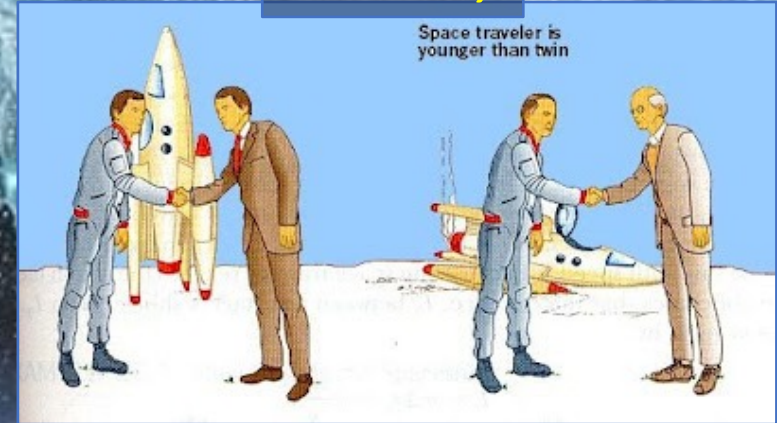


The Relativistic Quantum World

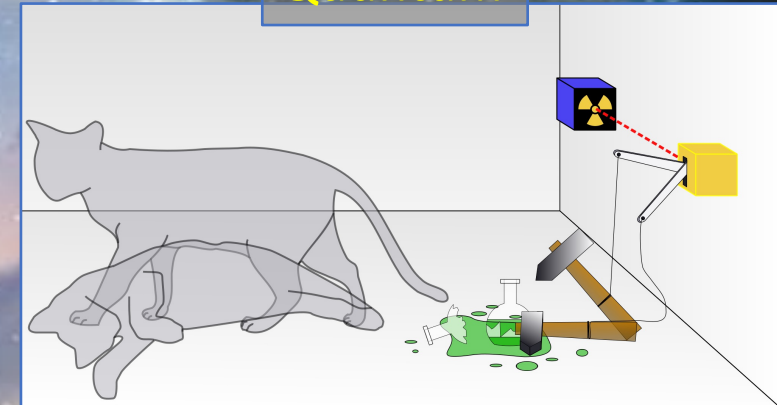
A lecture series on
Relativity Theory and Quantum Mechanics

Marcel Merk
Studium Generale Maastricht
Nov 1 – Nov 29, 2023

Relativity



Quantum



Relativity

Nov. 1:

Lecture 1: The Principle of Relativity and the Speed of Light
Lecture 2: Time Dilation and Lorentz Contraction

Nov. 8:

Lecture 3: The Lorentz Transformation and Paradoxes
Lecture 4: General Relativity and Gravitational Waves

Quantum Mechanics

Nov. 15:

Lecture 5: The Early Quantum Theory
Lecture 6: Feynman's Double Slit Experiment

Nov 22:

Lecture 7: Wheeler's Delayed Choice and Schrodinger's Cat
Lecture 8: Quantum Reality and the EPR Paradox

Standard Model

Nov. 29:

Lecture 9: The Standard Model and Antimatter
Lecture 10: Why is there something rather than nothing?

Lecture notes, written for this course, are available: www.nikhef.nl/~i93/Teaching/
Prerequisite for the course: High school level physics & mathematics.

Lecture 2

Time Dilation and Lorentz Contraction

"I have no special talent. I am only passionately curious."
- Albert Einstein

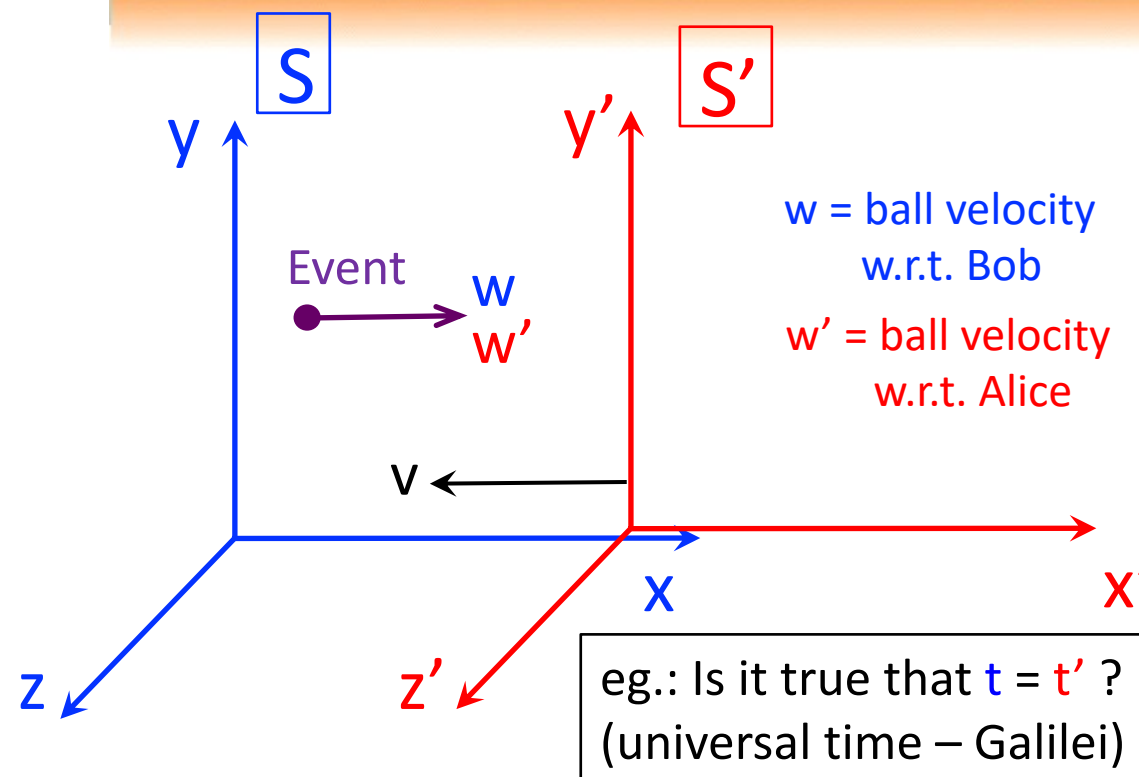
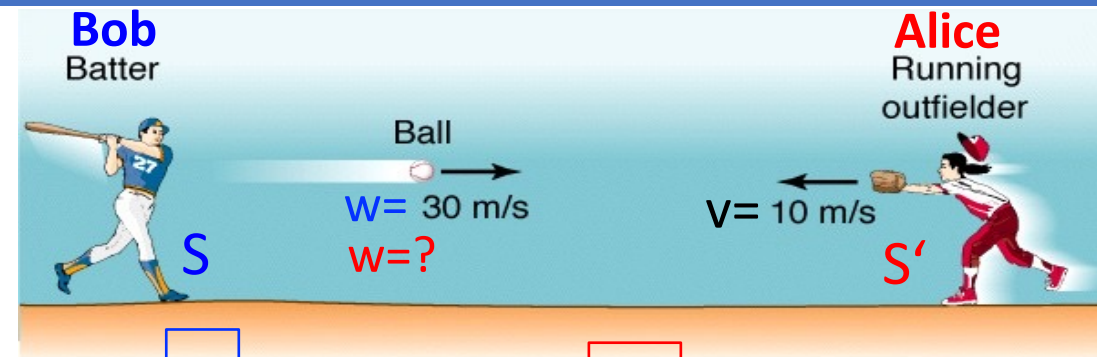
A *reference system or coordinate system* is used to determine the time and position of an event.

Reference system S is linked to observer **Bob** at position $(x,y,z) = (0,0,0)$

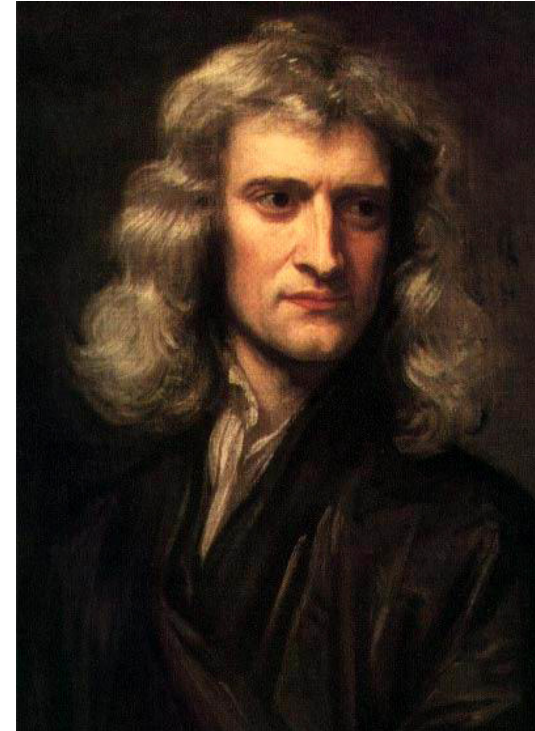
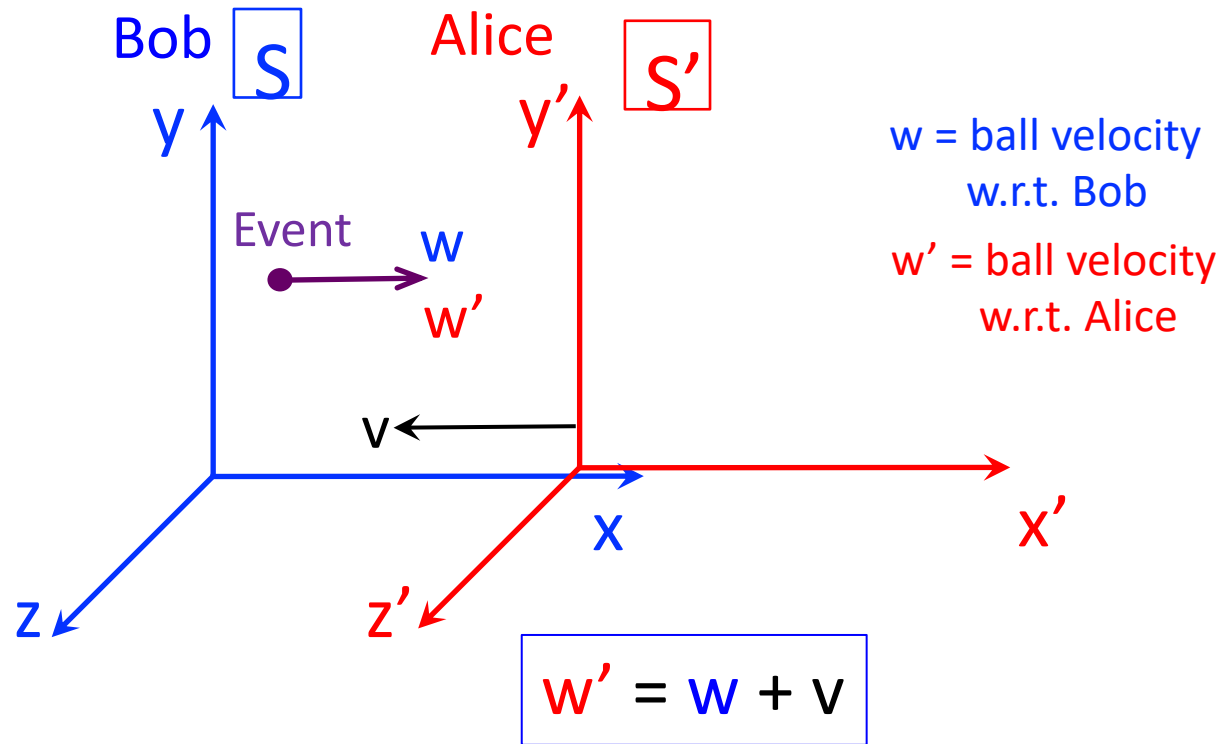
An *event* (batter hits the ball) is fully specified by giving its coordinates in time and space: (t, x, y, z)

Reference system S' is linked to observer **Alice** who moves with velocity “ v ” with respect to S of **Bob**.

