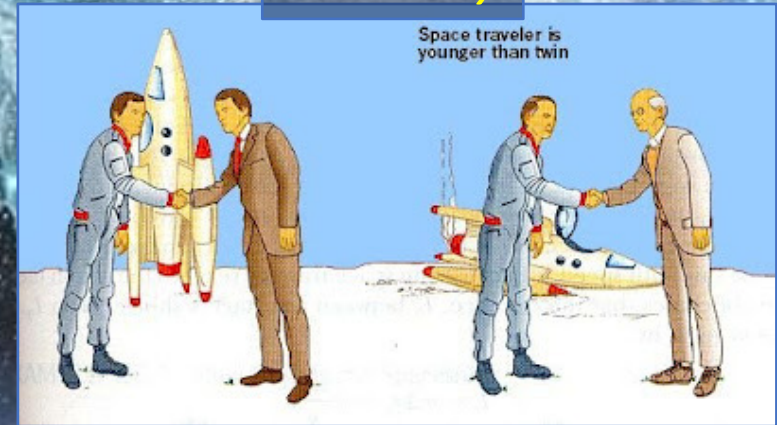


The Relativistic Quantum World

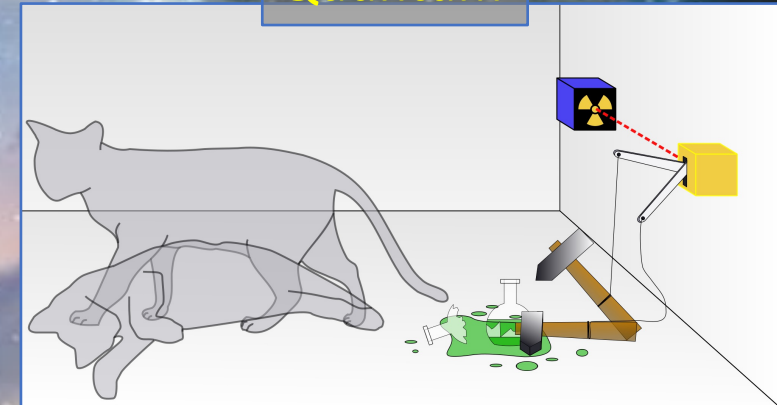
A lecture series on
Relativity Theory and Quantum Mechanics

Marcel Merk
Studium Generale Maastricht
Nov 1 – Nov 29, 2023

Relativity



Quantum



Relativity

Nov. 1:

Lecture 1: The Principle of Relativity and the Speed of Light
Lecture 2: Time Dilation and Lorentz Contraction

Nov. 8:

Lecture 3: The Lorentz Transformation and Paradoxes
Lecture 4: General Relativity and Gravitational Waves

Quantum Mechanics

Nov. 15:

Lecture 5: The Early Quantum Theory
Lecture 6: Feynman's Double Slit Experiment

Nov 22:

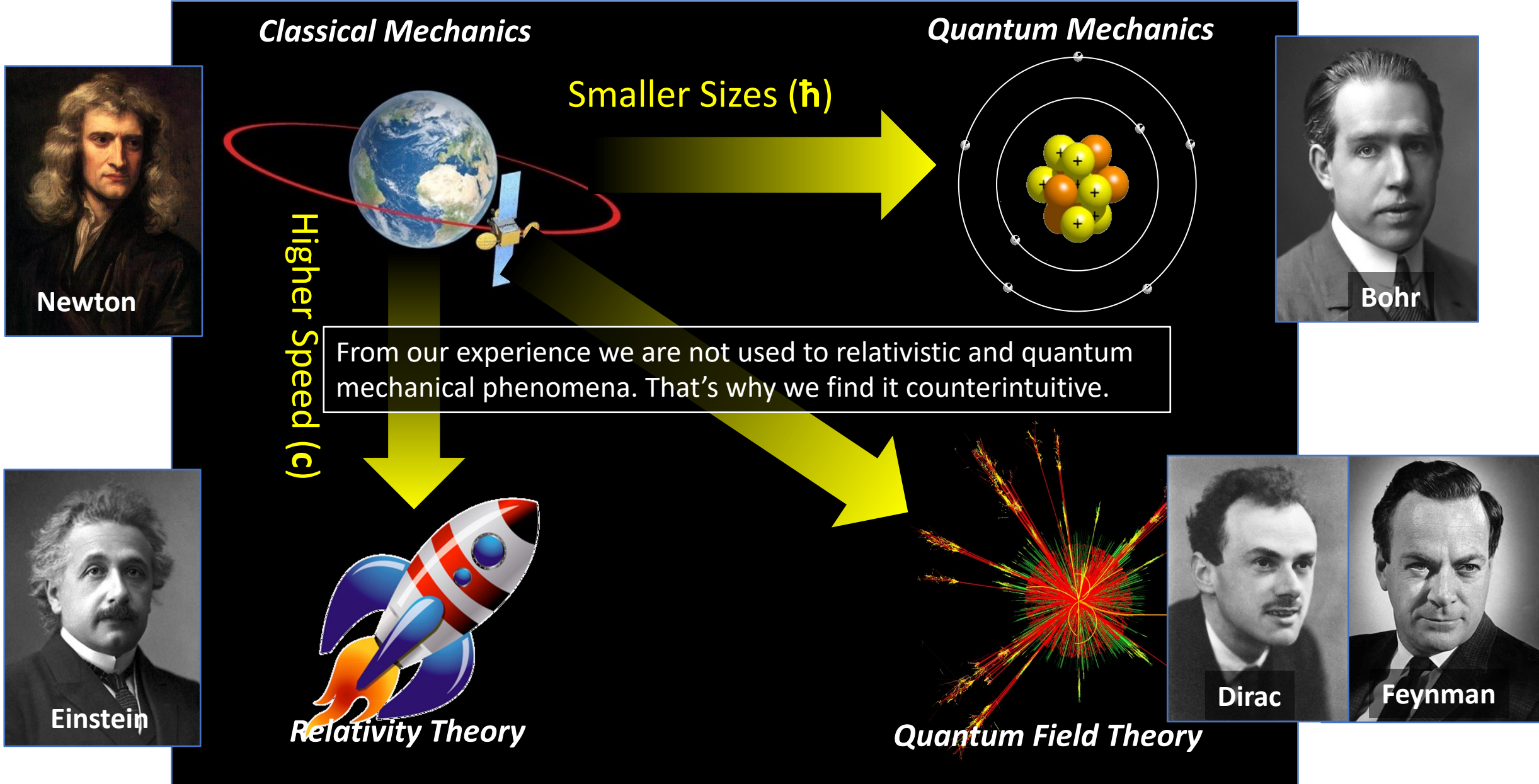
Lecture 7: Wheeler's Delayed Choice and Schrodinger's Cat
Lecture 8: Quantum Reality and the EPR Paradox

Standard Model

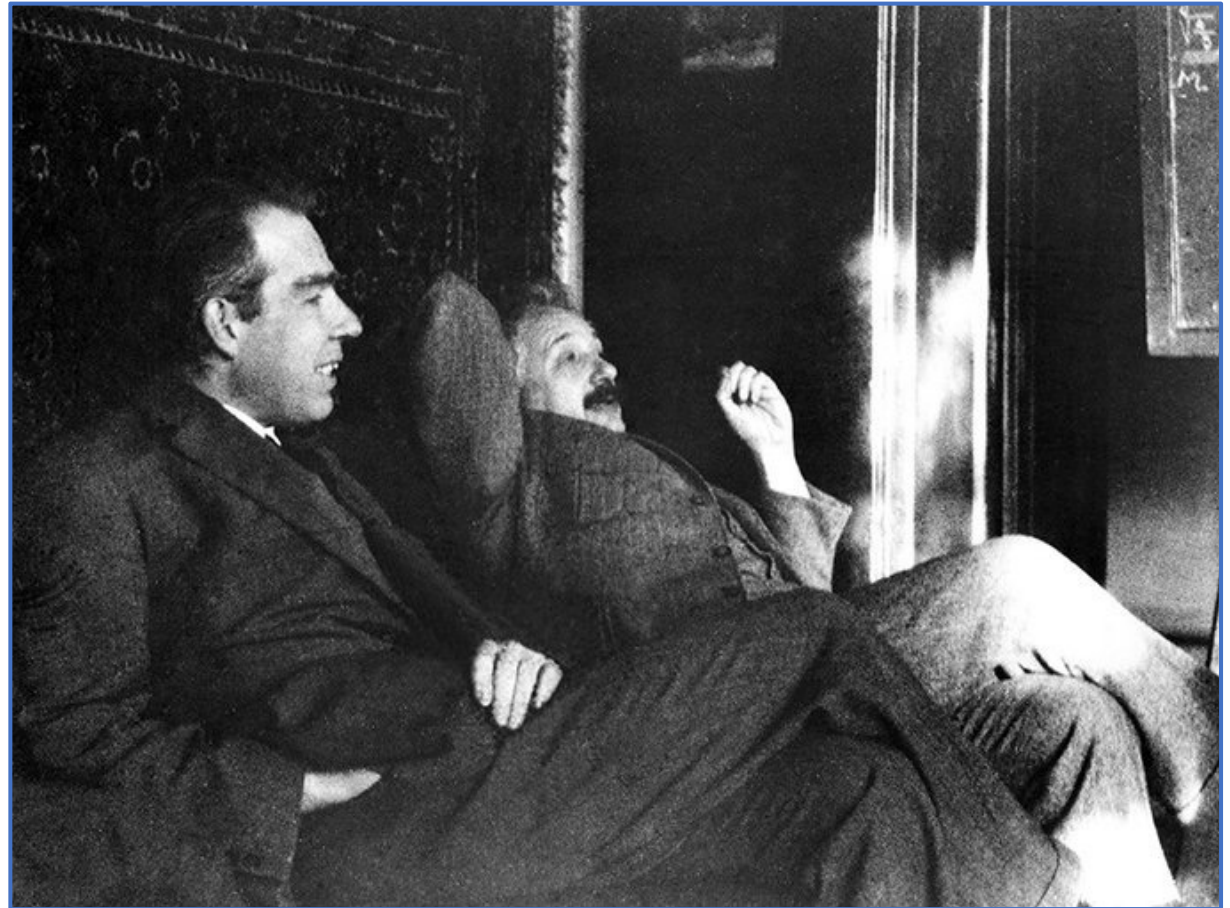
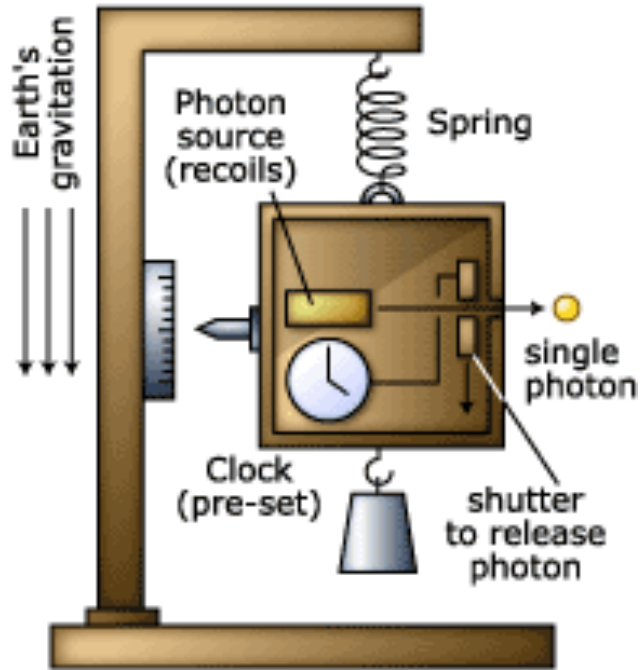
Nov. 29:

Lecture 9: The Standard Model and Antimatter
Lecture 10: Why is there something rather than nothing?

Lecture notes, written for this course, are available: www.nikhef.nl/~i93/Teaching/
Prerequisite for the course: High school level physics & mathematics.



Einstein's Light Box
(after a drawing by Bohr)



Bohr and Einstein at Ehrenfest's home in Leiden

A useful tool: Thought experiments:

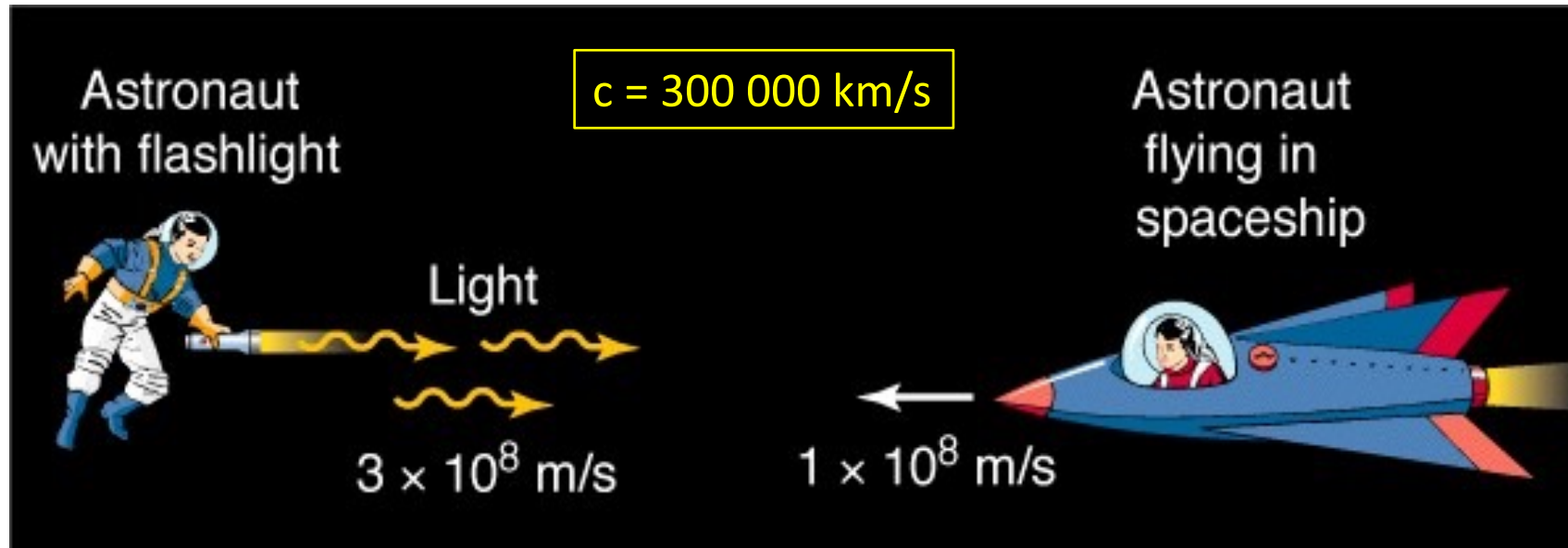
Consider an experiment that is not limited by our level of technology.

Assume the apparatus works so perfectly that we only test the limits of the laws of nature!

Postulates of Special Relativity

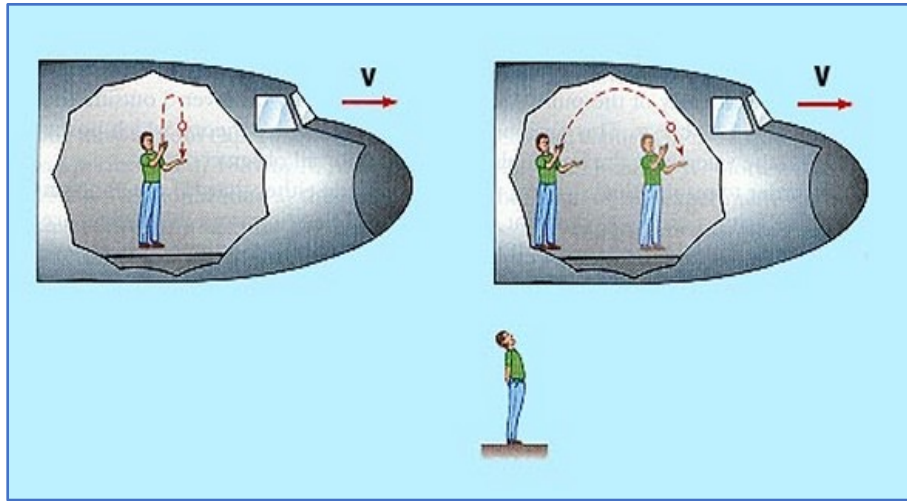
Two observers in so-called inertial frames, i.e. they move with a constant relative speed to each other, observe that:

- 1) The laws of physics for each observer are the same,
- 2) The speed of light in vacuum for each observer is the same.

