quantum World

Relativity	Sept. 16:	Lecture 1: The Principle of Relativity and the Speed of Light Lecture 2: Time Dilation and Lorentz Contraction
	Sept. 23:	Lecture 3: The Lorentz Transformation and Paradoxes Lecture 4: General Relativity and Gravitational Waves
Quantum Mechanics	Sept. 30:	Lecture 5: The Early Quantum Theory Lecture 6: Feynman's Double Slit Experiment
	Oct. 7:	Lecture 7: Wheeler's Delayed Choice and Schrodinger's Cat Lecture 8: Quantum Reality and the EPR Paradox
Standard Model	Oct. 14:	Lecture 9: The Standard Model and Antimatter Lecture 10: The Large Hadron Collider

Lecture notes, written for this course, are available: <u>www.nikhef.nl/~i93/Teaching/</u> Prerequisite for the course: High school level physics & mathematics.

Lecture 2

Time Dilation and Lorentz Contraction

"When you are courting a nice girl an hour seems like a second. When you sit on a red-hot cinder a second seems like an hour. That's relativity." - Albert Einstein

Coordinate Systems

A *reference system* or *coordinate system* is used to determine the time and position of an event.

Reference system S is linked to observer Bob at position (x,y,z) = (0,0,0)An *event* (batter hits the ball) is fully specified by giving its coordinates in time and space: (t, x, y, z)

Reference system S' is linked to observer Alice who moves with velocity "v" with respect to S of Bob.

How are the coordinates of the event of Bob (batter hits the ball) expressed in coordinates for Alice (t', x', y', z') (running outfielder) ?



How is the trajectory of the ball for Alice related to that for Bob?

Universality of Time









Galileo Galilei (1636)

velocity = distance / time , but are *distance* and *time* the same for Bob and Alice?

"Classical" law of adding velocities assumes *time* is universal for all observers.

Let us first look at the concept of "simultaneity" in the eyes of Einstein.

Simultaneity of moving observers ("Gedankenexperiment")

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Bob sees two lightning strokes *at the same time*. *AC* = *BC* = 10 km. At the time of the lightning strike Alice passes Bob at position D. Also: AD=BD=10 km.



Alice sees the same events from the speeding train.

By the time the light has travelled 10 km, Alice moved a bit towards *B* and the light of B reaches her before A.

Since also for Alice, the speed of light from AD is the same as that of BD she will conclude that strike *B* happened *before* strike A.

Bob says two lightnings are **simultaneous**, Alice claims they are **not**. Who is right?

In case Bob and Alice travelling in empty space: who is moving and who is not?

Simultaneity of events depends on the speed of the observer!

Simultaneity of moving observers



Alternative Illustration



Alternative Illustration



View from **inside**

View from **outside**

Inside the result and the seen from t Simultaneity depends on the velocity of the observer. ^{bcket speed.} But, what is different if we let the **Time is not universal!**



Relativity of Distance ("Gedankenexperiment")

<u>Alice</u>: measure the length of the train by setting *simultaneously* two tick marks at the track at position F (front) and R (rear)



Since Alice and Bob don't agree on the simultaneity of making the tick marks they will observe a different length. Alice will claim Bob puts tick mark at Front *too early* and rear *too late* such that he sees a *shorter* train: *Lorentz contraction*.

Perfect clock on a Relativistic Train

S: Alice in the train:



Light-clock: 300 million ticks per second.



S': Bob at the station: $\begin{array}{c} 1 \text{ m} \\ A \\ \hline \Delta x' = y \Delta t' \end{array}$ Clock ticks slow down!

Bob sees that the ticks of Alice's clock slow down! Bob concludes that **time runs slower** for Alice than for himself: *Time Dilation!!!*



Time Dilation

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<u>S: Alice on the train:</u> <u>S': Bob at the station:</u>



$$\Delta t' = \frac{1}{\sqrt{1 - (v^2/c^2)}} \cdot \Delta t \equiv \gamma \cdot \Delta t$$

 γ is called the **time dilation** factor or Lorentz factor.

Time Dilation



For "low" (*v*<<*c*) relative speeds: *no effect*, time stays the same. *This we know from every day life*.