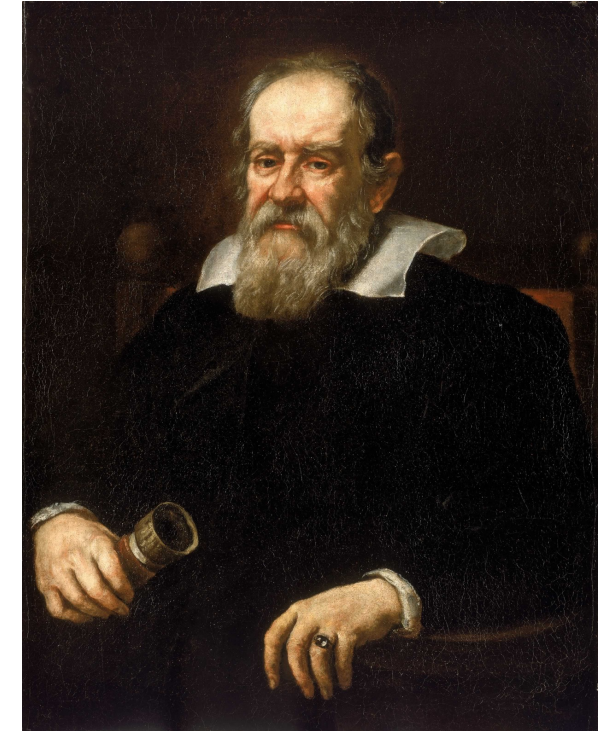
How are the coordinates of the *event* of **Bob** (batter hits the ball) expressed in coordinates for **Alice** (t', x', y', z') (running outfielder) ?



How is the trajectory of the ball for **Alice** related to that for **Bob**?



Isaac Newton (1689)



Galileo Galilei (1636)

velocity = distance / time , but are *distance* and *time* the same for **Bob** and **Alice**?

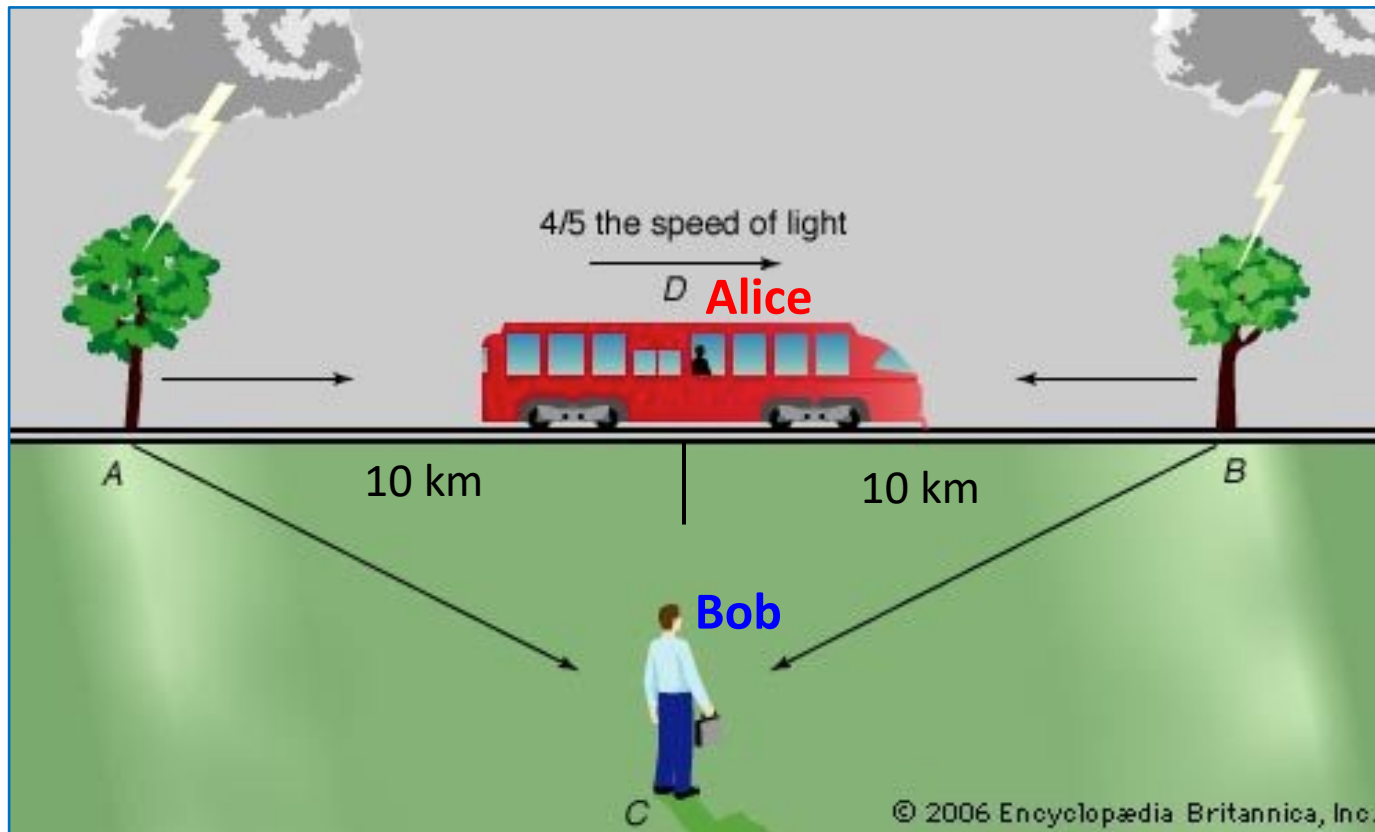
“Classical” law of adding velocities assumes *time* is universal for all observers.

Let us first look at the concept of “simultaneity” in the eyes of Einstein.

Simultaneity of moving observers (“Gedankenexperiment”)

Bob sees two lightning strokes *at the same time*. $AC = BC = 10$ km.

At the time of the lightning strike **Alice** passes **Bob** at position D . Also: $AD = BD = 10$ km.



Alice sees the same events from the speeding train.

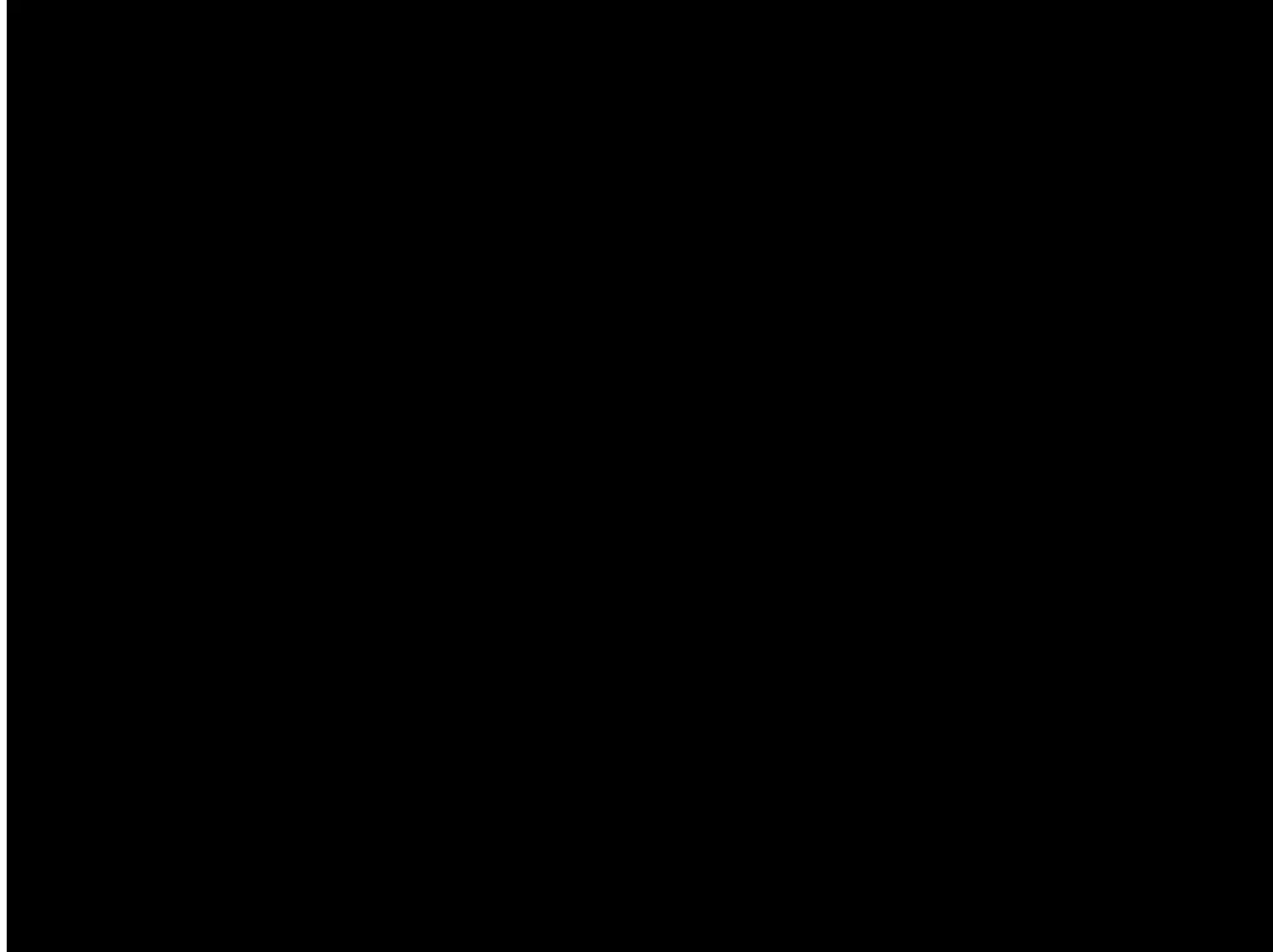
By the time the light has travelled 10 km, **Alice** moved a bit towards B and the light of B reaches her before A .

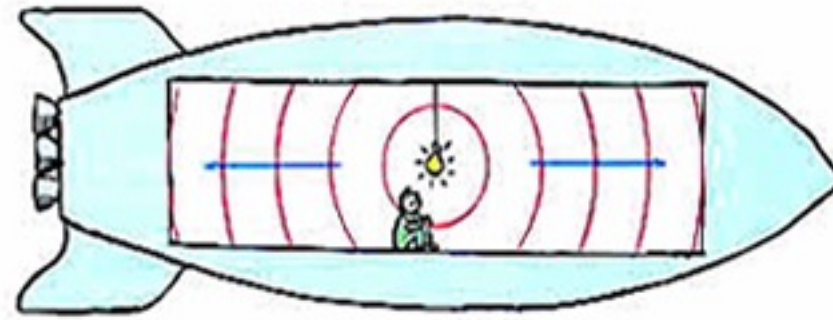
Since also for **Alice**, the speed of light from AD is the same as that of BD she will conclude that strike B happened *before* strike A .