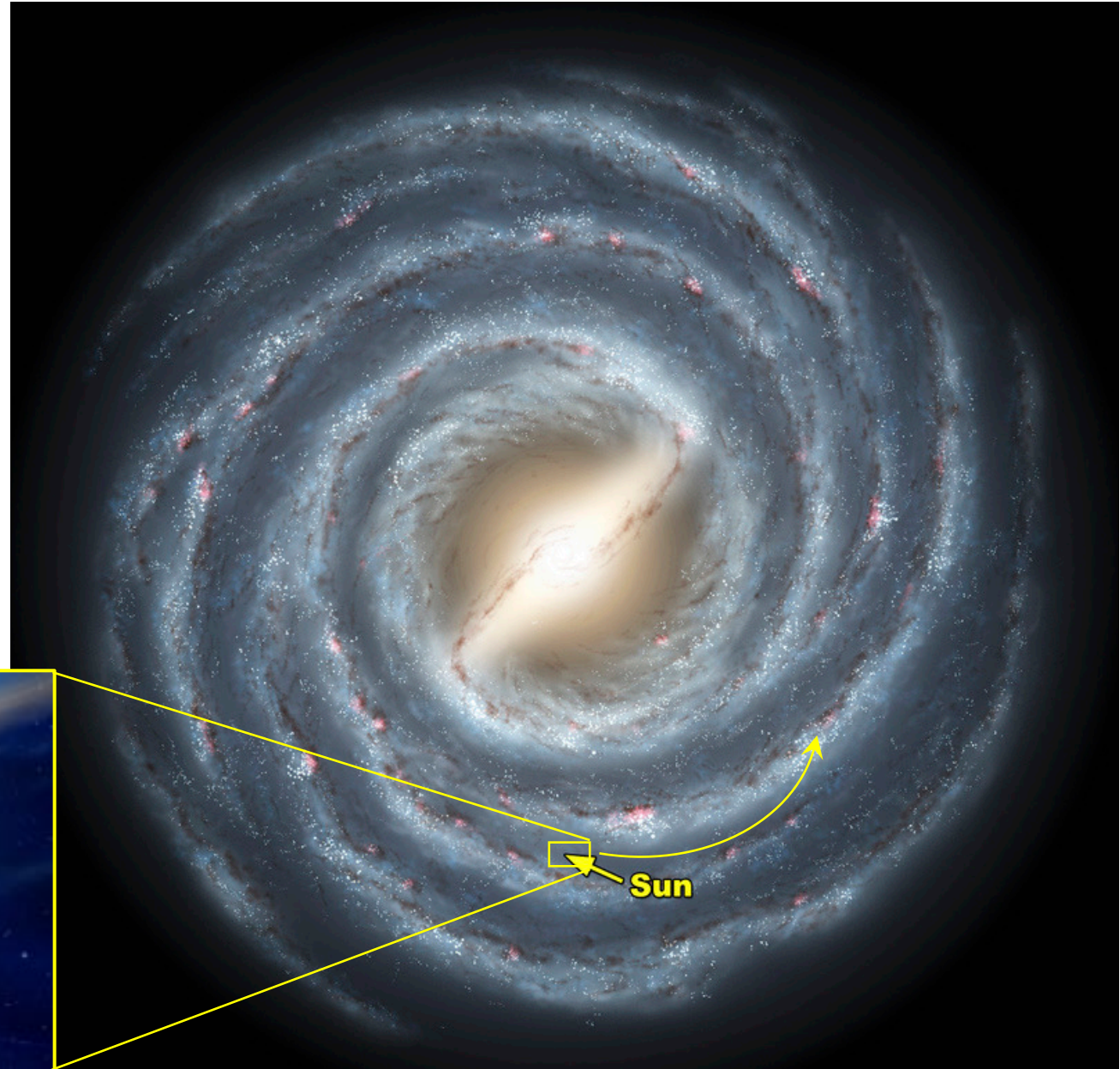


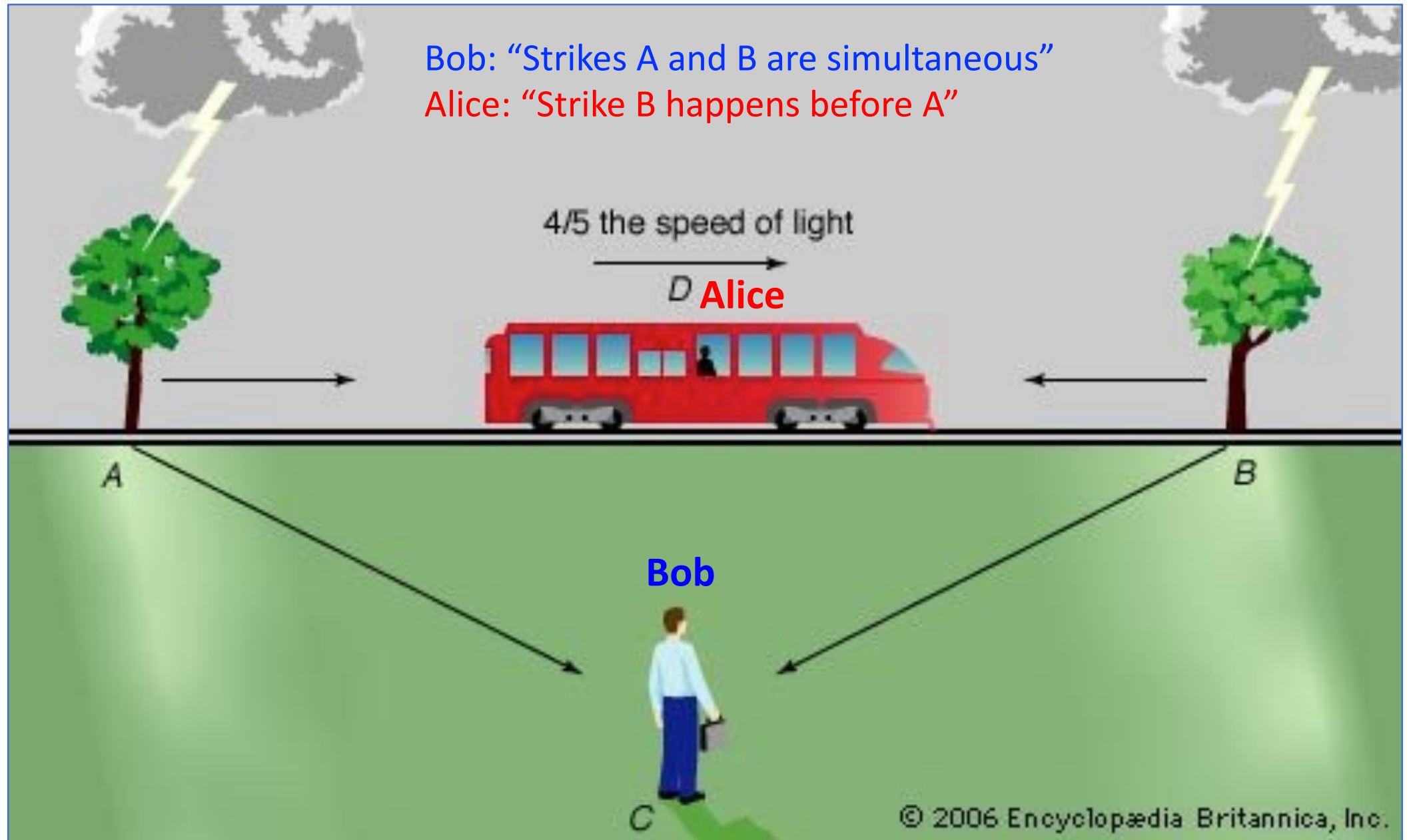
“Absolute velocity” is meaningless.

The Story So Far: Principle of Relativity

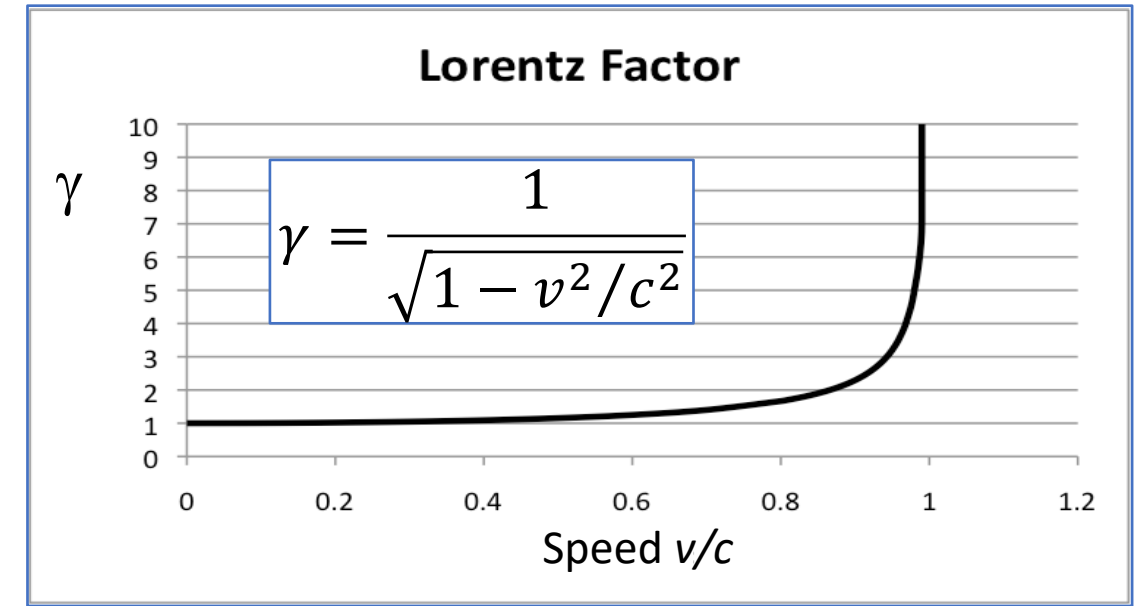
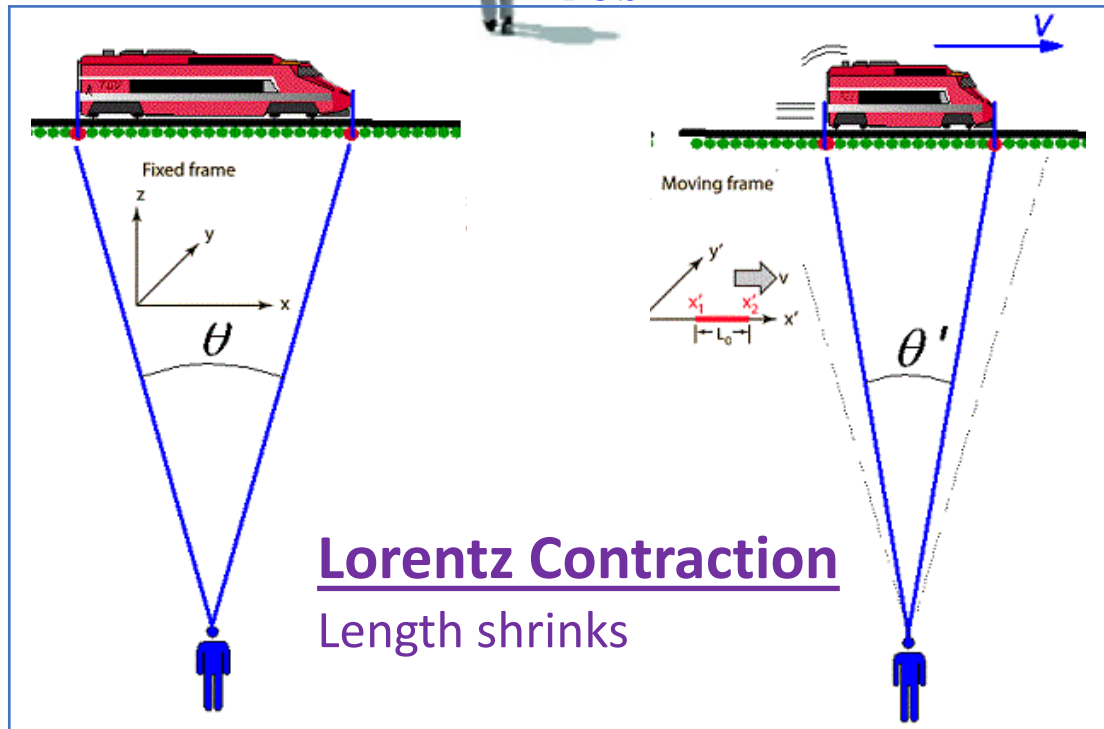
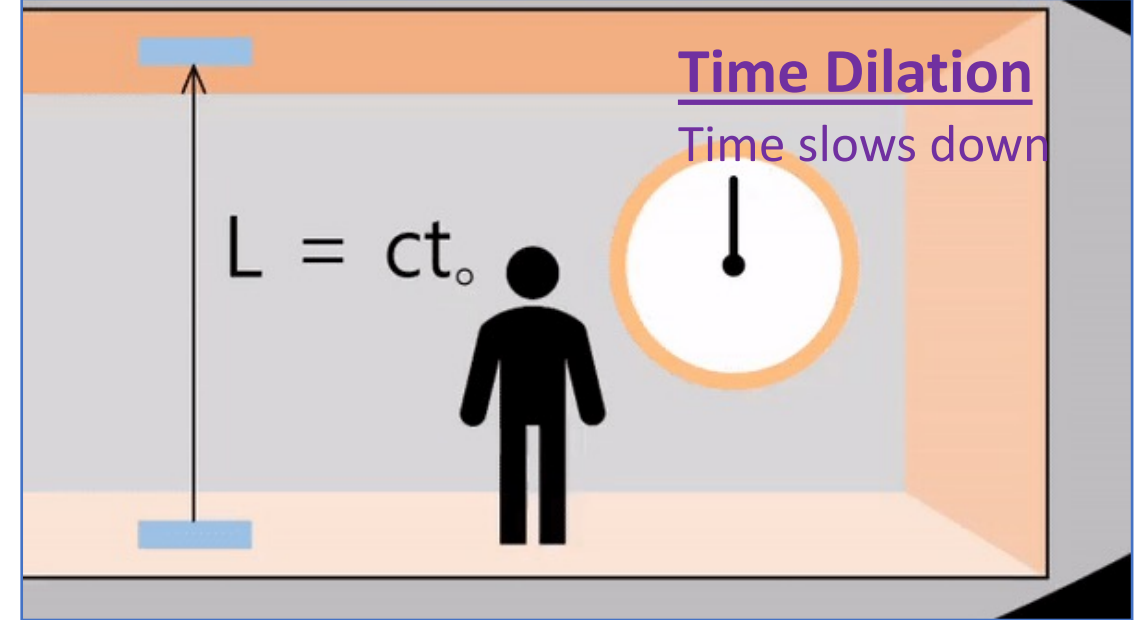
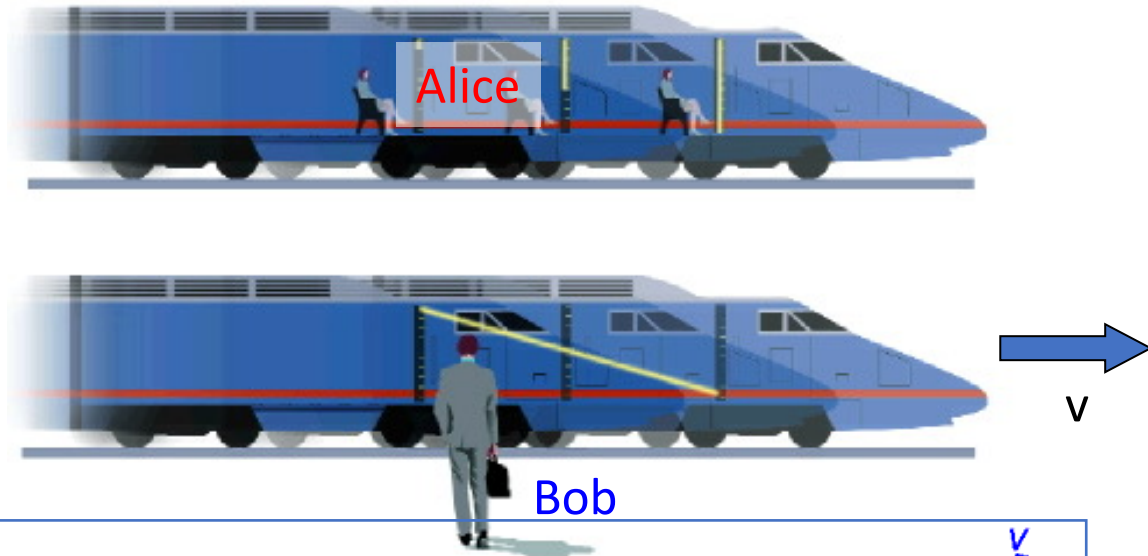


The Sun and earth move in space with a speed of 828000 km/h. We do not notice it!