For "high" $(v \rightarrow c)$ relative speeds: *large effect*, time runs very slow! *This we have never really seen in every day life*.

$$\Delta t' = \frac{1}{\sqrt{1 - (v^2/c^2)}} \cdot \Delta t \equiv \gamma \cdot \Delta t$$

Example:
Rocket goes at

$$v=0.8 \ c = 4/5 \ c : \ \gamma = \frac{1}{\sqrt{1 - (\frac{4}{5})^2}} = \frac{1}{\sqrt{\frac{9}{25}}} = \frac{5}{3}$$

1 second inside the rocket lasts 1.66 seconds on earth.

Einstein and Relativity



Time Dilation: Is it real? Cosmic Muons! (Real Experiment) 15

Muons: unstable particles with a decay life-time of: $t=1.56 \mu s$ = 0.00000156 s

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(After 1.56 \mus 50% survive, after 2x1.56 \mus 25%, ...etc.: \frac{1}{2}<sup>n</sup>)
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Muon particles are produced at 10 km height (by cosmic rays) with ~98% light-speed.

Expectation: even at light-speed it would take them a time: t = 10 km / 300 000 km/s = 33 μ s to reach the ground = 21 x half-life time: $\frac{1}{2^{21}} \sim 1 / 1 000 000$ Expect: only 1 in a million muons arrive on the ground.

Measurement: ~ 5% makes it to the ground!

Relativity: $\gamma = 1/\sqrt{1-0.98^2} pprox 5$

 \rightarrow Lifetime = 5x1.56 µs = 7.8 µs Takes 33/7.8 =

Consistent with observation! Since: $\frac{1}{2}^{(33/7.8)} = 0.05 \rightarrow 5\%$

→ Also in GPS navigation devices relativity is essential!



Lorentz Contraction (Gedankenexperiment)

Alice boards a super spaceship with her clock and travels with v=0.8c to a distant star (L = 8 light-years).

From earth, Bob calculates that the trip takes about **10 years**, since: L = vt \rightarrow t = 8 / 0.8 = 10

Bob calculates that since Alice's clock runs slower, for her the trip takes **6 years**, since $\gamma = 1 / \sqrt{(1-0.8^2)} = 5/3$ and $L = vt = v \gamma t' \rightarrow t' = t / \gamma = 6$

Since:

- 1) Alice and Bob agree on the velocity v
- 2) Alice and Bob agree on the number of clock ticks
- For Alice a clock tick does not change, so the trip takes indeed 6 years

Alice observes: L' = v t' = 0.8 x 6 = 4.8 light-years!

Lorentz contraction: $L' = L / \gamma$

➔ Distances shrink at high speed!

$$L' = L/\gamma = L \cdot \left(\sqrt{1 - v^2/c^2}\right)$$





Lorentz Contraction



This is called: Lorentz contraction: $L' = L / \gamma$. Distances shrink at high velocities!

Lorentz Contraction



This is called: Lorentz contraction: $L' = L / \gamma$. Distances shrink at high velocities!

Different perspectives of the universe





How does a photon see the universe?

For a photon time does not exist!



From the muon particle's own point of view **it does not live longer**. Its lifetime is what it is: $t=1.56 \mu s$

The distance from the atmosphere to the surface has reduced from 10 km to 2 km, such that it does not take 33 μ s to reach the ground but only 6.8 μ s.

The result is the consistent: many muons reach the surface!

Since also $\frac{1}{2}^{(6.8/1.56)} = 0.05 \rightarrow 5\%$

$$\gamma = 1/\sqrt{1-0.98^2} pprox 5$$



Relativistic Effects

Time dilation:

 $\Delta t' = \gamma \, \Delta t$

$$\frac{\text{Lorentz contraction:}}{L' = L/\gamma}$$

with the relativistic factor: $\gamma = \frac{1}{\sqrt{1 - \frac{v^2}{c^2}}}$

Two definitions:

Time in rest frame = "eigen-time" or "proper-time"

Length in rest frame = "proper length"



Next Lecture... Paradoxes!

Causality...



Travelling to the future...