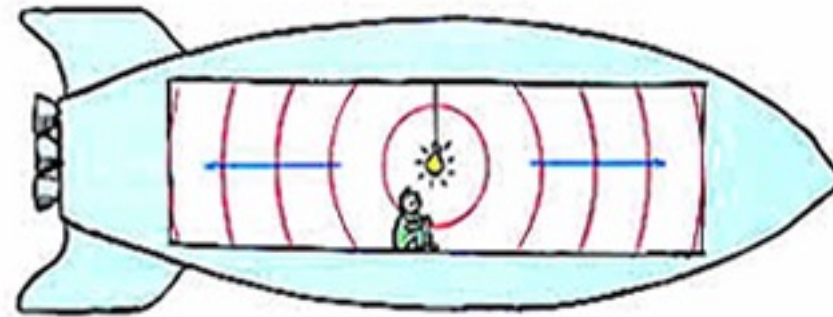
Bob says two lightnings are **simultaneous**, **Alice** claims they are **not**. **Who is right?**

In case **Bob** and **Alice** travelling in empty space: who is moving and who is not?

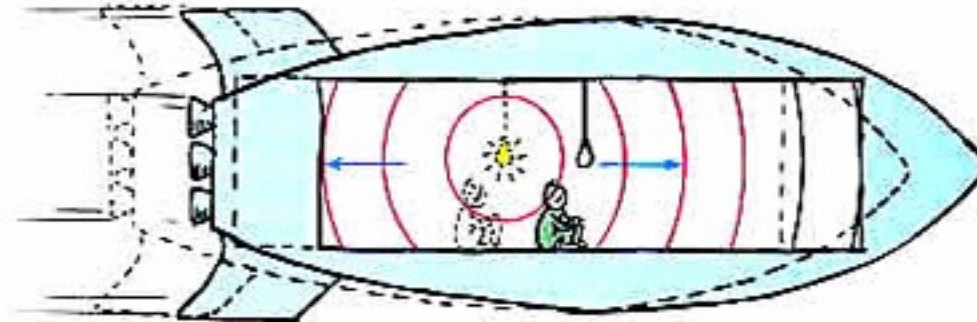
→ Simultaneity of events depends on the speed of the observer!







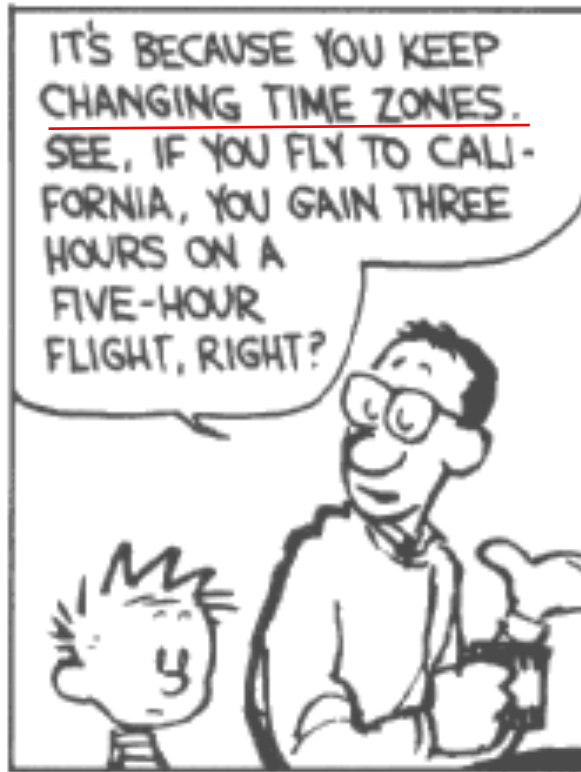
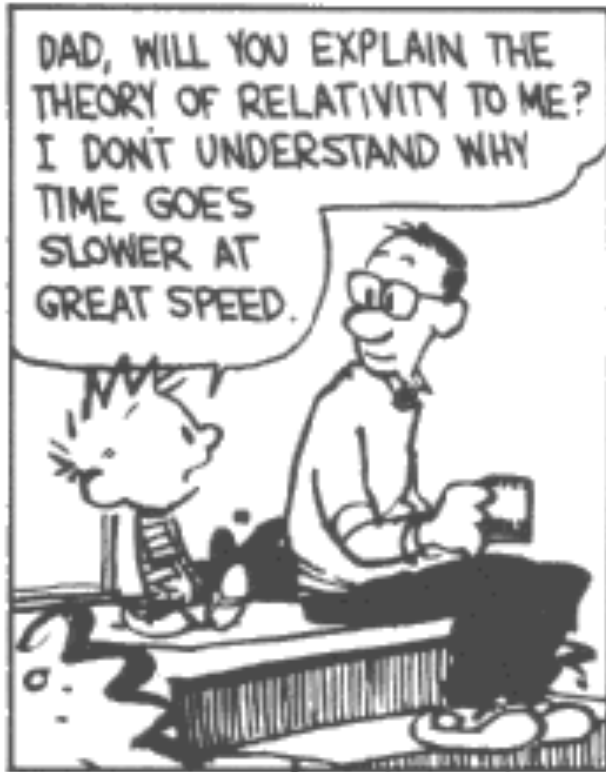
View from **inside**



View from **outside**



Inside the rocket the light reaches the front and back *simultaneously*, independent of the rocket speed. Seen from the *outside* this is different. **Simultaneity depends on the velocity of the observer.** **Time is not universal!** But, what is different if we let the rocket "stand still" and the Earth move in the opposite direction?

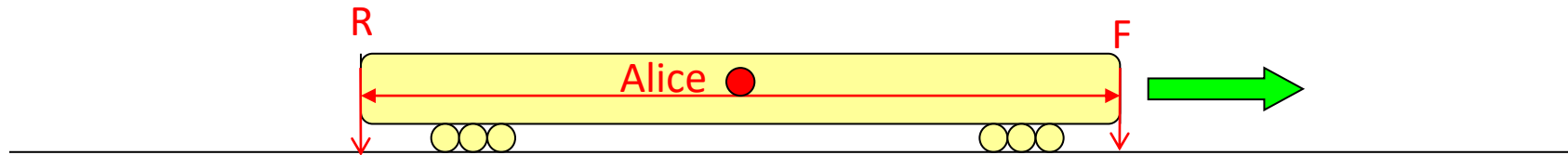


SO IF YOU GO AT THE SPEED OF LIGHT, YOU GAIN MORE TIME, BECAUSE IT DOESN'T TAKE AS LONG TO GET THERE. OF COURSE, THE THEORY OF RELATIVITY ONLY WORKS IF YOU'RE GOING WEST.

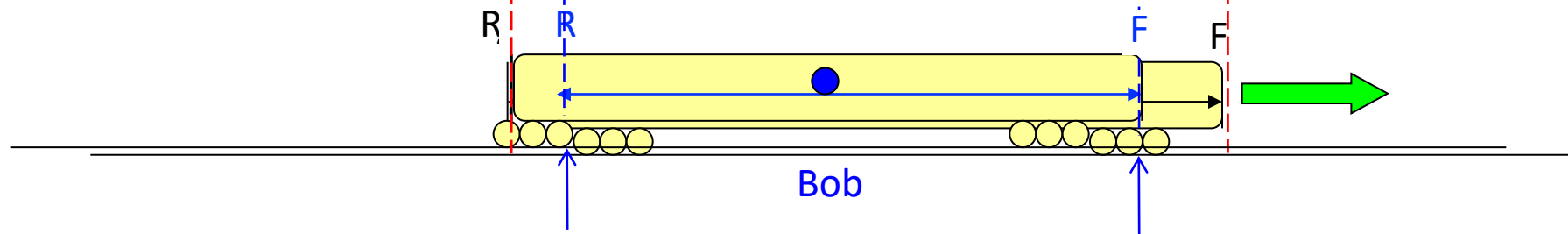


Relativity of Length (“Gedankenexperiment”)

Alice: measure the length of the train by setting *simultaneously* two tick marks at the track at position **F** (front) and **R** (rear)



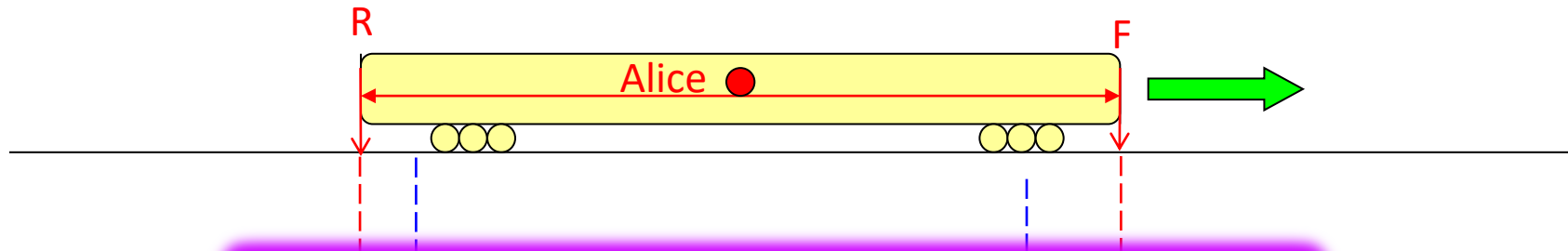
Bob: measure the length of the train by setting *simultaneously* two tick marks at the track corresponding to the positions **F** and **R**.



Since **Alice** and **Bob** don't agree on the simultaneity of making the tick marks they will observe a different length. **Alice** will claim **Bob** puts tick mark at Front *too early* and rear *too late* such that he sees a *shorter* train: **Lorentz contraction**.

Relativity of Length (“Gedankenexperiment”)

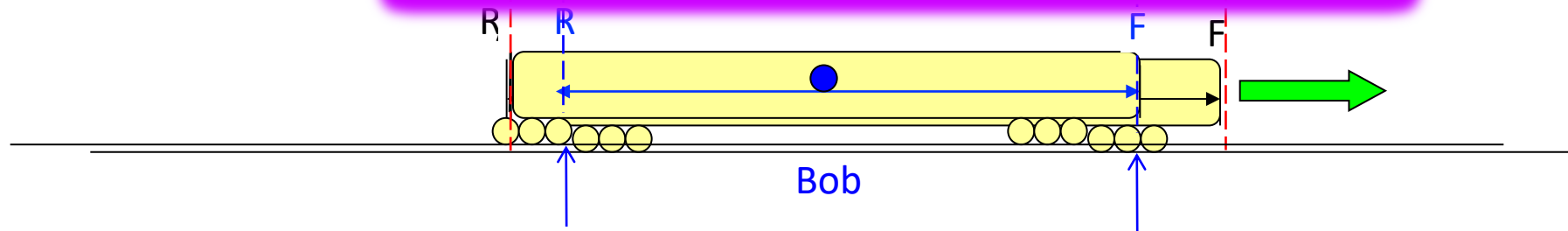
Alice: measure the length of the train by setting *simultaneously* two tick marks at the track at position **F** (front) and **R** (rear)