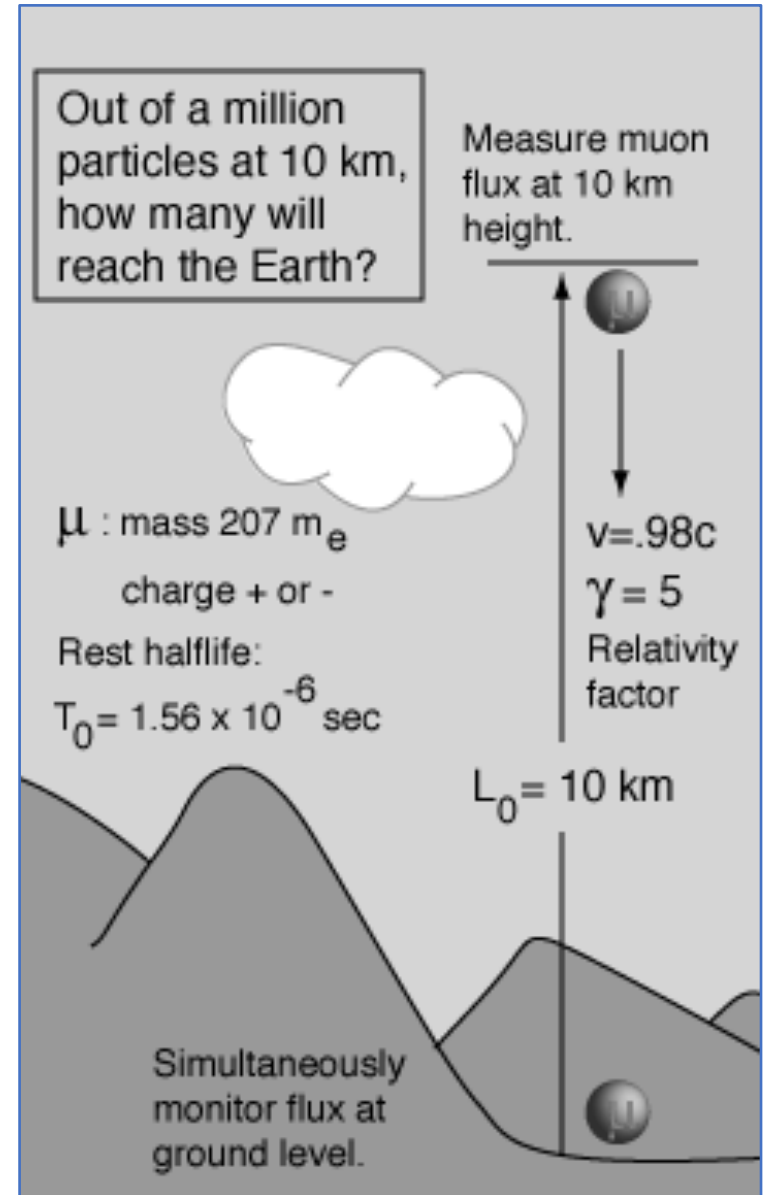
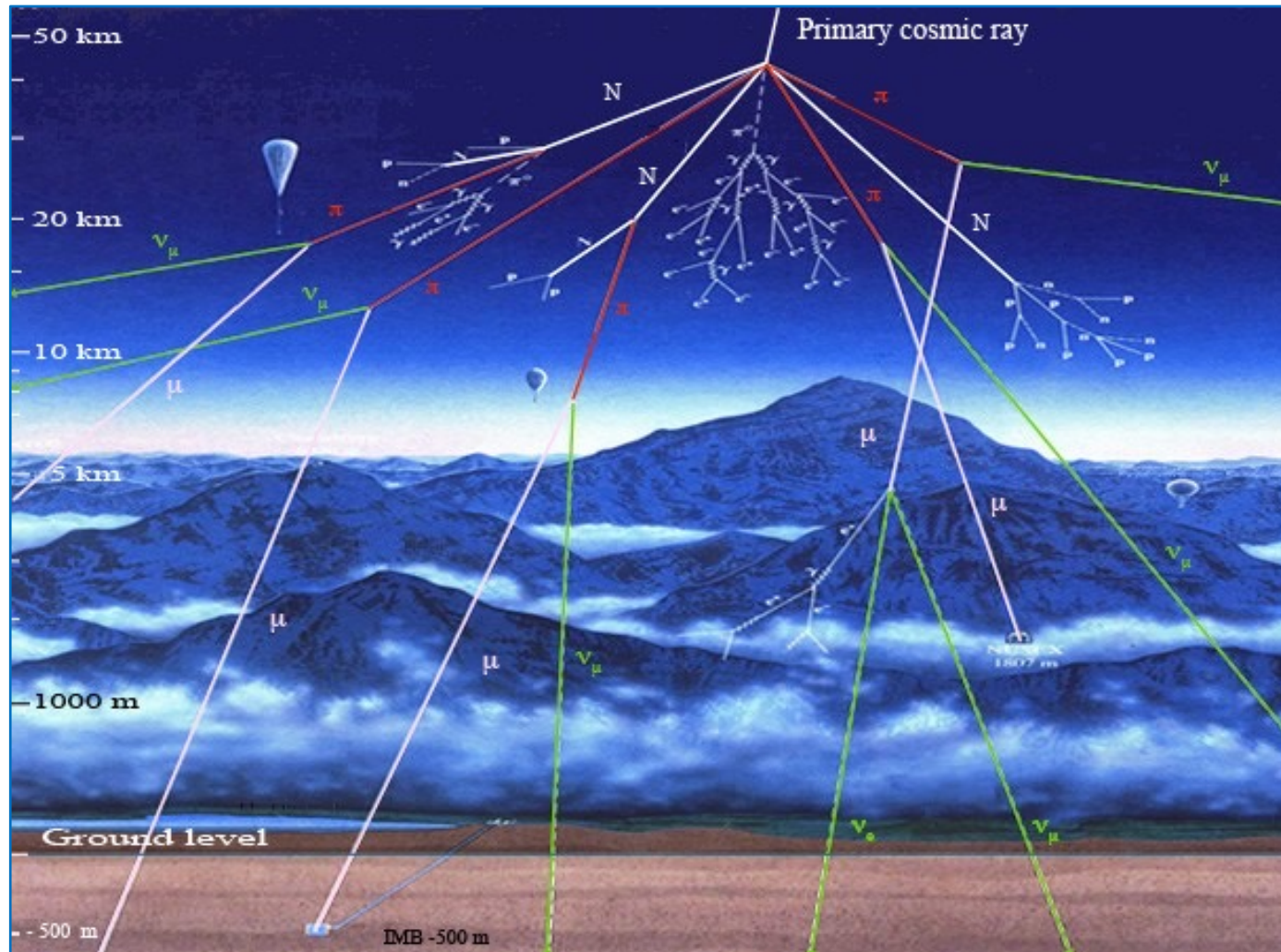


The Story So Far: Time Dilation and Lorentz Contraction



The Story So Far: A Real Experiment

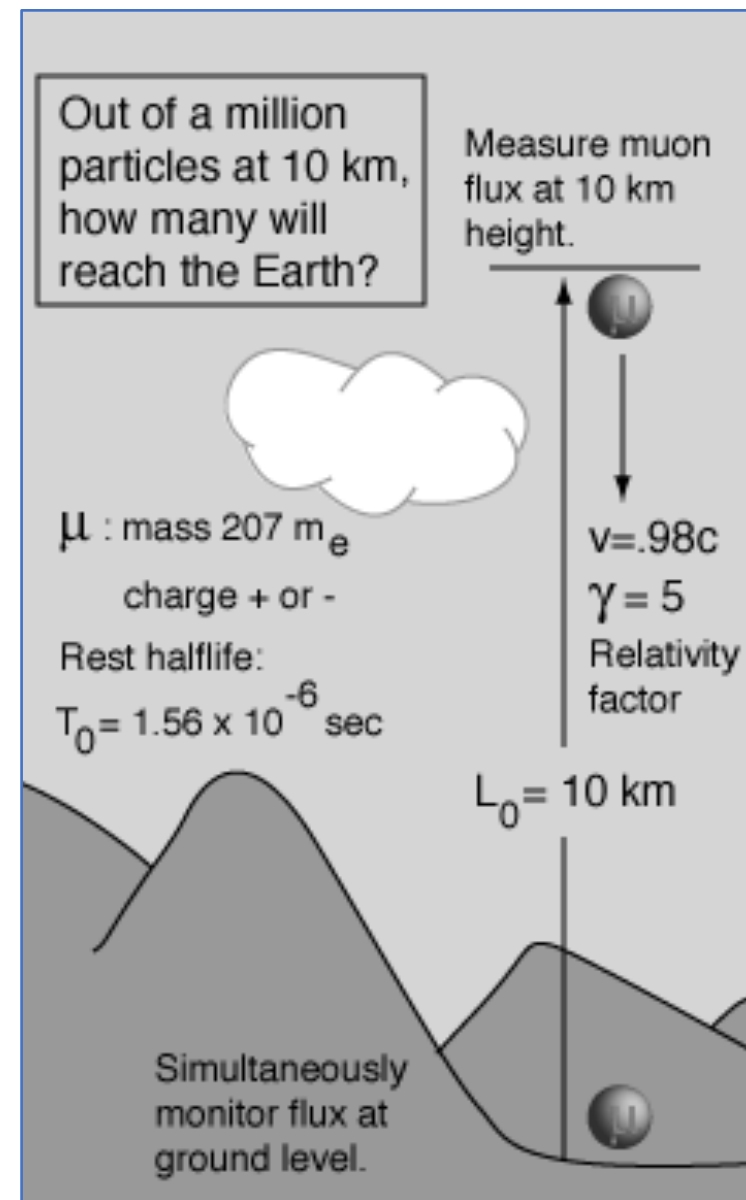
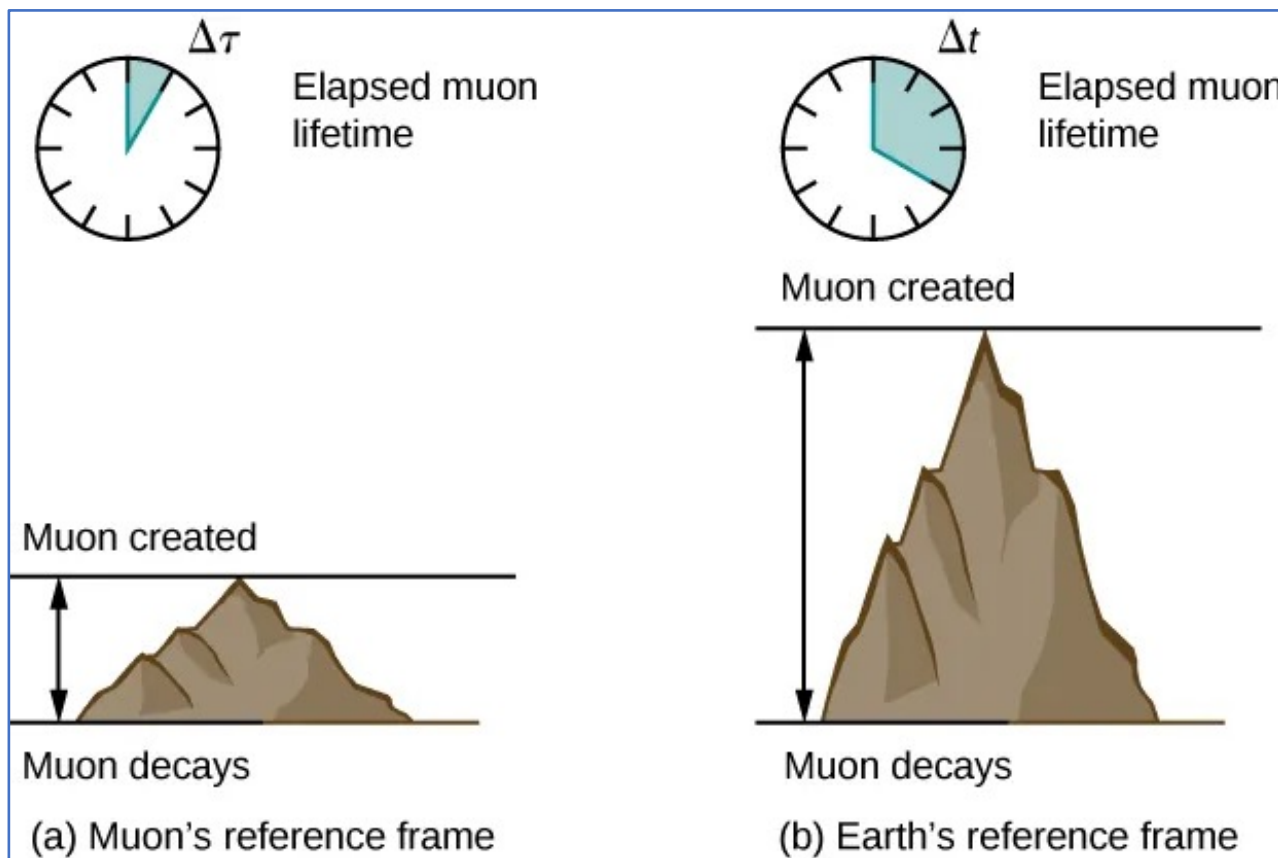
Muon particles are created at 10 km height. They have a half-life of $1.56 \mu\text{s}$, too short to reach the ground, but:...



The Story So Far: A Real Experiment

Muon particles are created at 10 km height. They have a half-life of $1.56 \mu\text{s}$, too short to reach the ground, but:

- As seen from an observer on earth they live a factor 5 longer
- As seen from the muon particle the distance is a factor 5 shorter



Lecture 3

The Lorentz Transformation and Paradoxes

“Imagination is more important than knowledge.”
- Albert Einstein

A reference system or coordinate system is used to determine the time and position of an event.

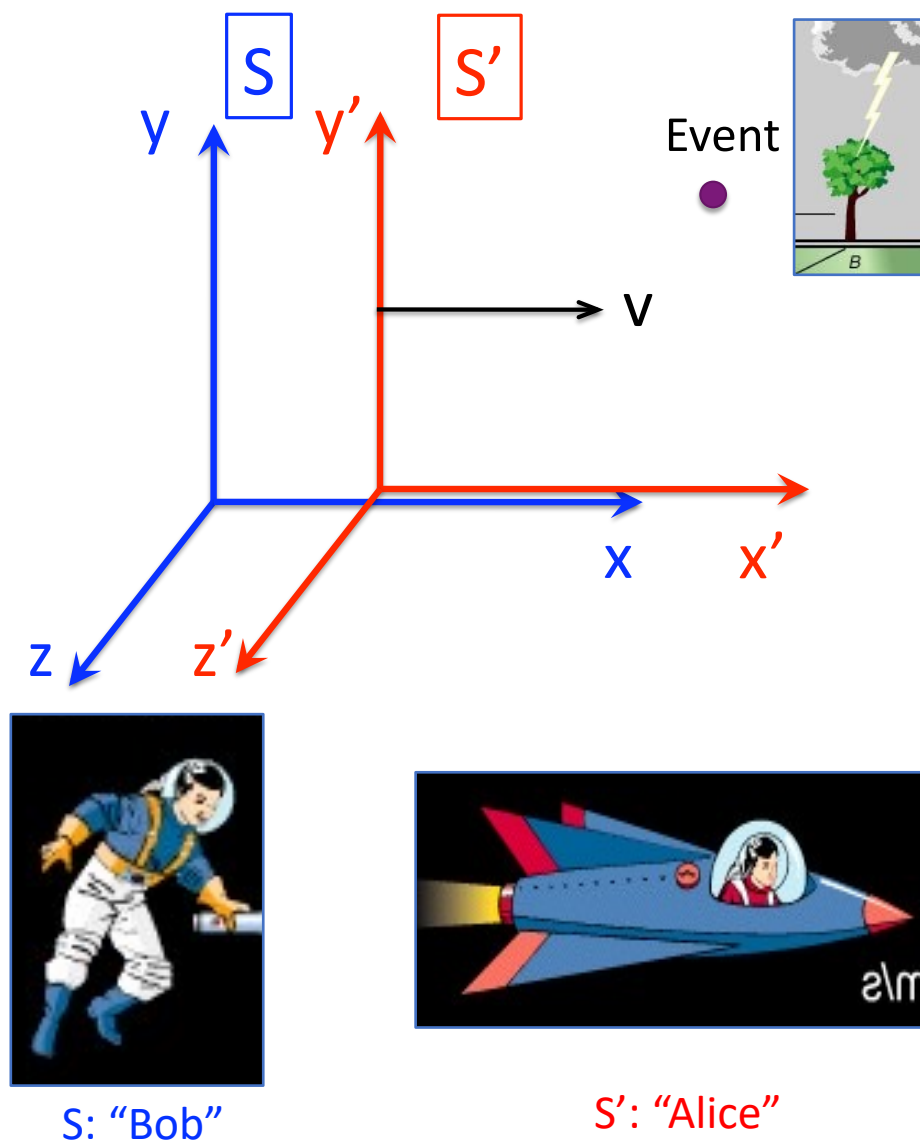
Reference system S is linked to observer Bob at position $(x,y,z) = (0,0,0)$

An event is fully specified by giving its coordinates and time: (t, x, y, z)

Reference system S' is linked to observer Alice who is moving with velocity v with respect to Bob. The event has: (t', x', y', z')

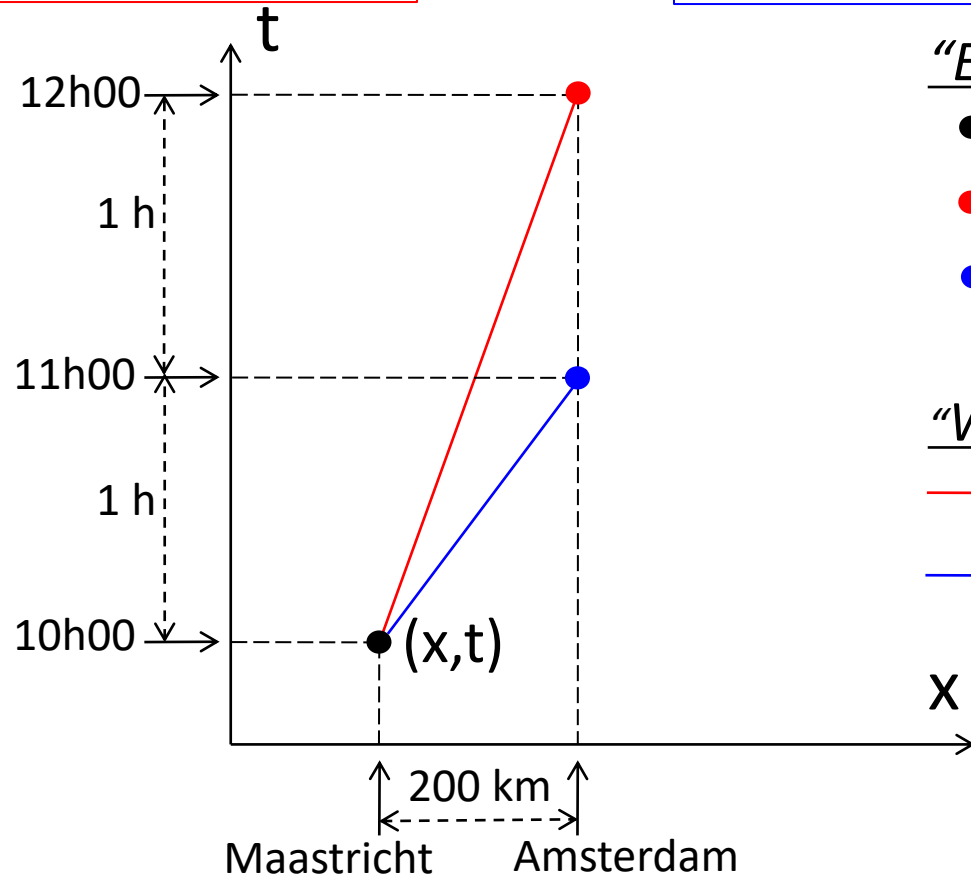
How are the coordinates of an event, say a lightning strike in a tree, expressed in coordinates for Bob and for Alice?

$$(t, x, y, z) \rightarrow (t', x', y', z')$$



Bob drives from Maastricht to Amsterdam with 100 km/h.

Alice drives from Maastricht to Amsterdam with 200 km/h.



"Events":

- Departure Alice & Bob
- Arrival Bob
- Arrival Alice

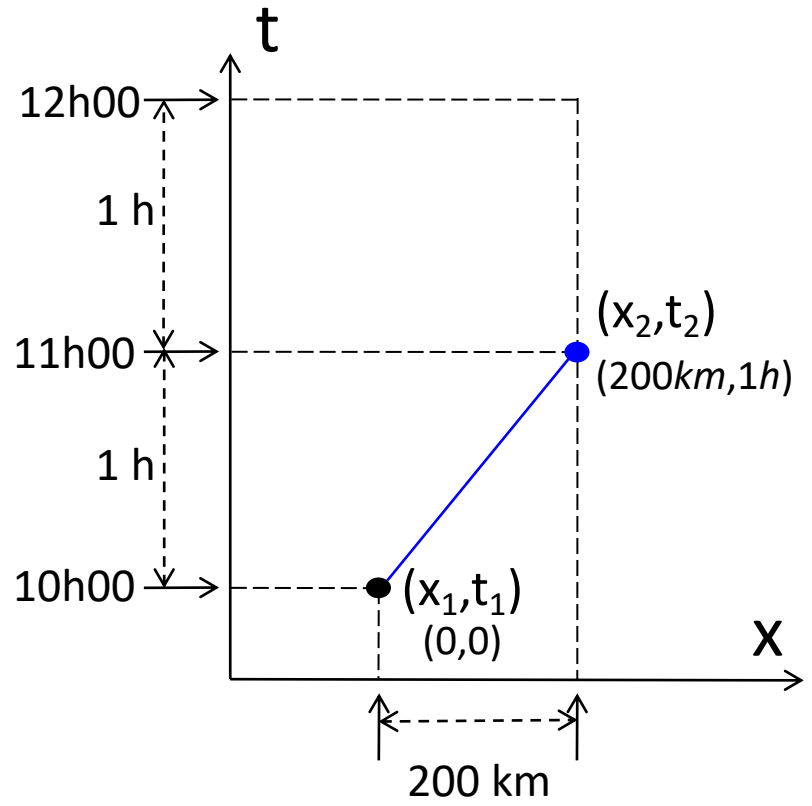
"World lines":

- Bob's world-line
- Alice's world-line

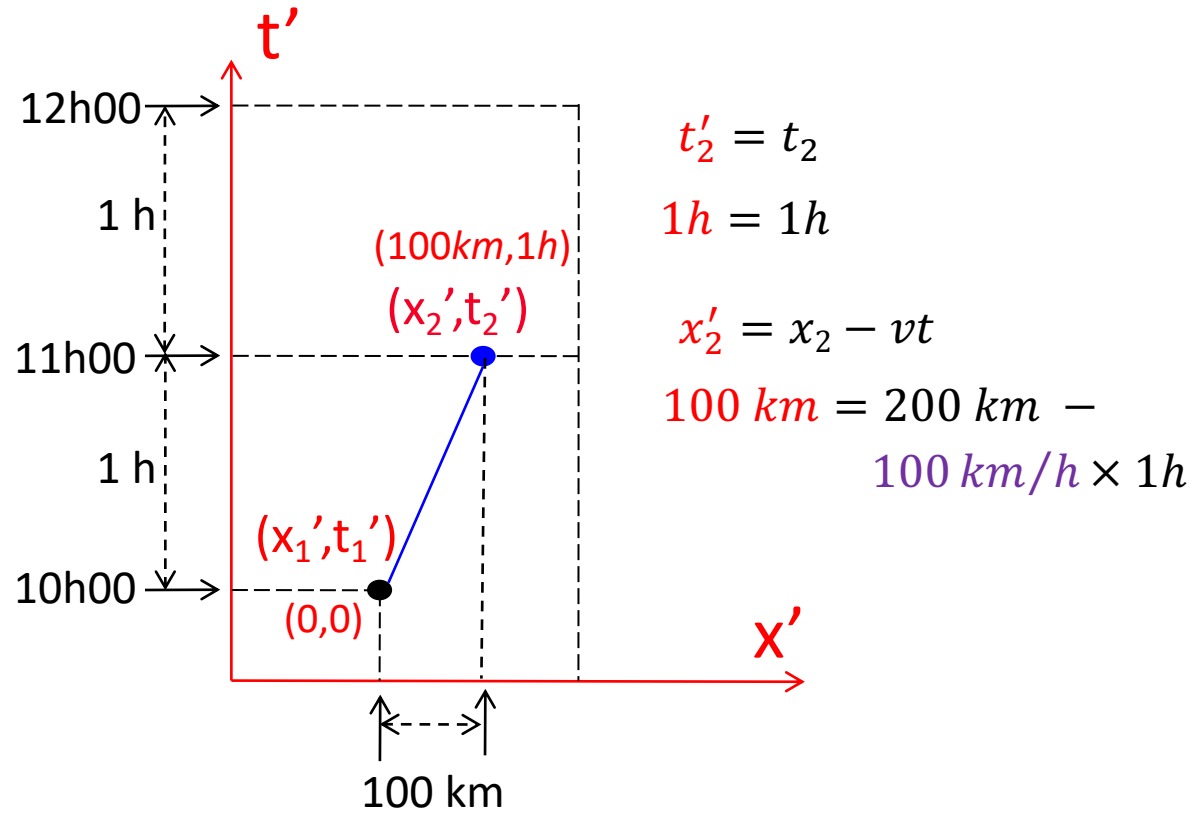
Events with space-time coordinates: (x,t)

More general: it is a 4-dimensional coordinate system: (x,y,z,t)

How does **Alice's** trip look like in the coordinates of the reference system of **Bob**?



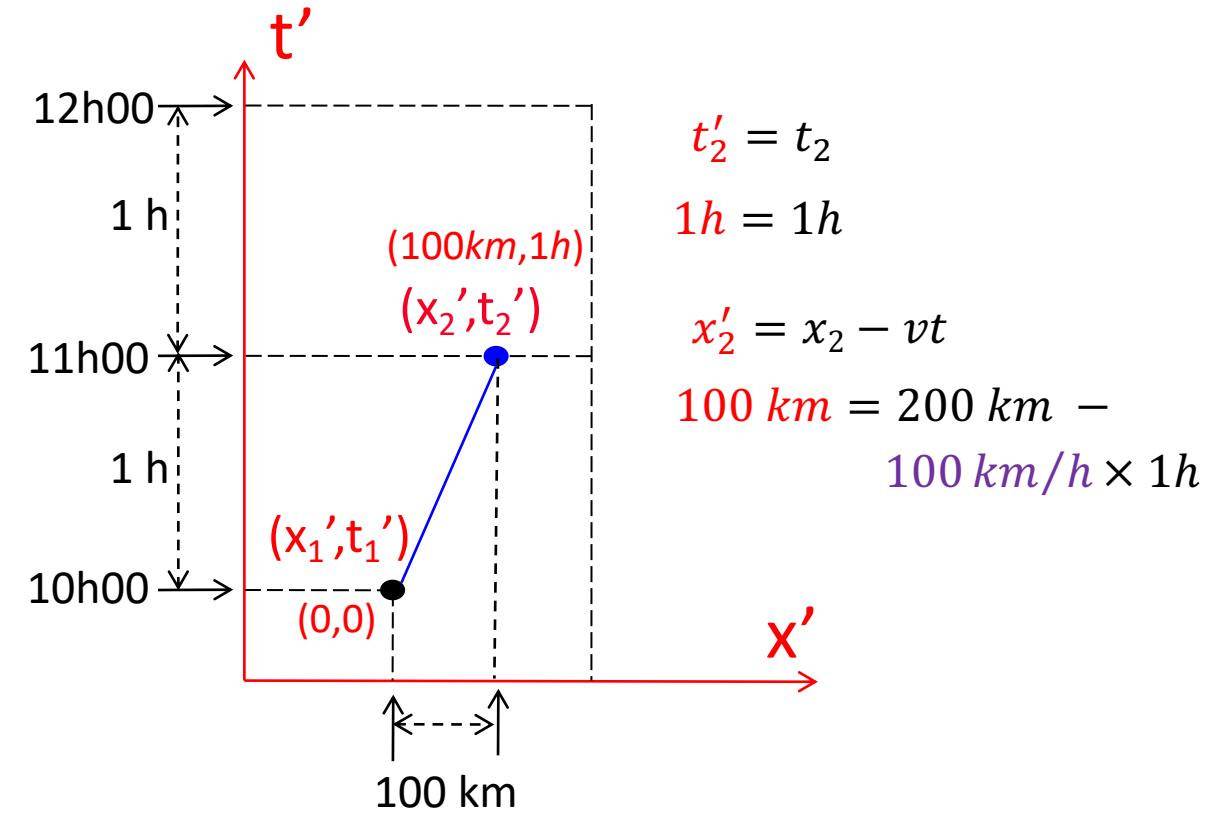
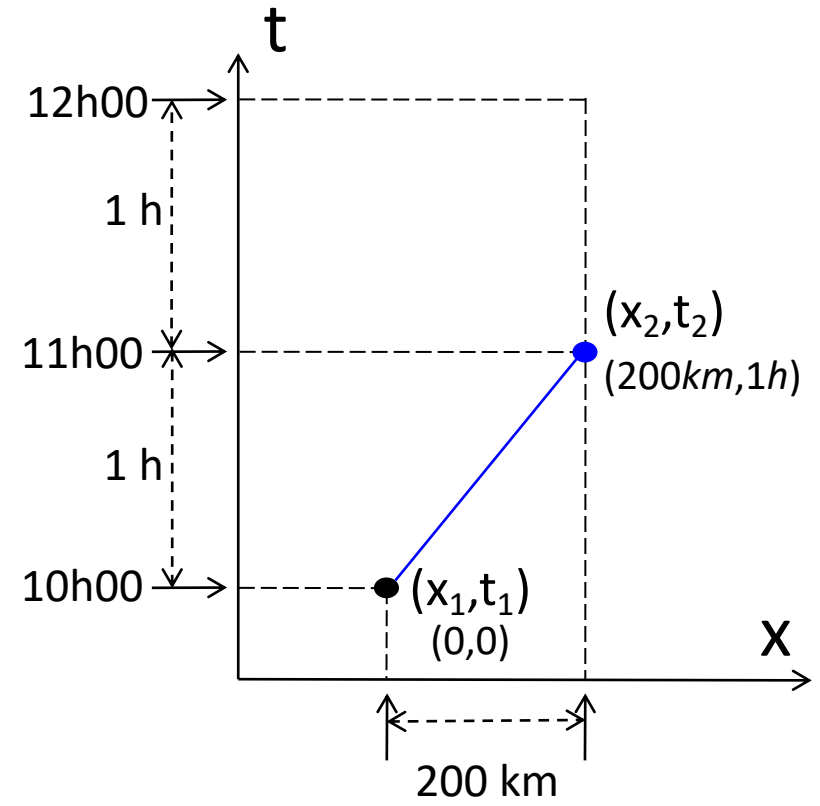
Alice as seen from Maastricht
 S = fixed reference system in Maastricht



Alice as seen from **Bob**
 S' = fixed reference to **Bob**

Bob's reference frame moves with velocity v (100km/h) with respect to Maastricht

How does Alice's trip look like in the coordinates of the reference system of Bob?