Bob: me
tick mar

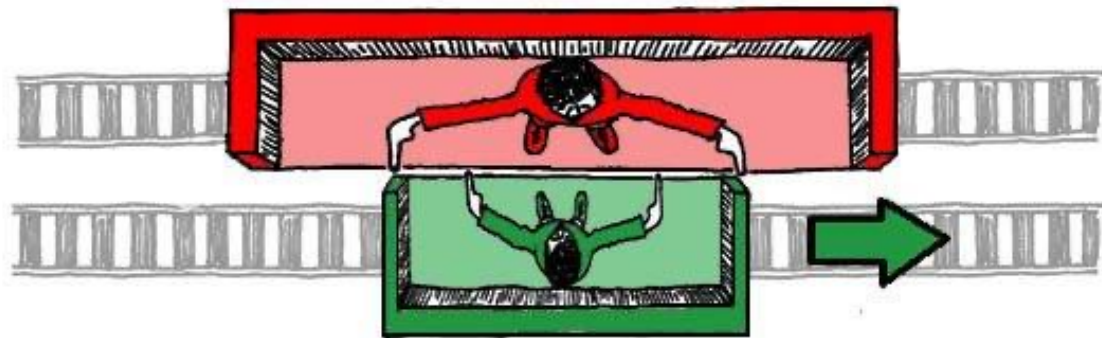
This is **not** a measurement artifact, but
Due to the nature of space and time itself
as it is experienced by different observers!

two

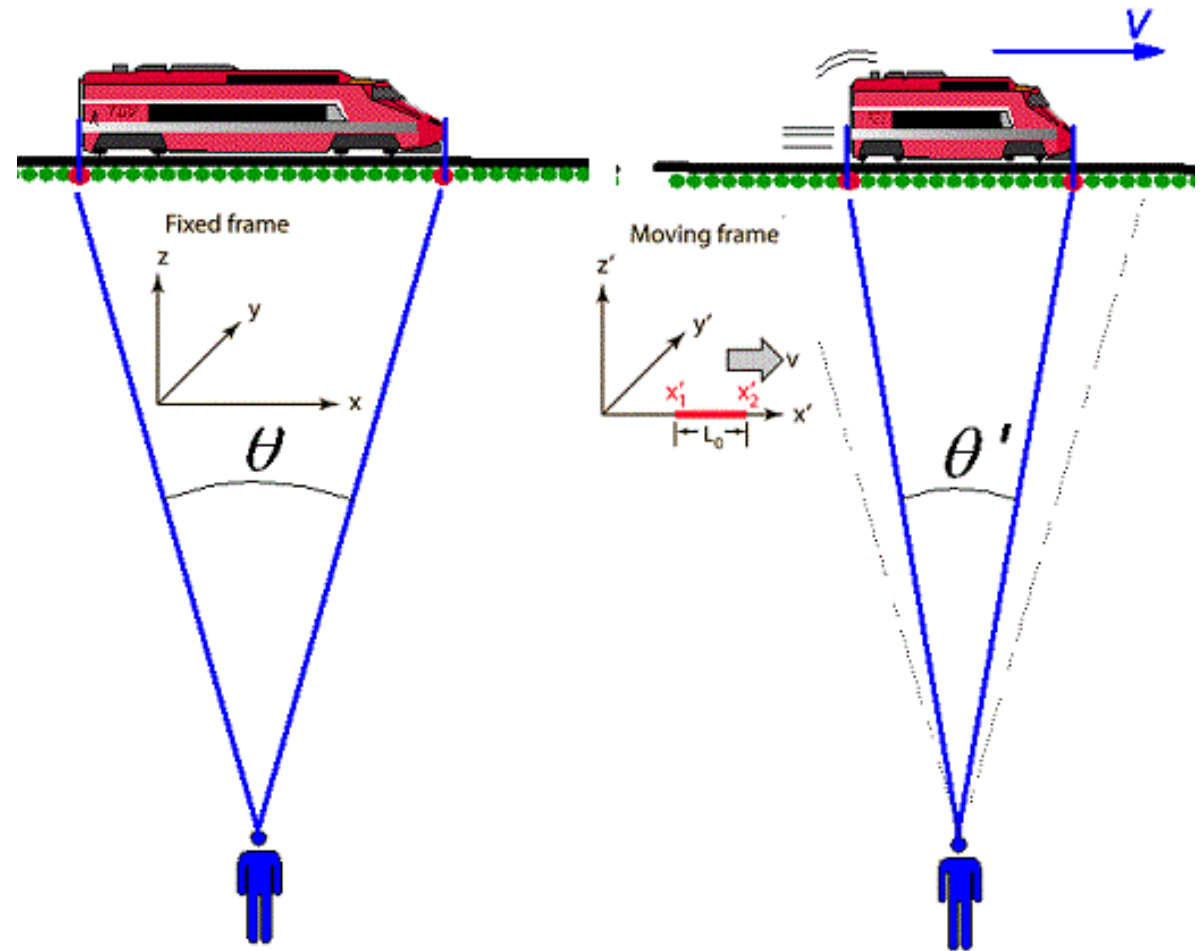
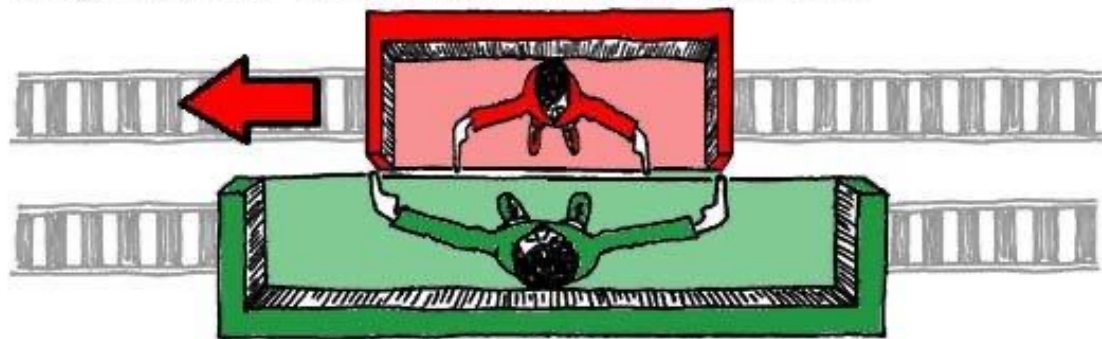


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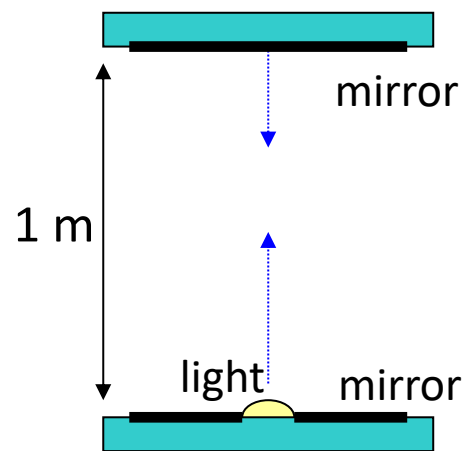
Red train passenger experiences with his fingertips a contracted green train car:



Green train passenger experiences with his fingertips a contracted red train car:



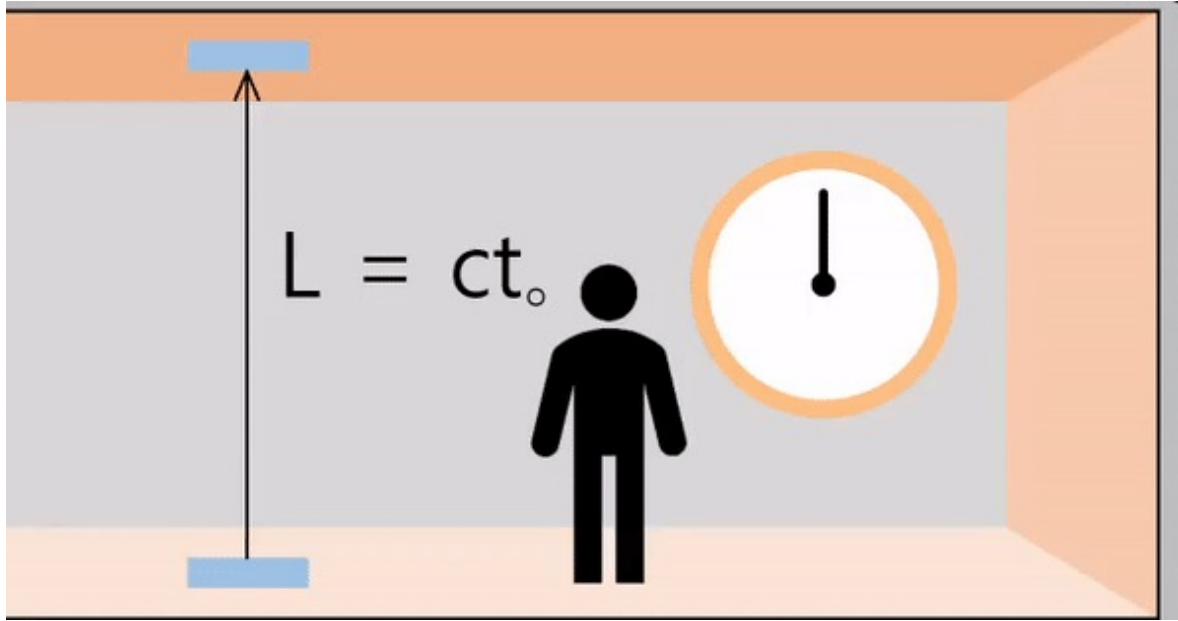




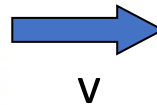
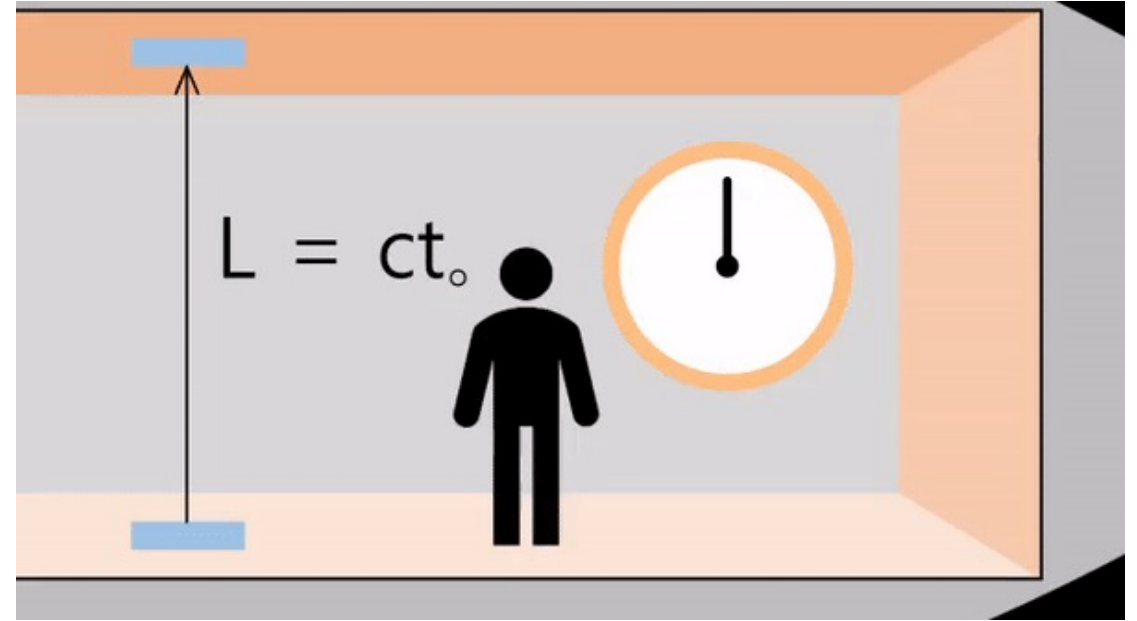
Light-clock: 300 million ticks per second.