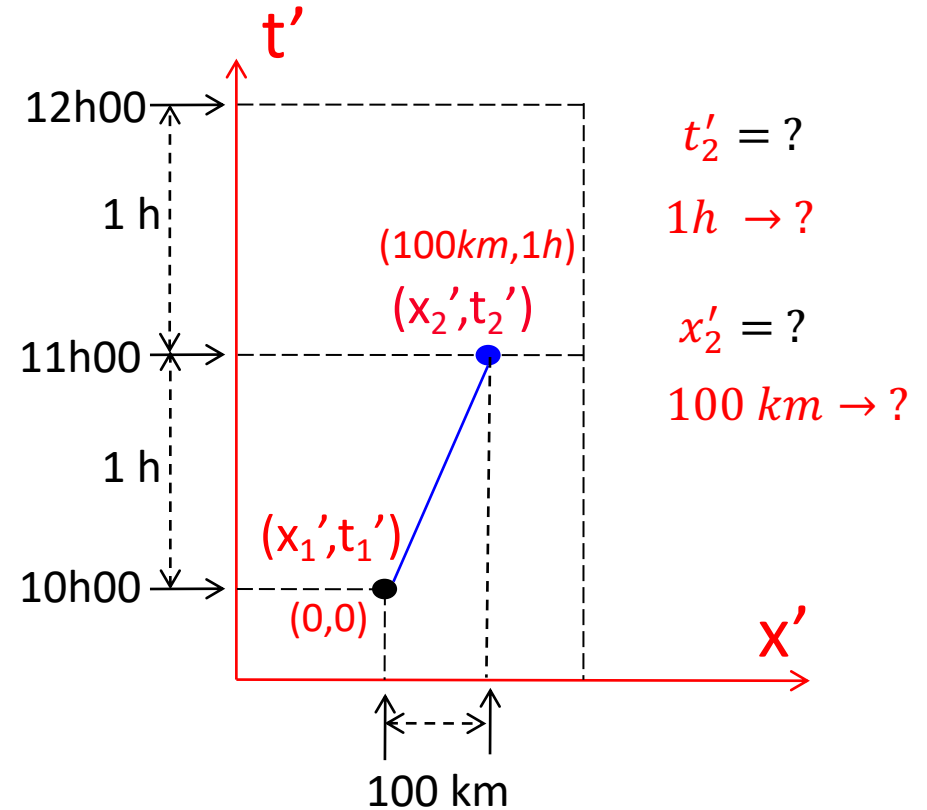
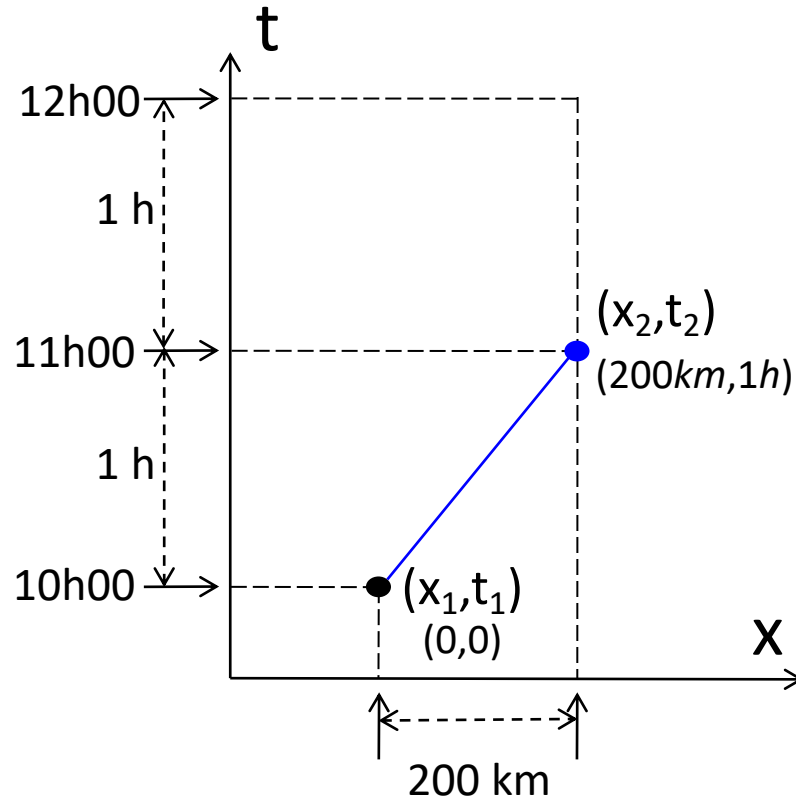


Classical (Galilei Transformation):

$$t' = t$$

$$x' = x - vt$$

How does **Alice's** trip look like in the coordinates of the reference system of **Bob**?



Classical (Galilei Transformation):

$$t' = t$$

$$x' = x - v t$$

Relativistic (Lorentz Transformation):

$$t' = \gamma \left(t - \frac{v}{c^2} x \right)$$

$$x' = \gamma (x - v t)$$

with: $\gamma = \frac{1}{\sqrt{1 - \frac{v^2}{c^2}}}$

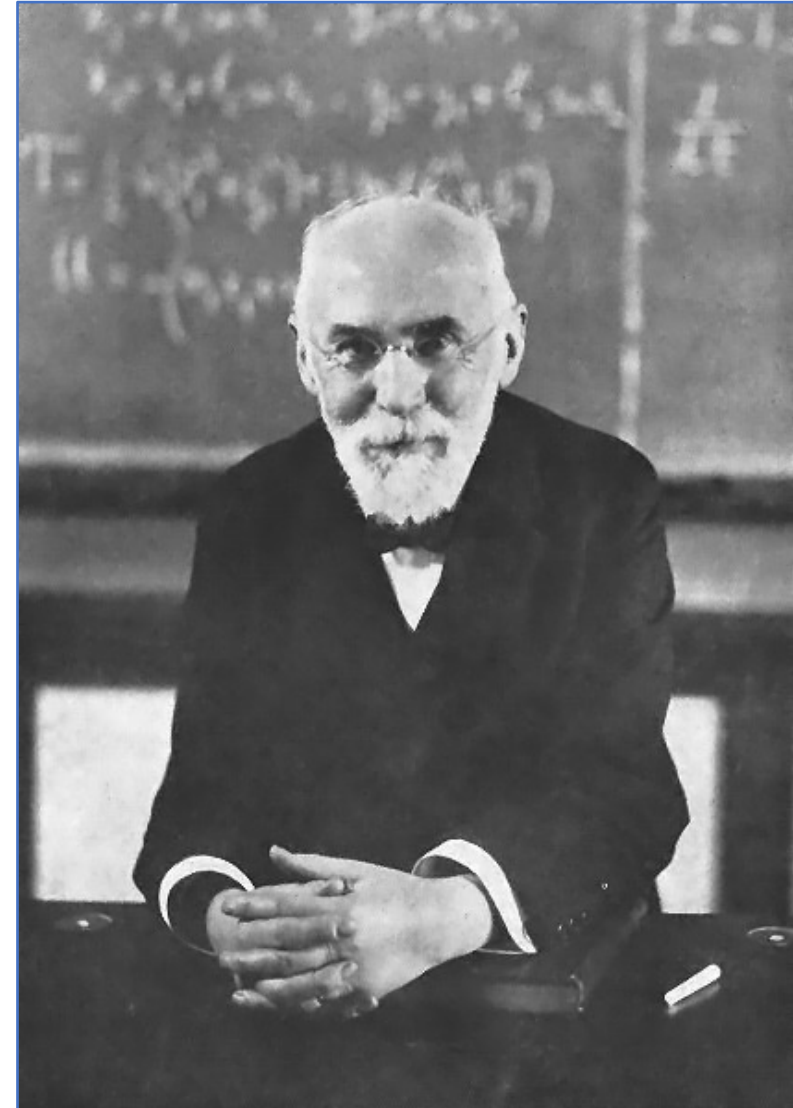
Hendrik Anton Lorentz (1853 – 1928)

Dutch Physicist in Leiden
(Nobelprize 1902 with Pieter Zeeman)

To explain the Michelson-Morley experiment he assumed that bodies contracted due to intermolecular forces as they were moving through the aether.

(He believed in the existence if the aether)

Einstein derived it from the relativity principle and also saw that time has to be modified.



Let's go crazy and derive the Lorentz Transformation...

Start with classical Galilei Transformation:

$$x' = x - vt$$

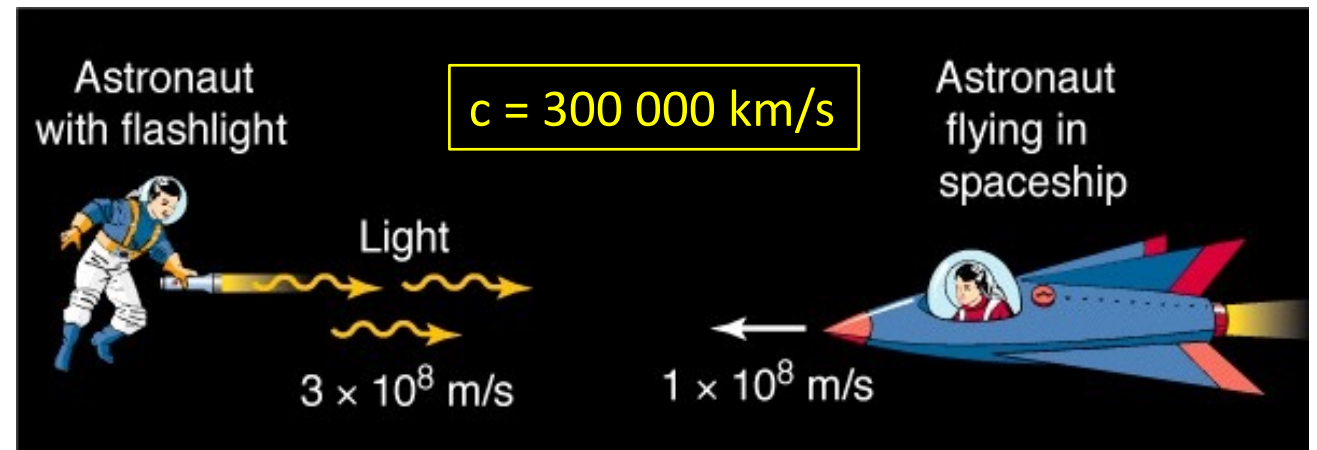
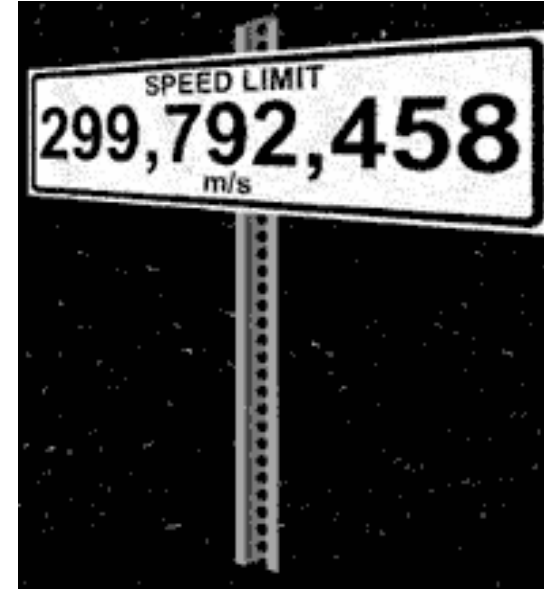
$$x = x' + vt'$$

Let's try relativity by including a factor f :

$$x' = f(x - vt)$$

$$x = f(x' + vt')$$

For light: $x = ct$ and $x' = ct'$



Let's go crazy and derive the Lorentz Transformation...

Start with classical Galilei Transformation:

$$x' = x - vt$$

$$x = x' + vt'$$

Let's try relativity by including a factor f :

$$x' = f(x - vt)$$

$$x = f(x' + vt')$$

For light: $x = ct$ and $x' = ct'$, so:

$$ct' = f(ct - vt)$$

$$ct = f(ct' + vt')$$

Then: $t' = f\left(\frac{c-v}{c}\right)t$

$$t = f\left(\frac{c+v}{c}\right)t'$$

Substitute first into second:

$$t = f\left(\frac{c+v}{c}\right) f\left(\frac{c-v}{c}\right) t$$

Divide by t : $1 = \left(\frac{c+v}{c}\right)\left(\frac{c-v}{c}\right) f^2 = \left(\frac{c^2-v^2}{c^2}\right) f^2$

It follows then that: $f^2 = \frac{c^2}{c^2 - v^2} = \frac{1}{1 - v^2/c^2}$

So that we find: $f = \frac{1}{\sqrt{1 - v^2/c^2}} = \gamma$

Therefore we have derived the

Lorentz transformation:

$$x' = \gamma(x - vt)$$

Similarly we find the **Lorentz**

transformation for time:

(see lecture notes)

$$t' = \gamma\left(t - \frac{v}{c^2}x\right)$$

whereas the Galilei translation was:

$$t' = t$$

Let's go crazy and derive the Lorentz Transformation...

Start with classical Galilei Transf

$$x' = x - vt$$

$$x = x' + vt'$$

Let's try relativity by including a

$$x' = f(x - vt)$$

$$x = f(x' + vt')$$

For light: $x = ct$ and $x' = ct'$, so

$$ct' = f(ct - vt)$$

$$ct = f(ct' + vt')$$

Then: $t' = f\left(\frac{c-v}{c}\right)t$

$$t = f\left(\frac{c+v}{c}\right)t'$$

Substitute first into second:

$$t = f\left(\frac{c+v}{c}\right) f\left(\frac{c-v}{c}\right)t'$$



"Mr. Osborne, may I be excused?
My brain is full."

$$\left(\frac{c+v}{c}\right)\left(\frac{c-v}{c}\right)f^2 = \left(\frac{c^2-v^2}{c^2}\right)f^2$$

$$c^2 = \frac{c^2}{c^2 - v^2} = \frac{1}{1 - v^2/c^2}$$

$$f = \frac{1}{\sqrt{1 - v^2/c^2}} = \gamma$$

ived the

on:

$$x' = \gamma(x - vt)$$

orentz

re:

$$t' = \gamma\left(t - \frac{v}{c^2}x\right)$$

$$t' = t$$



Lorentz transformation:

$$t' = \frac{t - \frac{v}{c^2}x}{\sqrt{1 - \frac{v^2}{c^2}}}$$
$$x' = \frac{x - vt}{\sqrt{1 - \frac{v^2}{c^2}}}$$

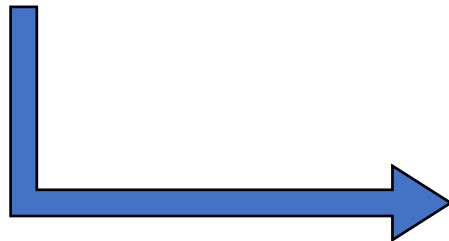
With new variables:

$$\beta = \frac{v}{c} \quad \text{Fraction of lightspeed}$$
$$\gamma = \frac{1}{\sqrt{1 - \frac{v^2}{c^2}}} \quad \text{Relativistic factor}$$

Daily life experience: speed *much lower* than lightspeed:

$$v \ll c, \beta \ll 1$$

$$\gamma \approx 1$$



$$ct' = \gamma(ct - \beta x)$$
$$x' = \gamma(x - \beta ct)$$

(Einstein)



$$t' \approx t$$
$$x' \approx x - vt$$

(Galilei)

Lorentz transformation:

$$t' = \frac{t - \frac{v}{c^2}x}{\sqrt{1 - \frac{v^2}{c^2}}}$$
$$x' = \frac{x - vt}{\sqrt{1 - \frac{v^2}{c^2}}}$$

With new variables:

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Daily life experience: speed *much lower* than lightspeed:

$$v \ll c, \beta \ll 1$$

$$\gamma \approx 1$$



In everyday life we **do not see** the difference between the classical and relativity theory!

$$ct' = \gamma(ct - \beta x)$$
$$x' = \gamma(x - \beta ct)$$

(Einstein)



$$t' \approx t$$
$$x' \approx x - vt$$

(Galilei)



A murder scene is being investigated.

Alice enters a room and from the doorstep shoots Bob, who dies. (*Thought experiment!*)

Sherlock (S) stands at the doorstep (next to Alice) and observes the events.

Alice shoots at $t = t_A$ from position $x = x_A$

Bob dies at $t = t_B$ at position $x = x_B$

Watson (S') passes by on a fast train and sees the same scene. He sees:

- Alice shoots at $t' = t'_A$ from position $x' = x'_A$
- Bob dies at $t' = t'_B$ at position $x' = x'_B$



A murder scene is being investigated.

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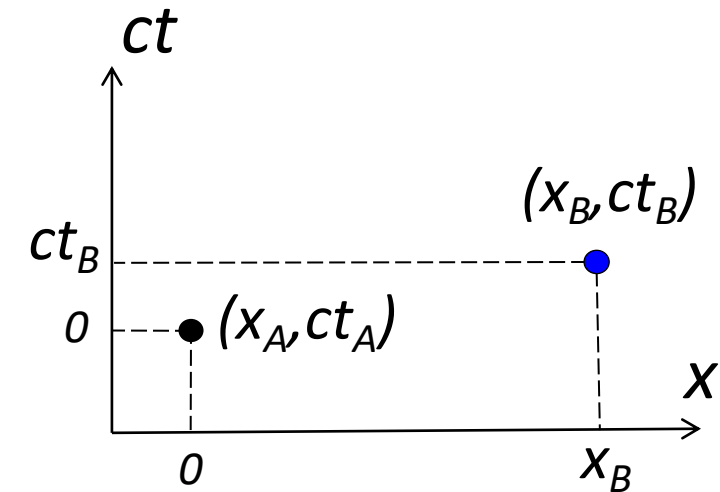
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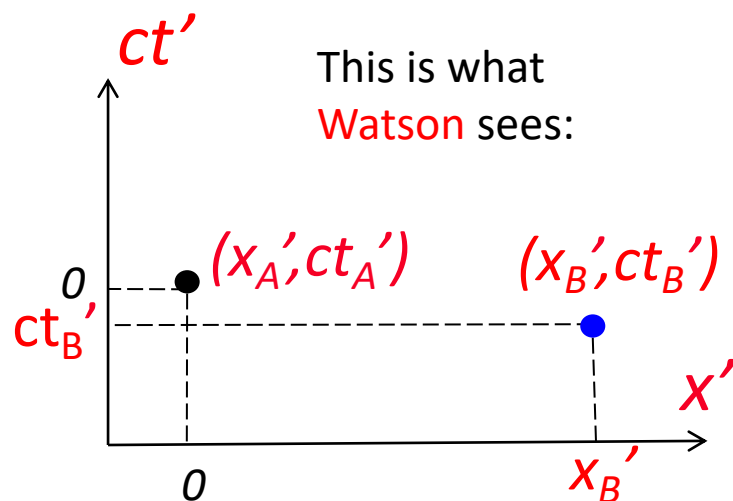
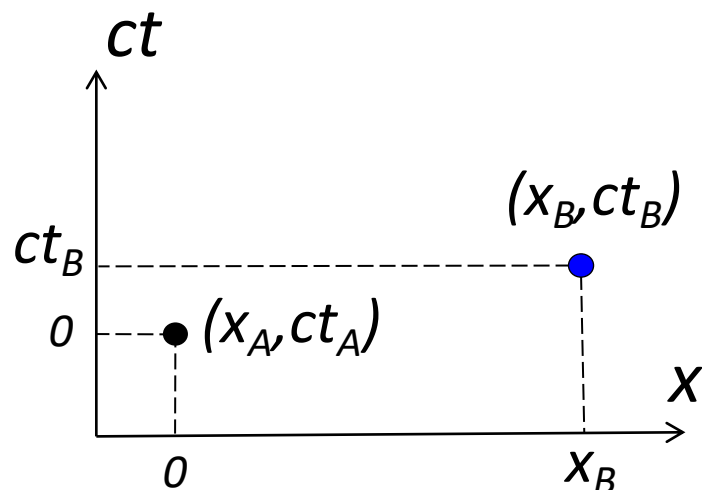
Watson (S') passes by on a fast train and sees the same scene. He sees:

- Alice shoots at $t' = t'_A$ from position $x' = x'_A$
- Bob dies at $t' = t'_B$ at position $x' = x'_B$

Sherlock: Alice shoots at Bob from x_A at time t_A
Bob dies on position x_B and time t_B



Sherlock: Alice shoots at Bob from x_A at time t_A
 Bob dies on position x_B and time t_B



What does **Watson** see at $v=0.6c$?

$$\beta = 0.6 \quad , \quad \gamma = \frac{1}{\sqrt{1-0.6^2}} = 1.25$$

$$\begin{aligned} ct' &= \gamma (ct - \beta x) \\ x' &= \gamma (x - \beta ct) \end{aligned}$$

To make the calculation easy let's take

$$x_A = 0 \text{ and } t_A = 0 :$$

$$ct'_A = 0$$

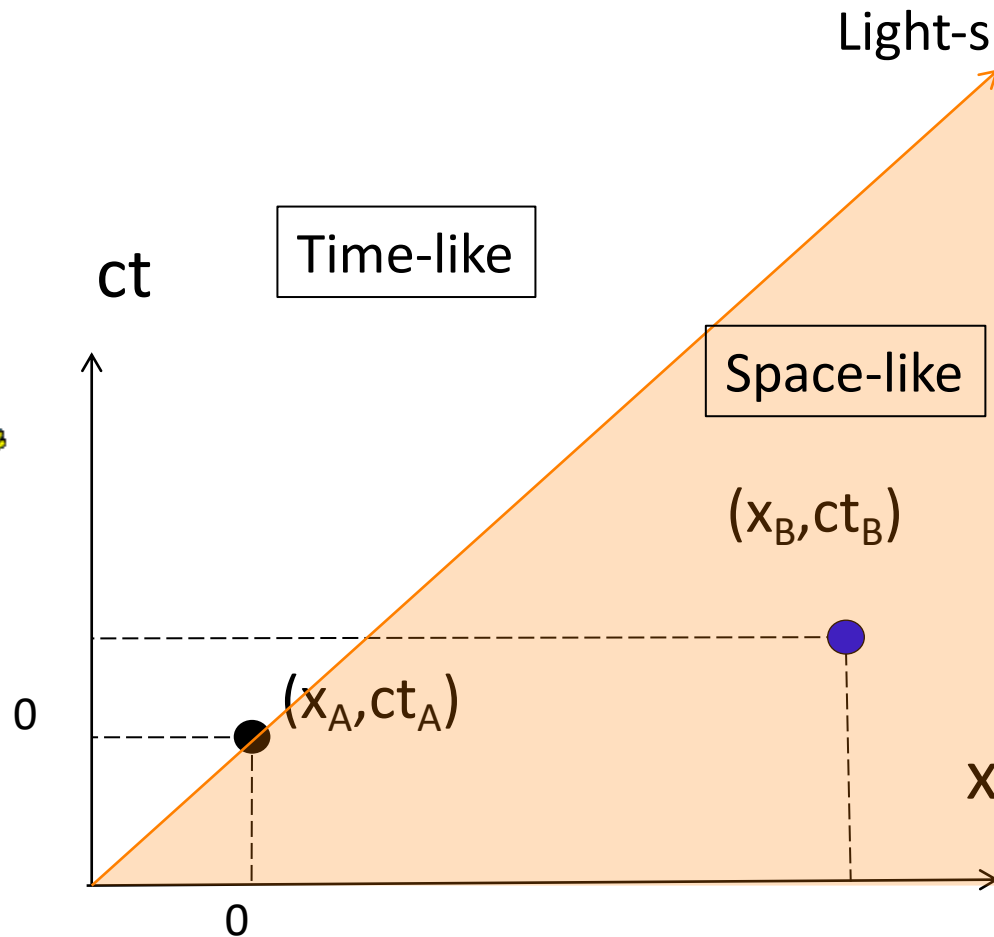
$$x'_A = 0$$

$$ct'_B = 1.25 (ct_B - 0.6 x_B)$$

$$x'_B = 1.25 (x_B - 0.6 ct_B)$$

If distance $x_B > ct_B/0.6$ then $ct'_B < 0$:
 Bob dies before Alice shoots the gun!

The situation was not possible to begin with!



Nothing can travel faster than the speed of light, also not the bullet of gun!

The requirement: $x_B > c t_B / 0.6$
implies a bullet speed of :

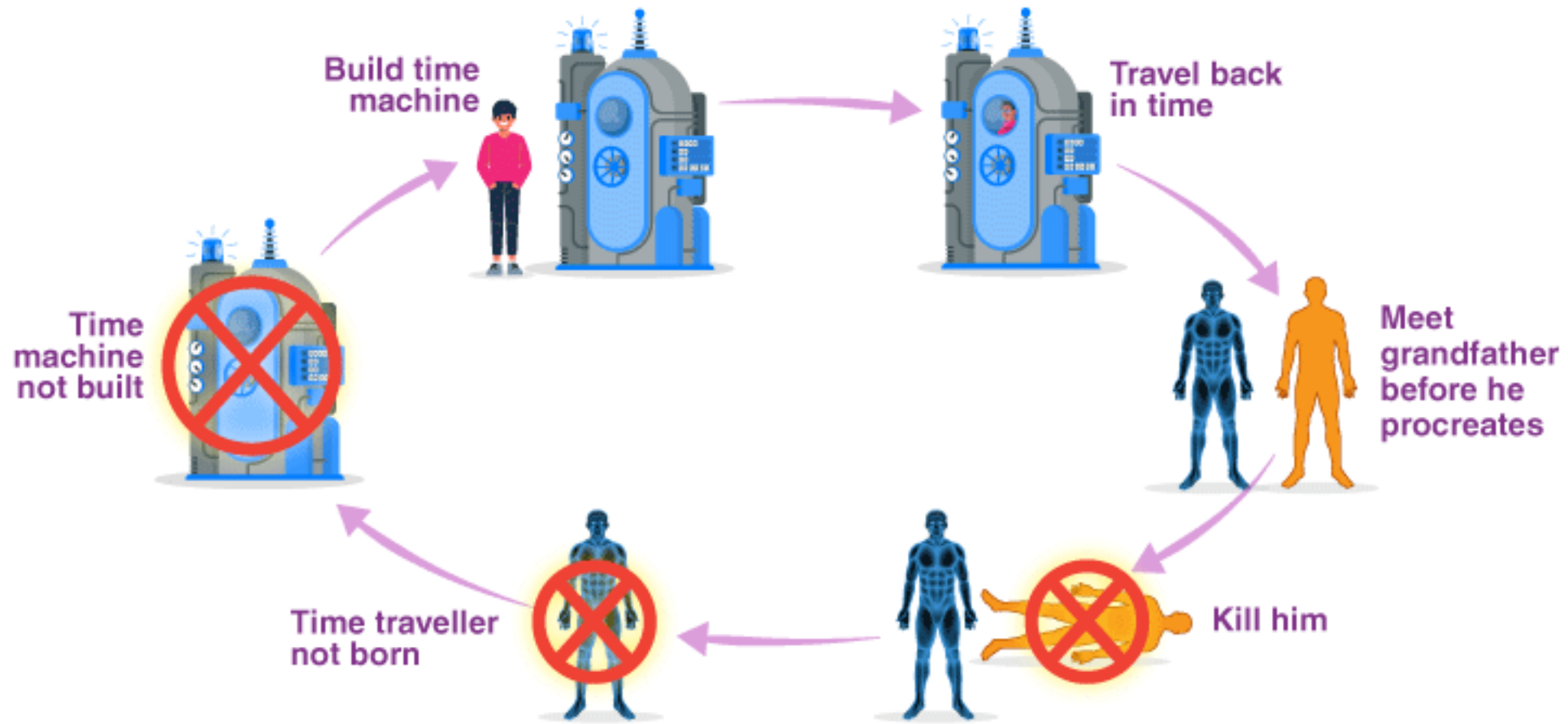
$$v = x_B/t_B > c / 0.6 = 1.67 c !$$

Faster than speed of light!

Travelling faster than light would imply you go back in time.

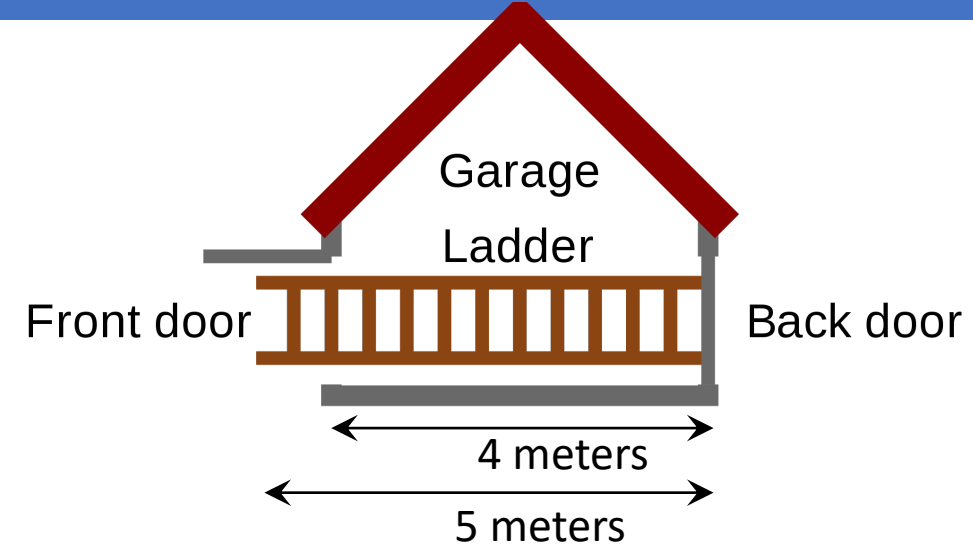
Causality is not affected by the relativity theory!

“Grandfather Paradox”

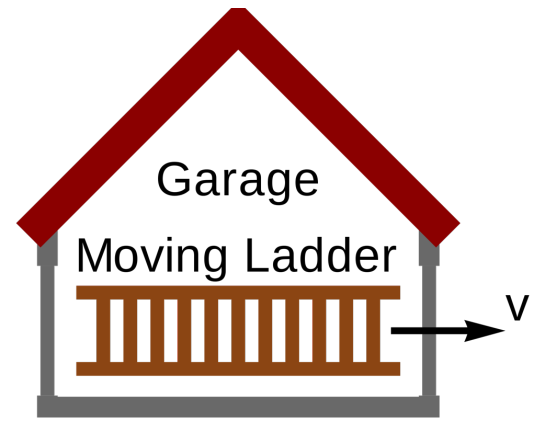


Paradox 2: A ladder in a barn?

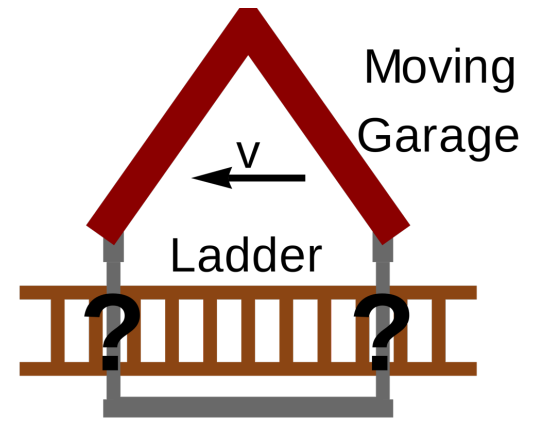
Alice runs towards a barn with $v = 0.8 c$ ($\gamma = 1.66$).
She carries a 5 m long ladder.
Bob stands next to 4 m deep barn.
Will the ladder fit inside?



Bob: sure, no problem!
He sees a $L/\gamma = 3$ m long ladder



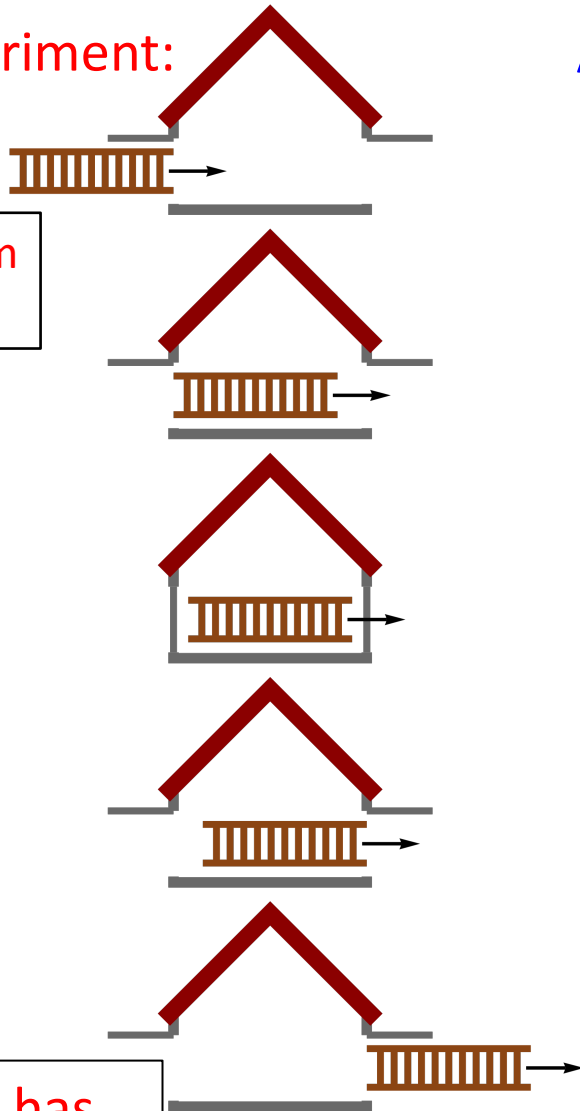
Alice: no way!
She sees a $L/\gamma = 2.4$ m deep barn



Paradox 2: A ladder in a barn?