Perfect clock on a Relativistic Train

S: Alice in the train:



S': Bob at the station:



Bob sees that the ticks of Alice's clock slow down!

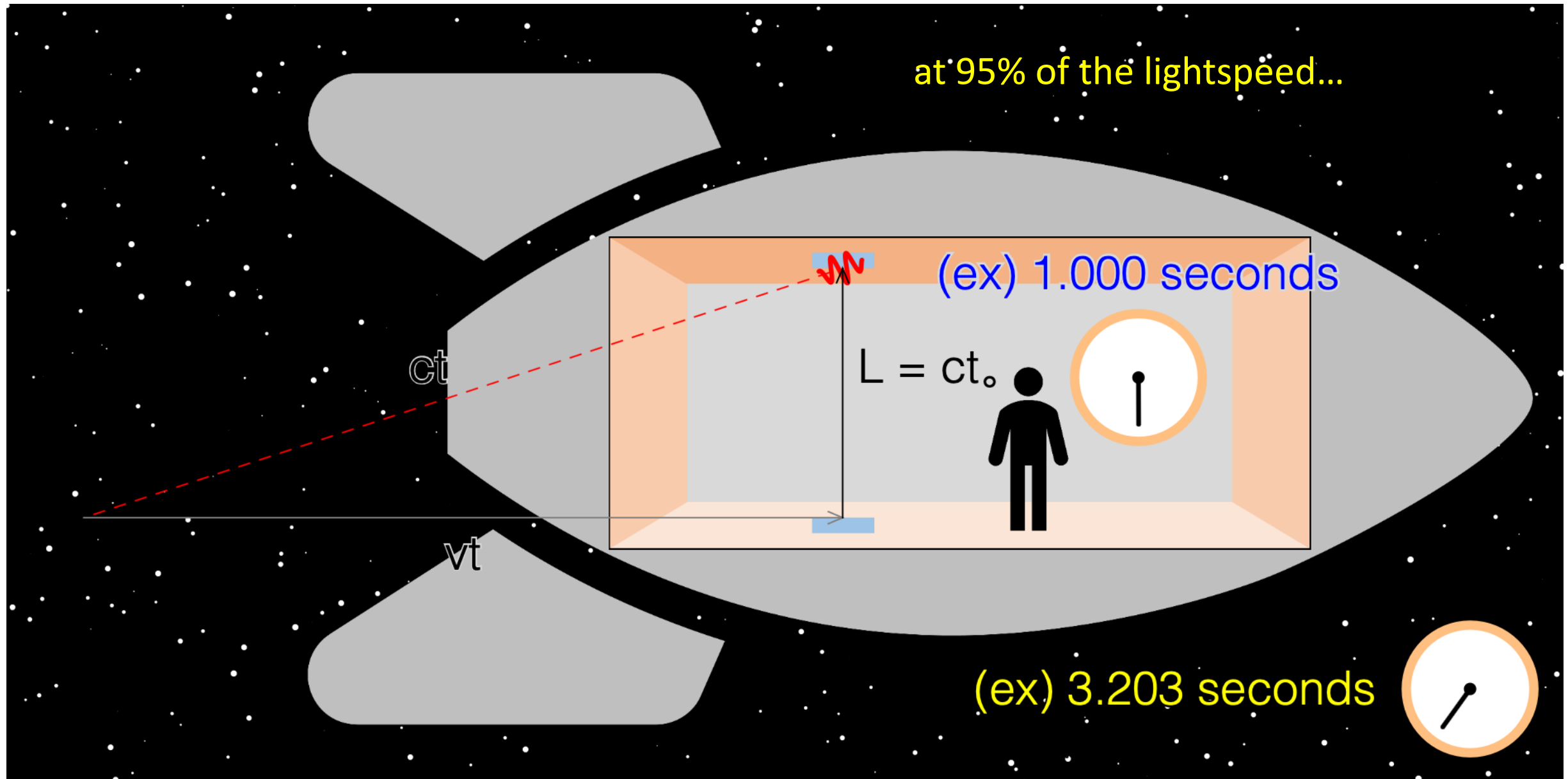
Bob concludes that time runs slower for Alice than for himself:

Time Dilation!!!

$$\Delta t' = \frac{1}{\sqrt{1 - (v^2/c^2)}} \cdot \Delta t \equiv \gamma \cdot \Delta t$$

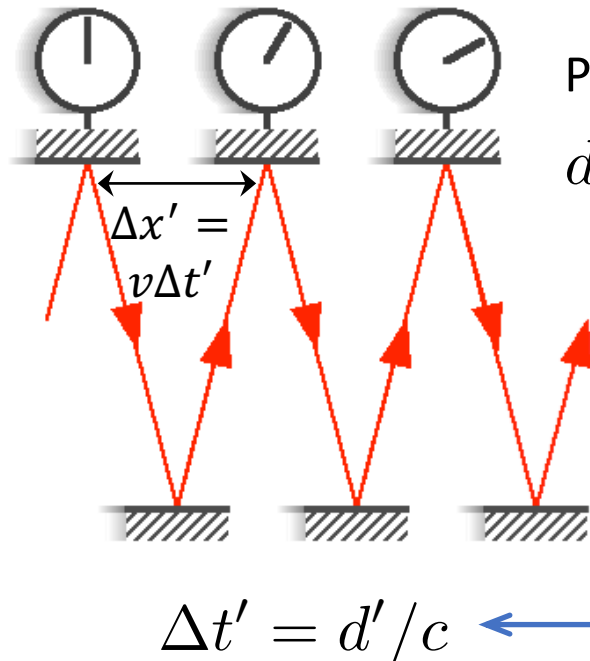
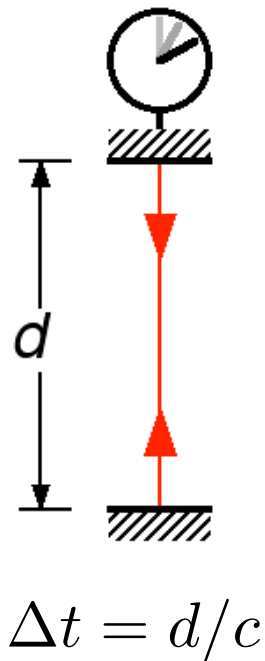
Bob

If you go very fast time slow-down is a very large effect



S: Alice on the train:

S': Bob at the station:



Pythagorean theorem:
 $d' = \sqrt{d^2 + (v \Delta t')^2}$

“juggling” with linear algebra

$$d'^2 = d^2 + (v\Delta t')^2$$

$$(c\Delta t')^2 = (c\Delta t)^2 + (v\Delta t')^2$$

$$(c^2 - v^2) (\Delta t')^2 = c^2 (\Delta t)^2$$

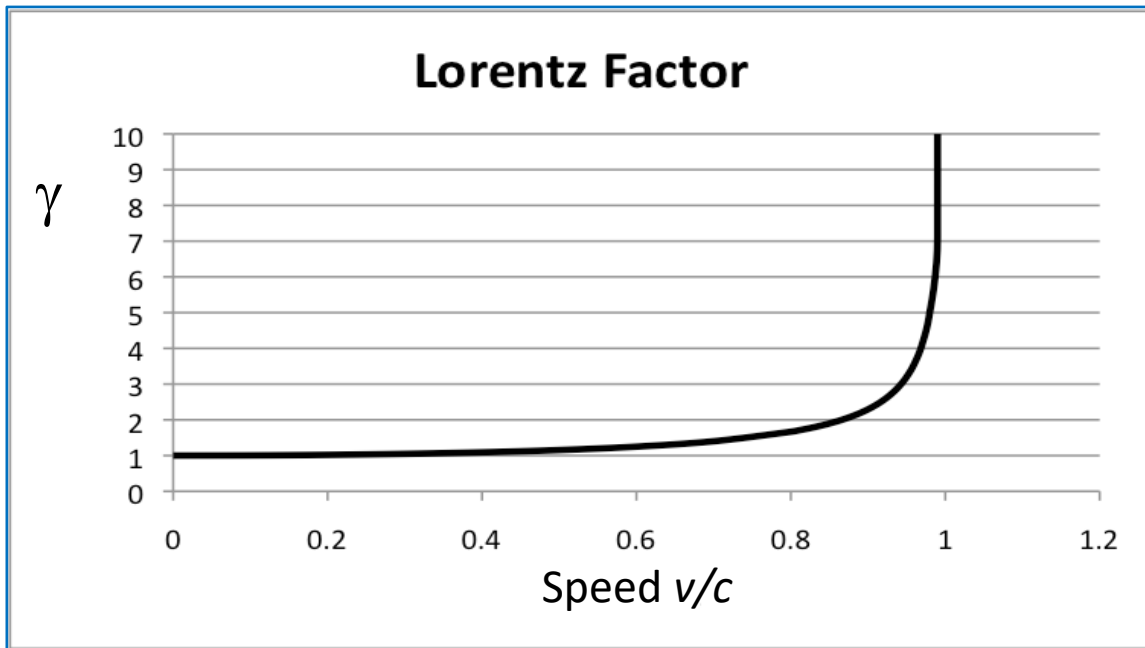
$$\Delta t'^2 = \frac{c^2}{c^2 - v^2} (\Delta t)^2 = \frac{1}{1 - v^2/c^2} (\Delta t)^2$$

← substitute



$$\Delta t' = \frac{1}{\sqrt{1 - (v^2/c^2)}} \cdot \Delta t \equiv \gamma \cdot \Delta t$$

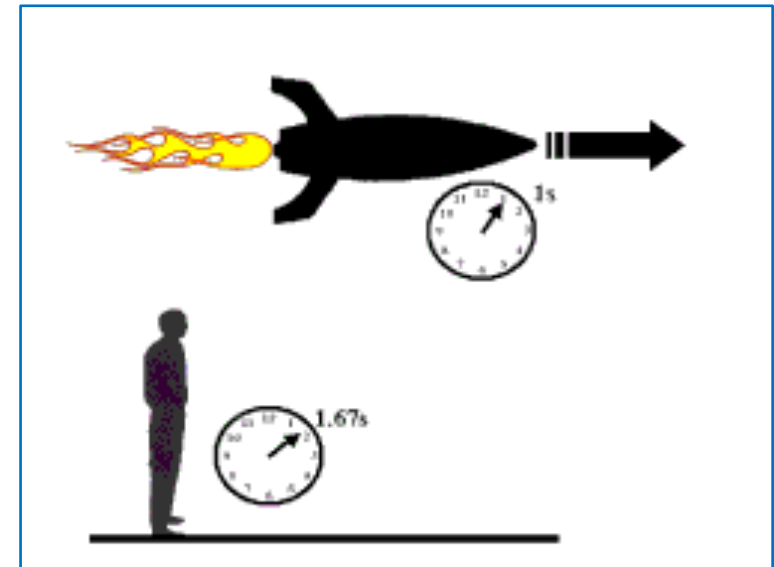
γ is called the **time dilation** factor or Lorentz factor.



For “low” ($v \ll c$) relative speeds: *no effect*, time stays the same. *This we know from every day life.*

For “high” ($v \rightarrow c$) relative speeds: *large effect*, time runs very slow! *This we have never really seen in every day life.*

$$\Delta t' = \frac{1}{\sqrt{1 - (v^2/c^2)}} \cdot \Delta t \equiv \gamma \cdot \Delta t$$



Example:

Rocket goes at

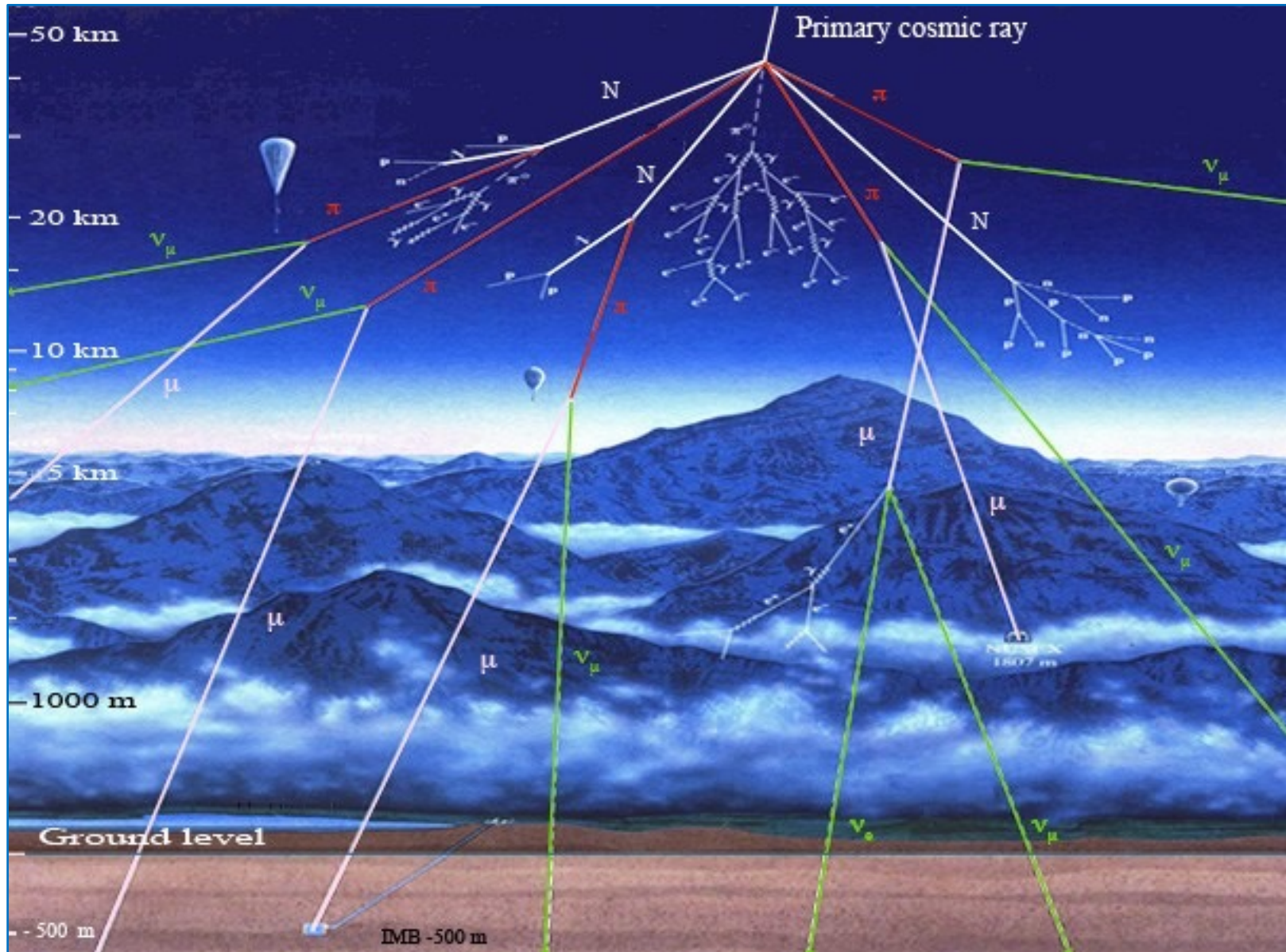
$$v = 0.8c = \frac{4}{5}c : \gamma = \frac{1}{\sqrt{1 - (\frac{4}{5})^2}} = \frac{1}{\sqrt{\frac{9}{25}}} = \frac{5}{3}$$

1 second inside the rocket lasts 1.66 seconds on earth.



“To you it was fast”

Time Dilation: Is it real? Cosmic Muons! (Real Experiment)



Out of a million particles at 10 km, how many will reach the Earth?

Measure muon flux at 10 km height.

μ : mass $207 m_e$

charge + or -

Rest halflife:

$$T_0 = 1.56 \times 10^{-6} \text{ sec}$$

$v = .98c$
 $\gamma = 5$
Relativity factor

$$L_0 = 10 \text{ km}$$

Simultaneously monitor flux at ground level.

Time Dilation: Is it real? Cosmic Muons! (Real Experiment)

Muons: unstable particles with a decay life-time of: $t = 1.56 \mu\text{s} = 0.00000156 \text{ s}$

(After $1.56 \mu\text{s}$ 50% survive, after $2 \times 1.56 \mu\text{s}$ 25%, ...etc.: $\frac{1}{2}^n$)

Muon particles are produced at **10 km** height (by cosmic rays) with **$\sim 98\%$ light-speed**.

Expectation: even at light-speed it would take them a time: $t = 10 \text{ km} / 300\,000 \text{ km/s} = 33 \mu\text{s}$

to reach the ground = 21 x half-life time: $\frac{1}{2}^{21} \sim 1 / 1\,000\,000$

Expect: only 1 in a million muons arrive on the ground!

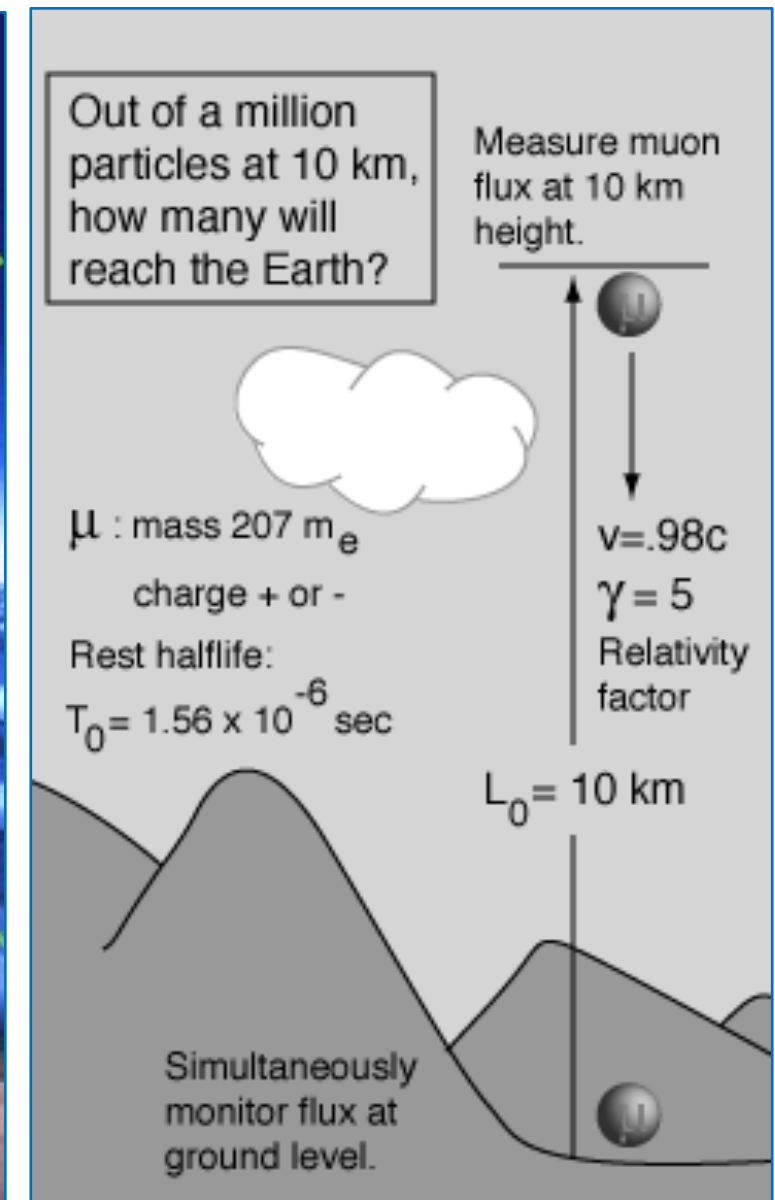
Measurement: $\sim 5\%$ makes it to the ground!

Relativity: $\gamma = 1 / \sqrt{1 - 0.98^2} \approx 5$

→ Lifetime = $5 \times 1.56 \mu\text{s} = 7.8 \mu\text{s}$; Takes $33 / 7.8 = 4.2$ half-lives!

Consistent with observation! Since: $\frac{1}{2}^{(4.2)} = 0.05 \rightarrow 5\%$

→ Also in GPS navigation devices relativity is essential!



Lorentz Contraction (Gedankenexperiment)

Alice boards a super spaceship with her clock and travels with $v=0.8c$ to a distant star ($L = 8$ light-years).

From earth, **Bob** calculates that the trip takes about **10 years**, since: $L = v t \rightarrow t = L / v \rightarrow t = 8 / 0.8 = 10$

Bob calculates that since **Alice's** clock runs slower, for her the trip takes **6 years**, since $\gamma = 1 / \sqrt{1-0.8^2} = 5/3$ and
 $L = v t = v \gamma t' \rightarrow t' = t / \gamma = 6$

Since:

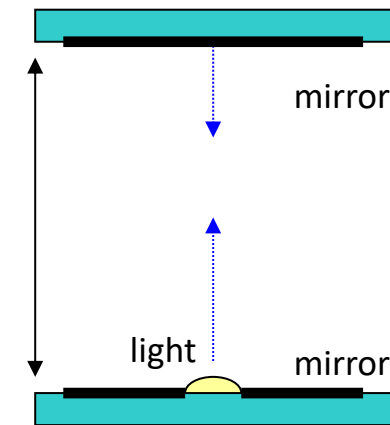
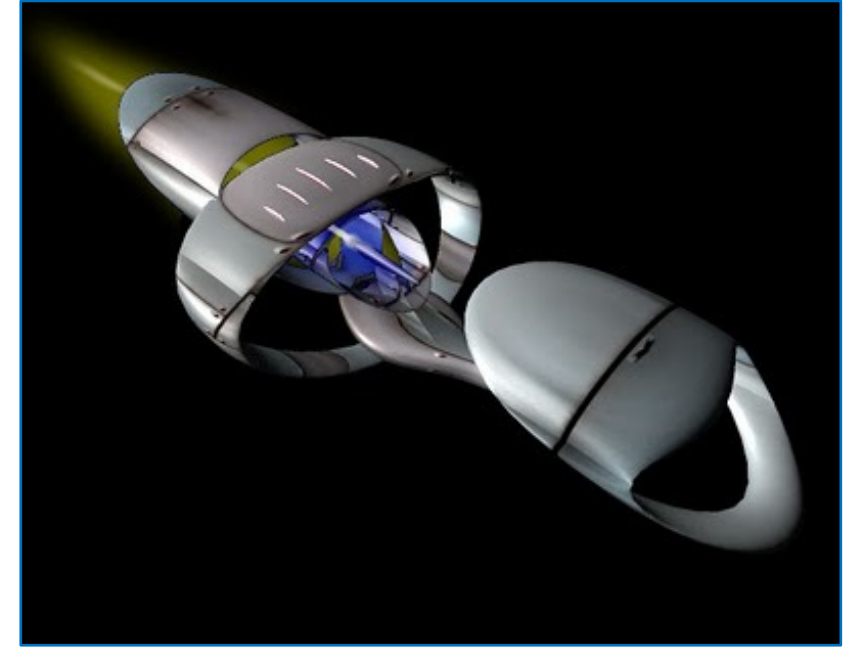
- 1) **Alice** and **Bob** agree on the velocity v
- 2) **Alice** and **Bob** agree on the number of clock ticks
- 3) For Alice a clock tick does not change, so the trip takes indeed **6 years**

Alice observes: $L' = v t' = 0.8 \times 6 = 4.8$ light-years!