Bob's experiment:

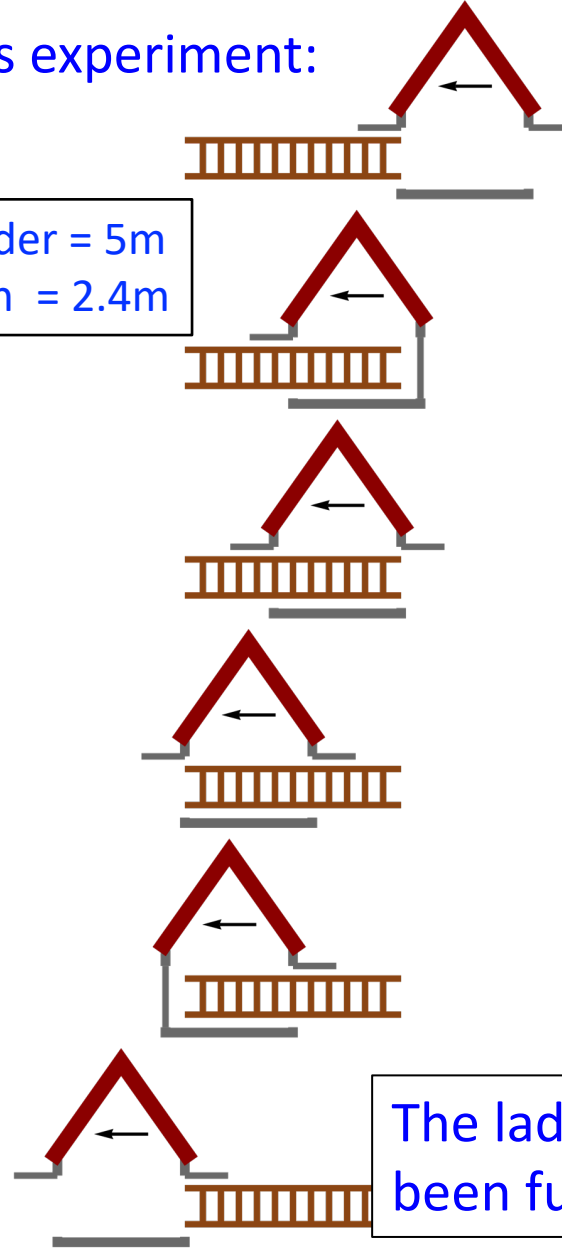
Ladder = 3m
Barn = 4m



The ladder has been fully inside

Alice's experiment:

Ladder = 5m
Barn = 2.4m



The ladder has **not** been fully inside

Bob and Alice don't agree on simultaneity of events.

Alice claims the back door is opened before the front door is closed.

Bob claims both doors are closed at the same time.

*But will it stay inside?!
To stay inside the ladder must stop (negative acceleration)
Compressibility → lightspeed

Paradox 3: The Twin Paradox

Meet identical twins: **Jane** and **Julie**

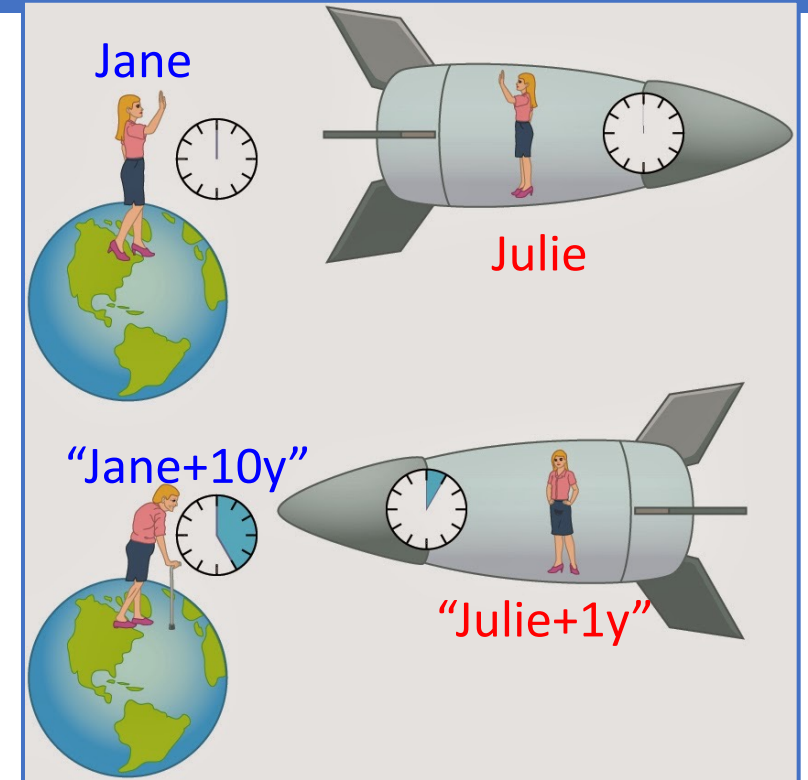
Julie travels to a star with $v = 99.5\%$ of c ($\gamma = 10$) and returns to **Jane on earth** after one year travel. **Jane has aged 10 years, Julie only 1 year.**

Jane understands this. Due to **Julie's** high speed time went slower by a factor of 10 and therefore **Jane has aged more than Julie.**

But **Julie** argues: the only thing that matters is our *relative speed*! From her spaceship time goes *slower* on earth! She claims **Jane should be younger!**

Who is right?

Answer: special relativity holds for **constant** relative velocities. When **Julie turns** around she slows down, turns and **accelerates** back. At that point time on earth progresses fast for her, so that **Jane is right** in the end.



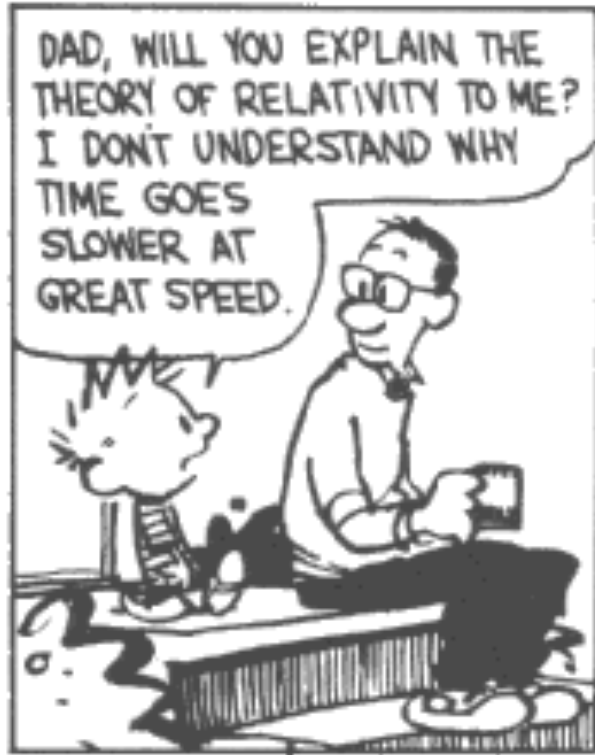


1971: A real experiment!

Joseph Hafele & Richard Keating tested it with 3 atomic cesium clocks.

- One clock in a plane **westward** around the earth (against earth rotation)
- One clock in a plane **eastward** around the earth (with earth rotation)
- One clock stayed behind in the lab.

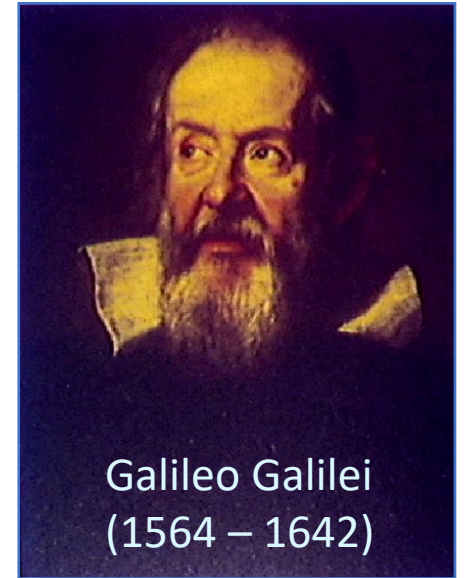
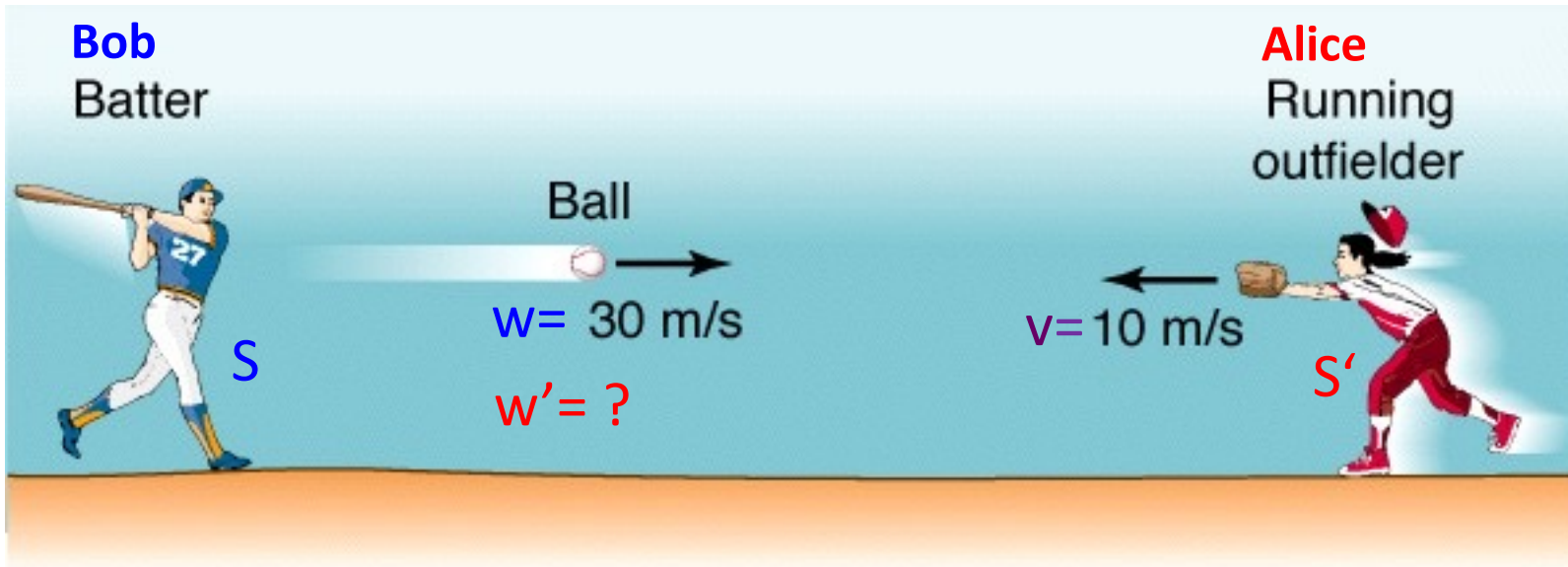
The clock that went **eastward** was 300 nsec behind, in agreement with relativity.



SO IF YOU GO AT THE SPEED OF LIGHT, YOU GAIN MORE TIME, BECAUSE IT DOESN'T TAKE AS LONG TO GET THERE. OF COURSE, THE THEORY OF RELATIVITY ONLY WORKS IF YOU'RE GOING WEST. ?

The text is a continuation of the father's explanation, but it contains a logical error. The phrase "THE THEORY OF RELATIVITY ONLY WORKS IF YOU'RE GOING WEST. ?" is enclosed in a red box.

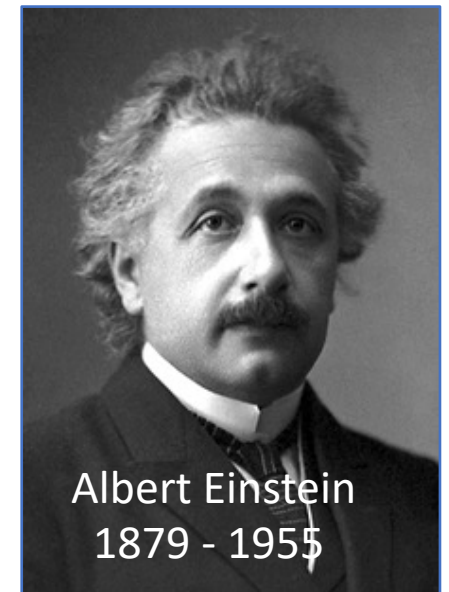




With which speed do **Alice** and the ball hit by **Bob** approach each other?
Intuitive law (daily experience): $30 \text{ m/s} + 10 \text{ m/s} = 40 \text{ m/s}$

Galilei formula: $w' = w + v = 30 + 10 = 40 \text{ m/s}$

Einstein formula: $w' = \frac{w + v}{1 + \frac{vw}{c^2}} = \frac{30 + 10}{1 + \frac{30 \times 10}{9 \times 10^{16}}} =$
(see lecture 3)
 $= 39.9999999999999997 \text{ m/s}$



Galilei Transformation:

$$x' = x + vt$$

$$t' = t$$



In the frame of S we have:

$$x = w t$$

Then it follows:

$$x = w t'$$

$$x' - v t = w t'$$

$$x' - v t' = w t'$$

$$x' = (v + w) t'$$

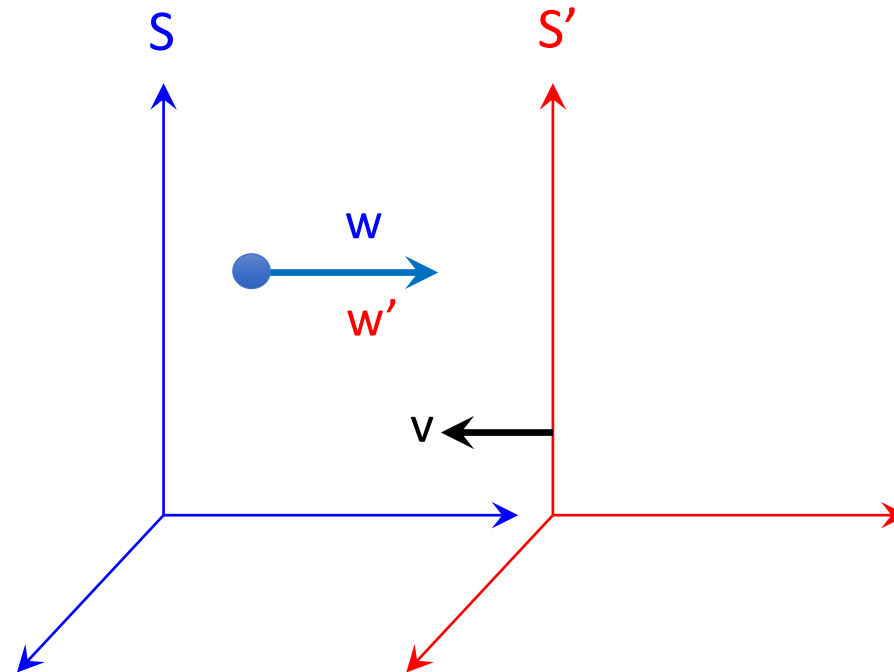
Therefore in S' :

$$w' = w + v$$

Lorentz Transformation:

$$x' = \gamma(x + vt)$$

$$t' = \gamma\left(t + \frac{v}{c^2}x\right)$$



Galilei Transformation:

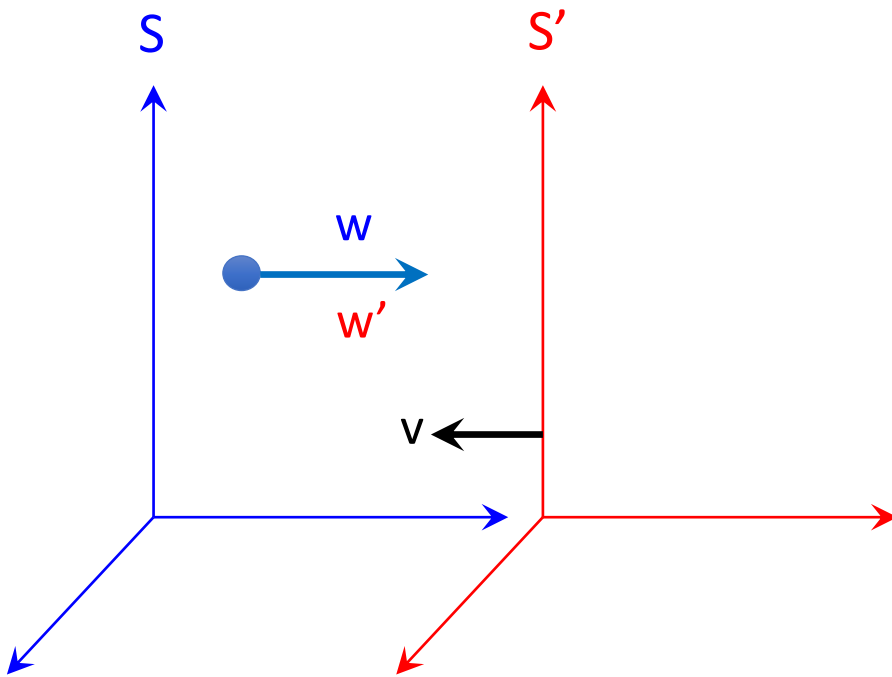
$$x' = x + vt$$

$$t' = t$$

Lorentz Transformation:

$$x' = \gamma(x + vt)$$

$$t' = \gamma\left(t + \frac{v}{c^2}x\right)$$



Re-write the laws: $x' = \gamma x + \gamma v t$

$$t' = \gamma t + \gamma \frac{v}{c^2} x$$

Substitute in frame S: $x = wt$ to find: $x' = \gamma wt + \gamma v t$

$$t' = \gamma t + \gamma \frac{vw}{c^2} t$$

Invert the equation for t' : $t = \frac{1}{\gamma} \left(\frac{1}{1 + \frac{vw}{c^2}} \right) t'$