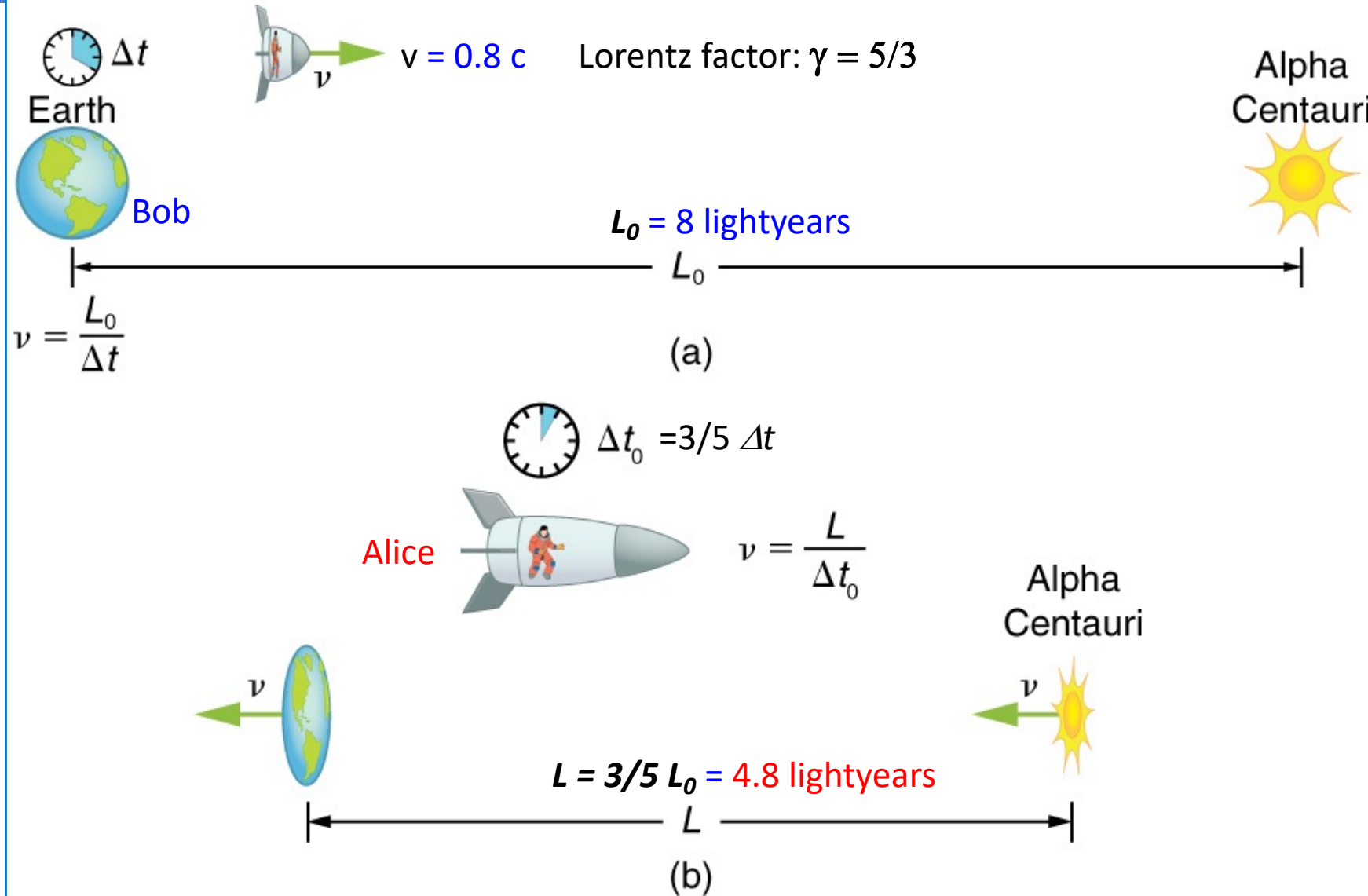
Lorentz contraction: $L' = L / \gamma$

→ Distances shrink at high speed!

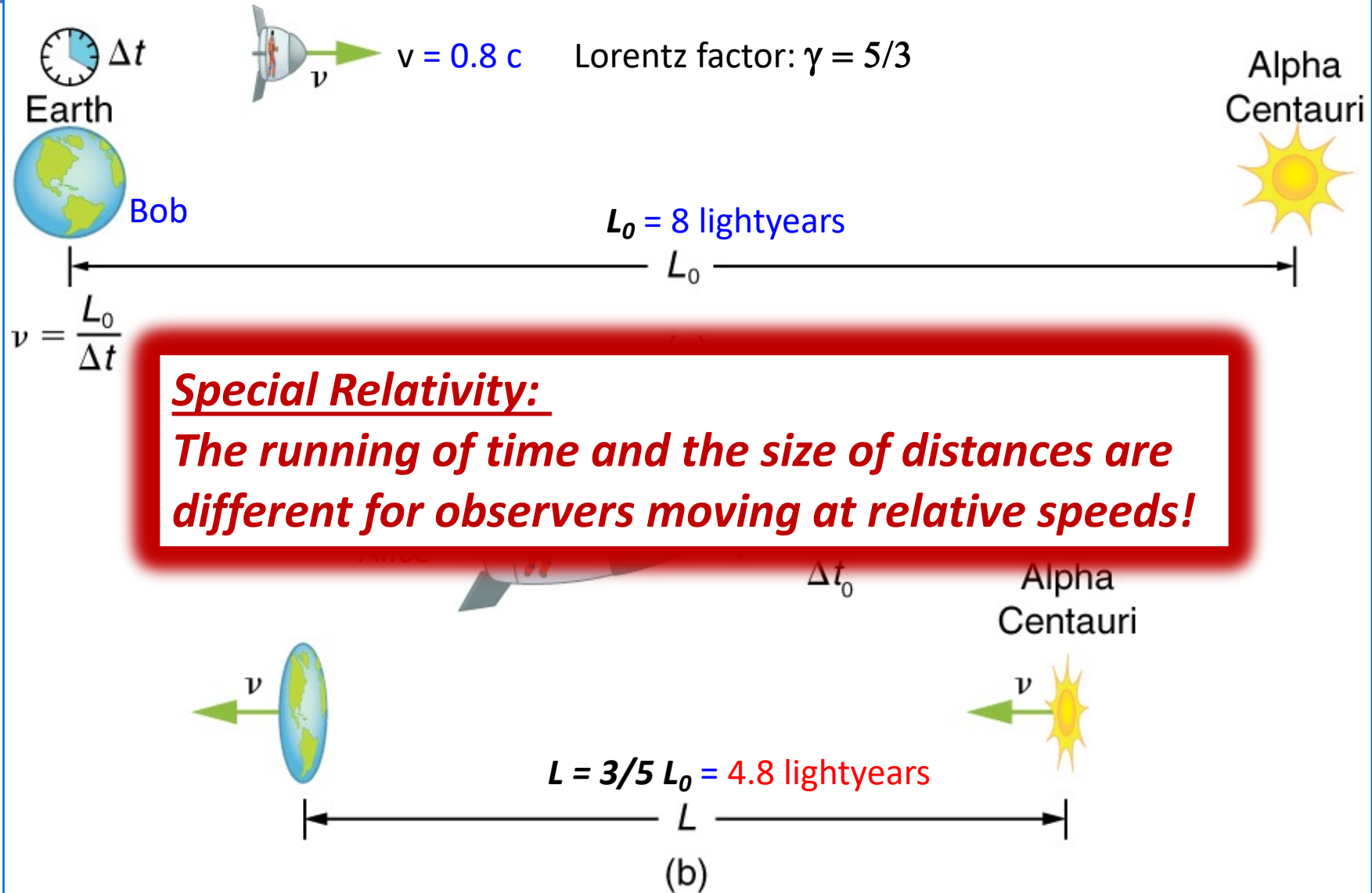
$$L' = L / \gamma = L \cdot \left(\sqrt{1 - v^2 / c^2} \right)$$



Lorentz Contraction and time dilation

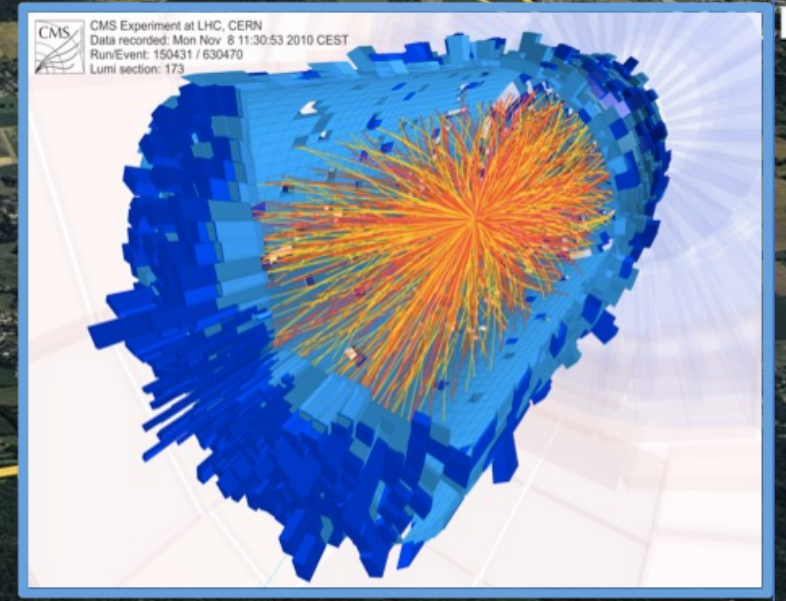
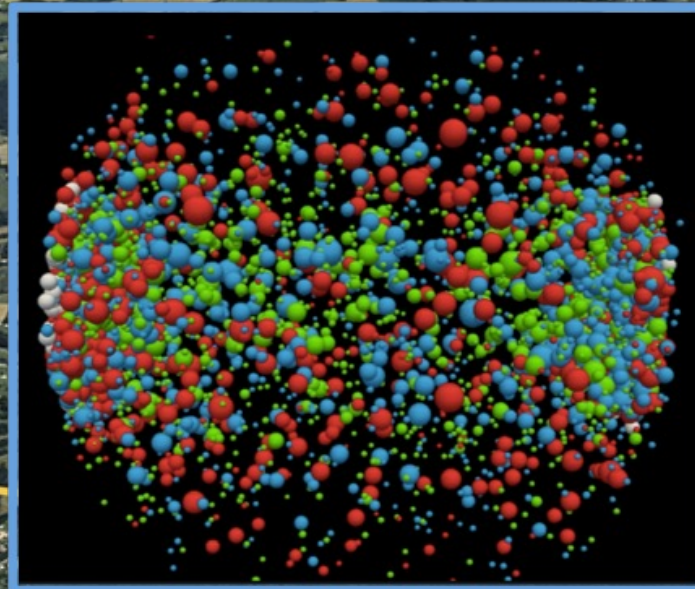
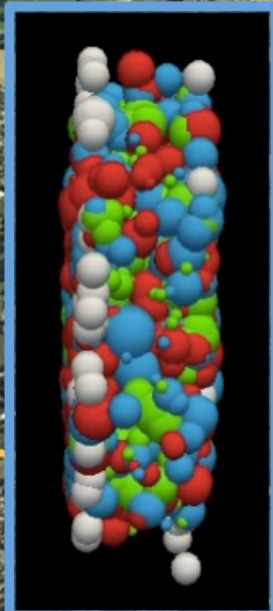
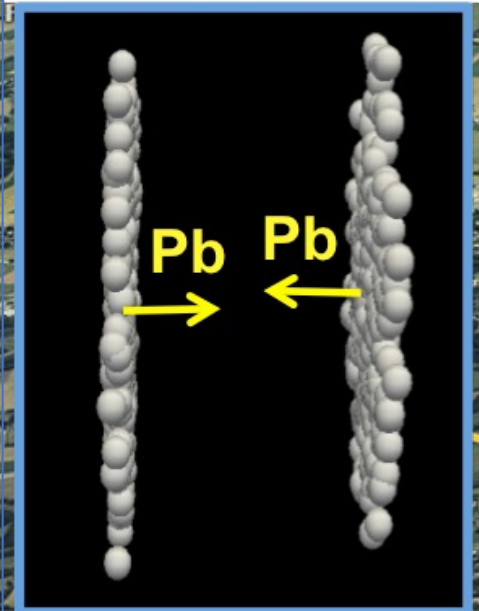
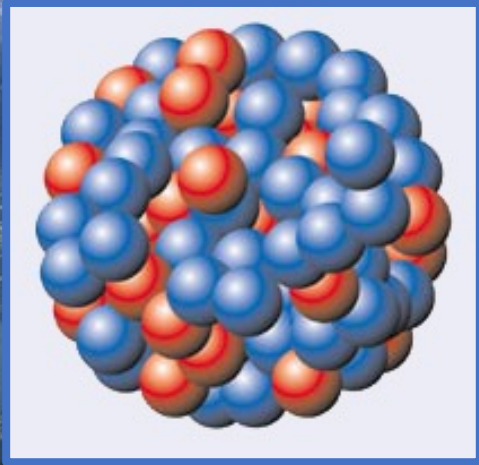