Put into the expression for x' : $x' = \gamma(v + w) \frac{1}{\gamma} \left(\frac{1}{1 + \frac{vw}{c^2}} \right) t'$

Which should be: $x' = w't'$, therefore: $w' = \frac{w + v}{1 + \frac{vw}{c^2}}$

Derive the laws for adding speed

Galilei Transformation:

$$\begin{aligned}x' &= x + vt \\t' &= t\end{aligned}$$



In the frame of S we have:

$$x = wt$$

Then it follows:

$$x = wt'$$

$$x' - vt = wt'$$

$$x' - vt' = wt'$$

$$x' = (v + w)t'$$

Therefore in S' :

$$w' = w + v$$

Lorentz Transformation:

$$\begin{aligned}x' &= \gamma(x + vt) \\t' &= \gamma\left(t + \frac{v}{c^2}x\right)\end{aligned}$$



Re-write the laws: $x' = \gamma x + \gamma v t$
 $t' = \gamma t + \gamma \frac{v}{c^2} x$

Substitute in frame S : $x = wt$ to find: $x' = \gamma wt + \gamma v t$
 $t' = \gamma t + \gamma \frac{vw}{c^2} t$

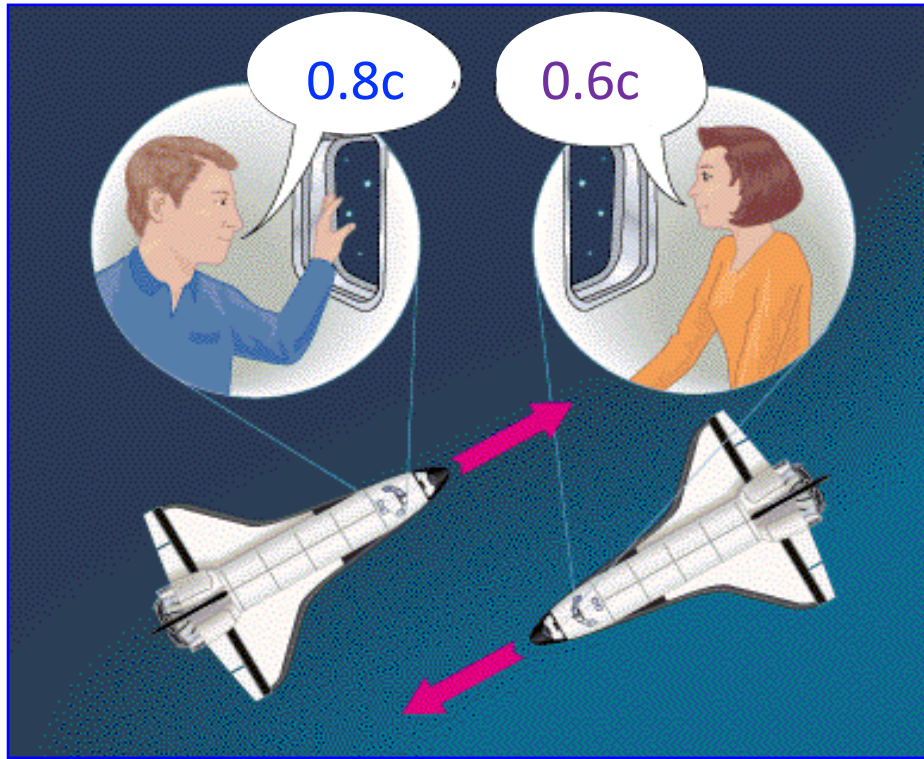
Invert the equation for t' : $t = \frac{1}{\gamma} \left(\frac{1}{1 + \frac{vw}{c^2}} \right) t'$

Put into the expression for x' : $x' = \gamma(v + w) \frac{1}{\gamma} \left(\frac{1}{1 + \frac{vw}{c^2}} \right) t'$

Which should be: $x' = w't'$, therefore:

$$w' = \frac{w + v}{1 + \frac{vw}{c^2}}$$





Bob in a rocket passes a star with $0.8c$
Alice in a rocket passes a star with $0.6c$
In opposite directions.

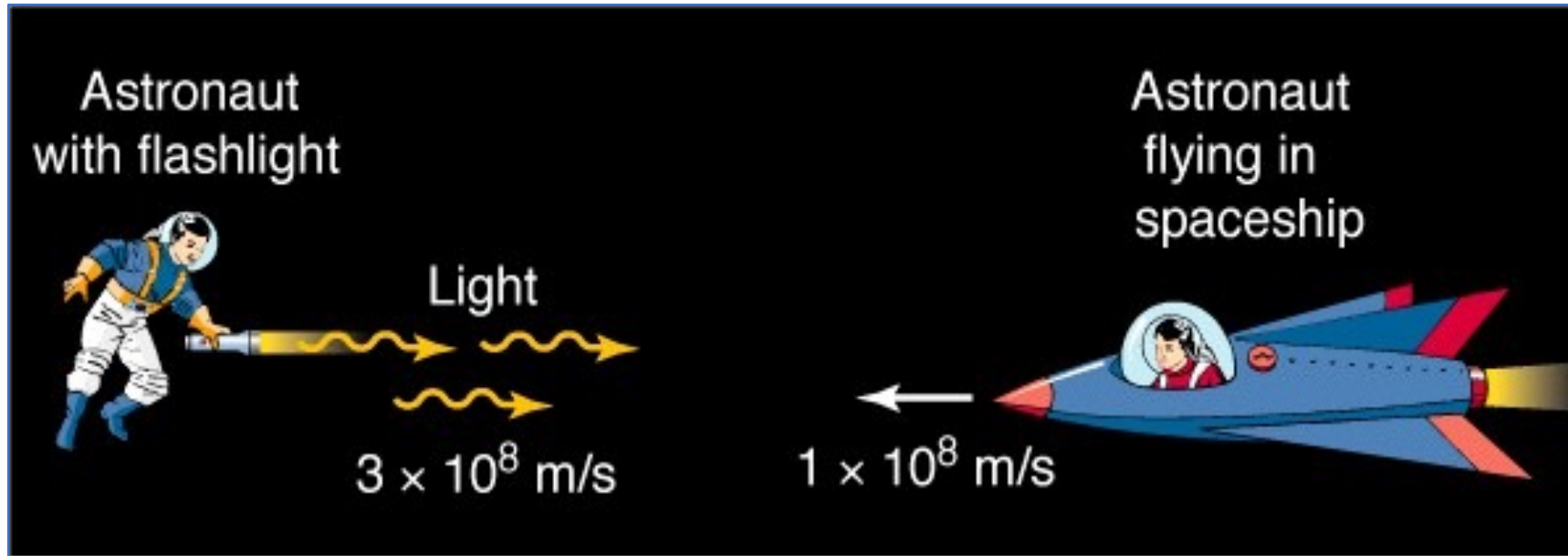
What is their relative speed?

$$w' = \frac{0.8c + 0.6c}{1 + (0.8 \times 0.6)} = 0.95c$$

Very different than $w' = 0.8c + 0.6c = 1.4c$!!

Without relativity theory GPS technology would make mistakes of the order of 10 km/day !





How fast does the light go for Alice?

→ Just put $w = c$ into Einstein's formula:

$$w' = \frac{c + v}{1 + \frac{cv}{c^2}} = \frac{c + v}{1 + \frac{v}{c}} = \frac{c + v}{\frac{1}{c}(c + v)} = \frac{1}{\frac{1}{c}} = c$$

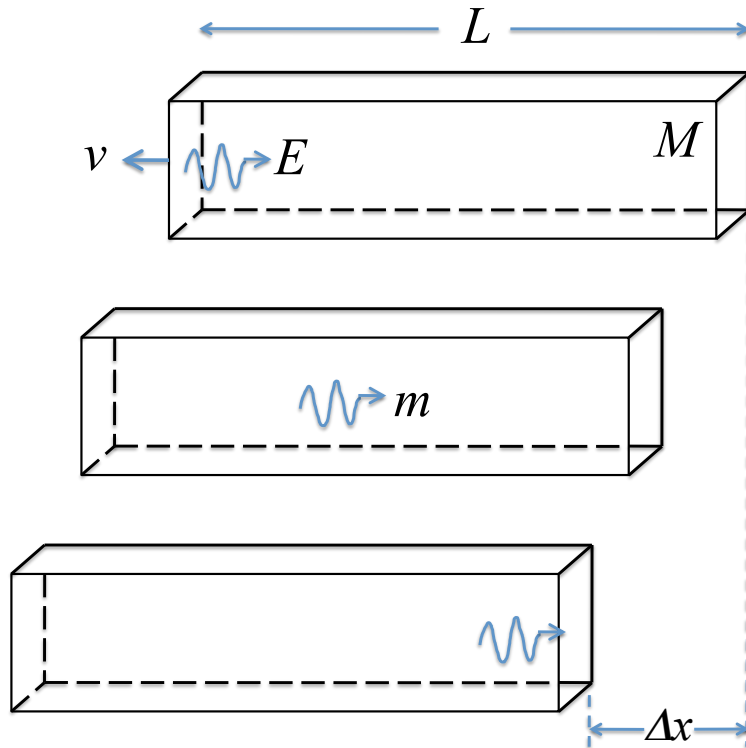
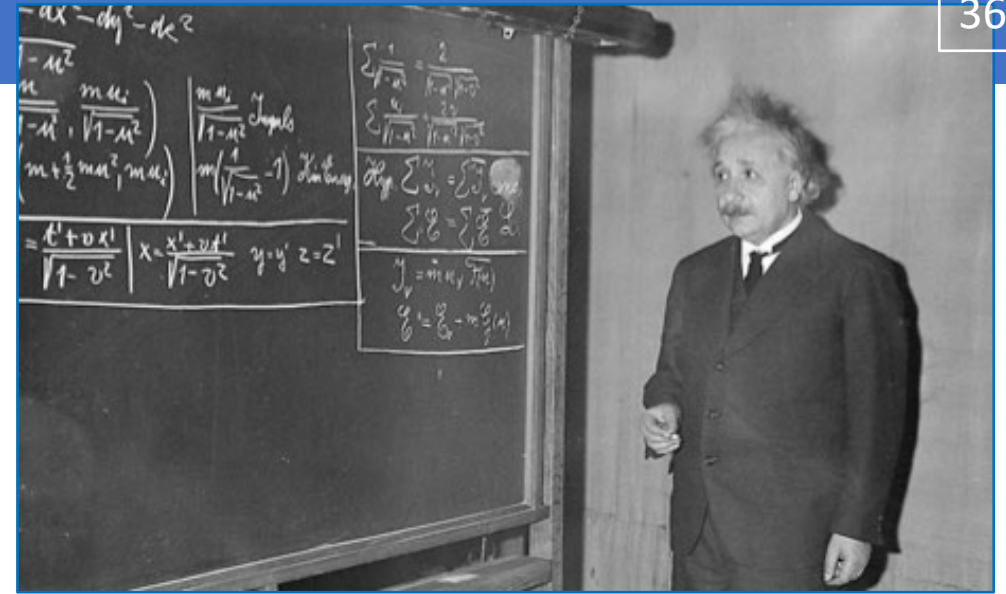
The speed of light is always the same for each observer!

$E=mc^2$: see lecture notes

Consider a box with length L and mass M floating in deep space.

A photon is emitted from the left wall and a bit later absorbed in the right wall.

Center of Mass of box + photon must stay unchanged.



$$Mv = E/c$$

$$t = L/c$$

$$\Delta x = vt$$

$$M\Delta x = mL$$

$$EL/c^2 = mL$$

$$E = mc^2$$

Action = - Reaction: photon momentum is balanced with box momentum

Time it takes the photon

Distance that the box has moved

C.O.M. does not move: box compensated by photon C.O.M.

Substitute the above equations

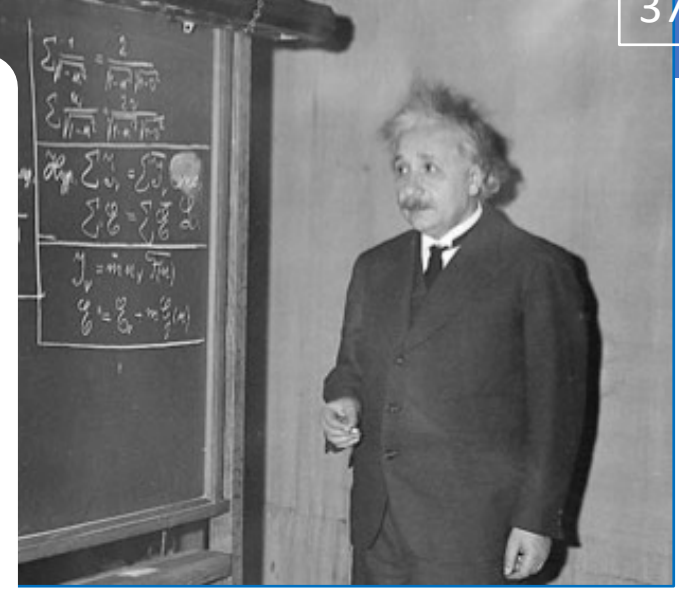
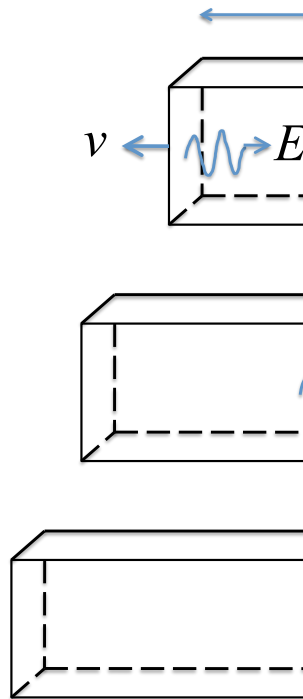
Equivalence of mass and energy!

$E=mc^2$: see lecture notes

Consider a box with length l and depth d in the xy plane. The box is filled with a deep space.

A photon is emitted from the left wall and absorbed in the right wall.

Center of Mass of box + photon



p : photon momentum is momentum

photon

box has moved

move: box

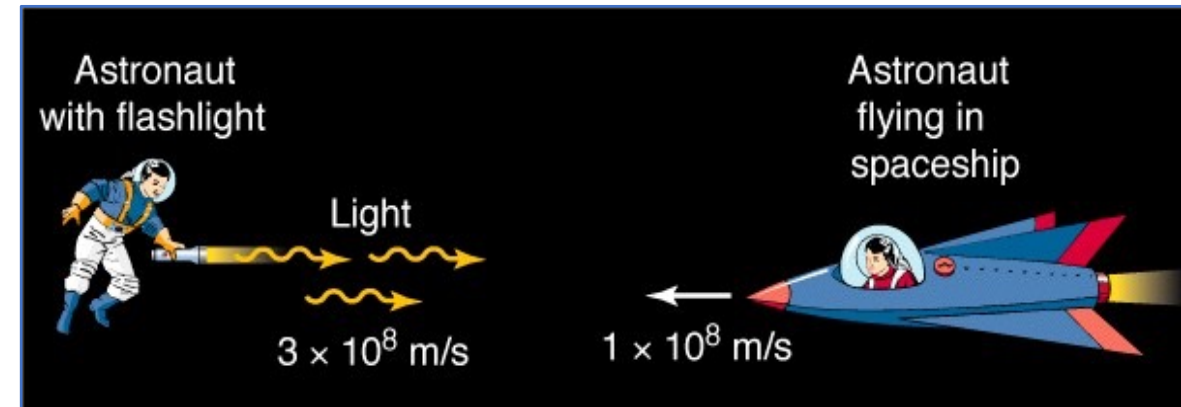
photon C.O.M.

two equations

mass and energy!

Simple principle:

- Laws of physics of inertial frames are the same.
- Speed of light is the same for all observers.



Big Consequences:

Space and time are seen differently for different observers.

- **Alice's time** is a mixture of **Bob's time and space** and vice versa.
- **Alice's space** is a mixture of **Bob's time and space** and vice versa.

$$ct' = \gamma(ct - \beta x)$$

$$x' = \gamma(x - \beta ct)$$

- Time dilation and Lorentz contraction
- Energy and mass are equivalent

General Relativity: inertial mass = gravitational mass