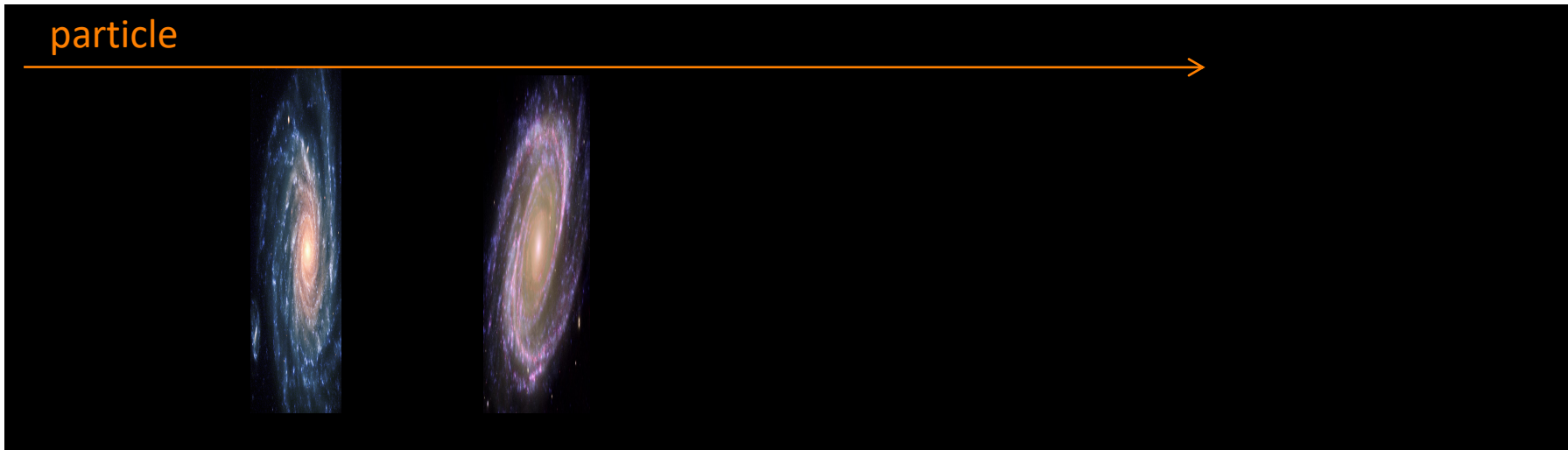
This is called: **Lorentz contraction: $L' = L / \gamma$. Distances shrink at high velocities!**



This is called: **Lorentz contraction: $L' = L / \gamma$.** Distances shrink at high velocities!

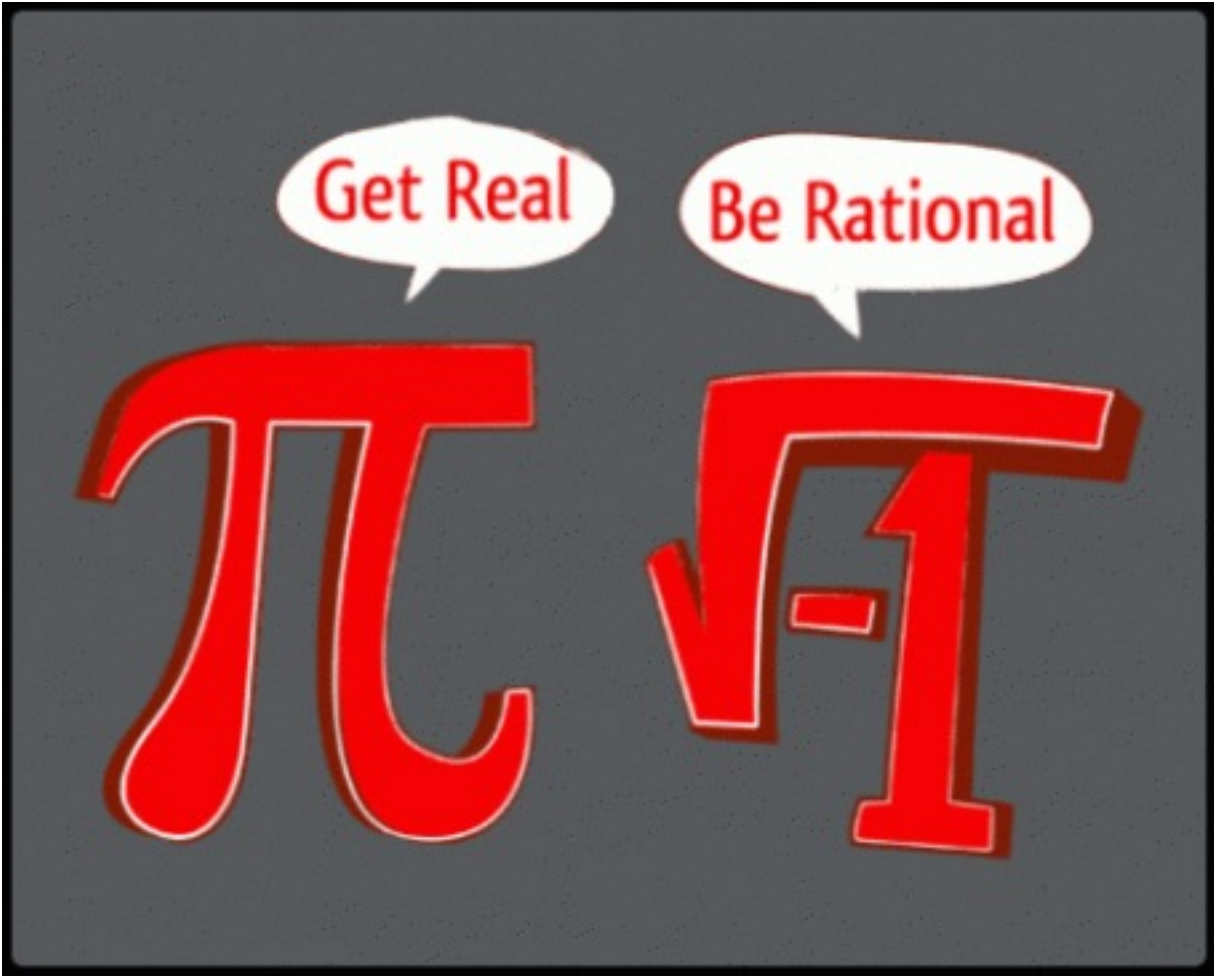
Colliding Lead Nuclei "*Pancakes*" at the LHC

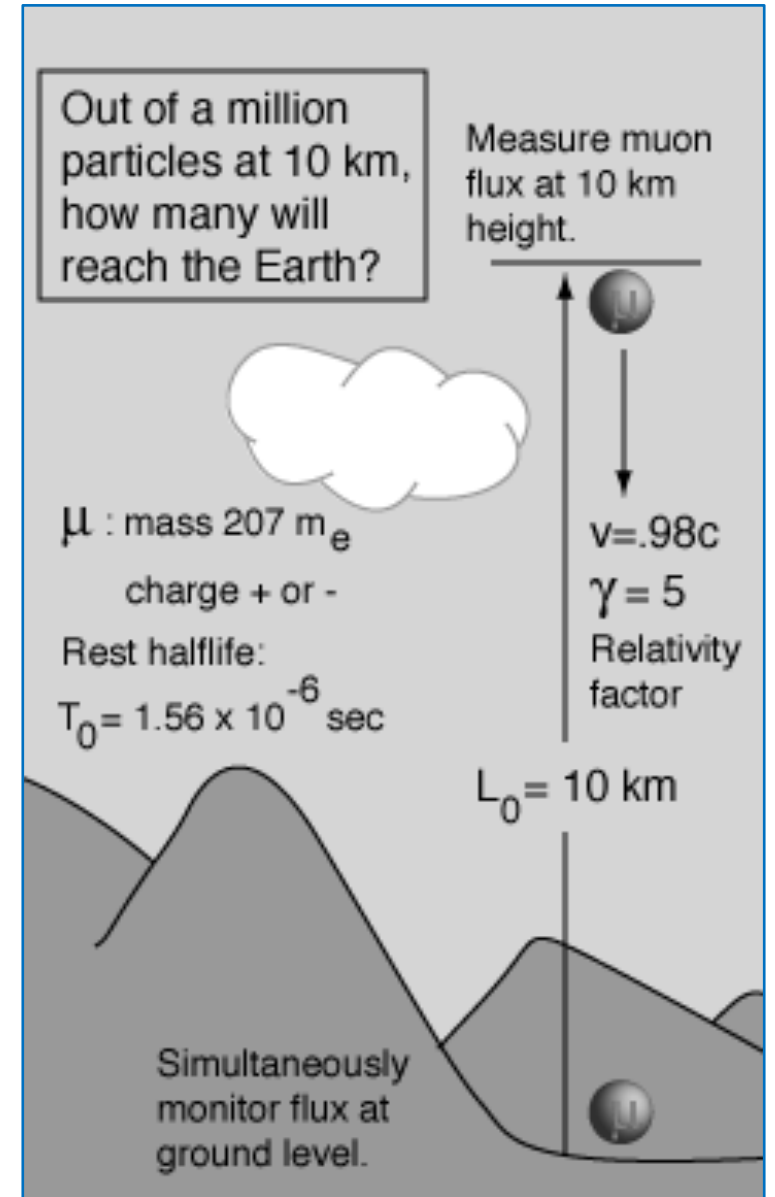
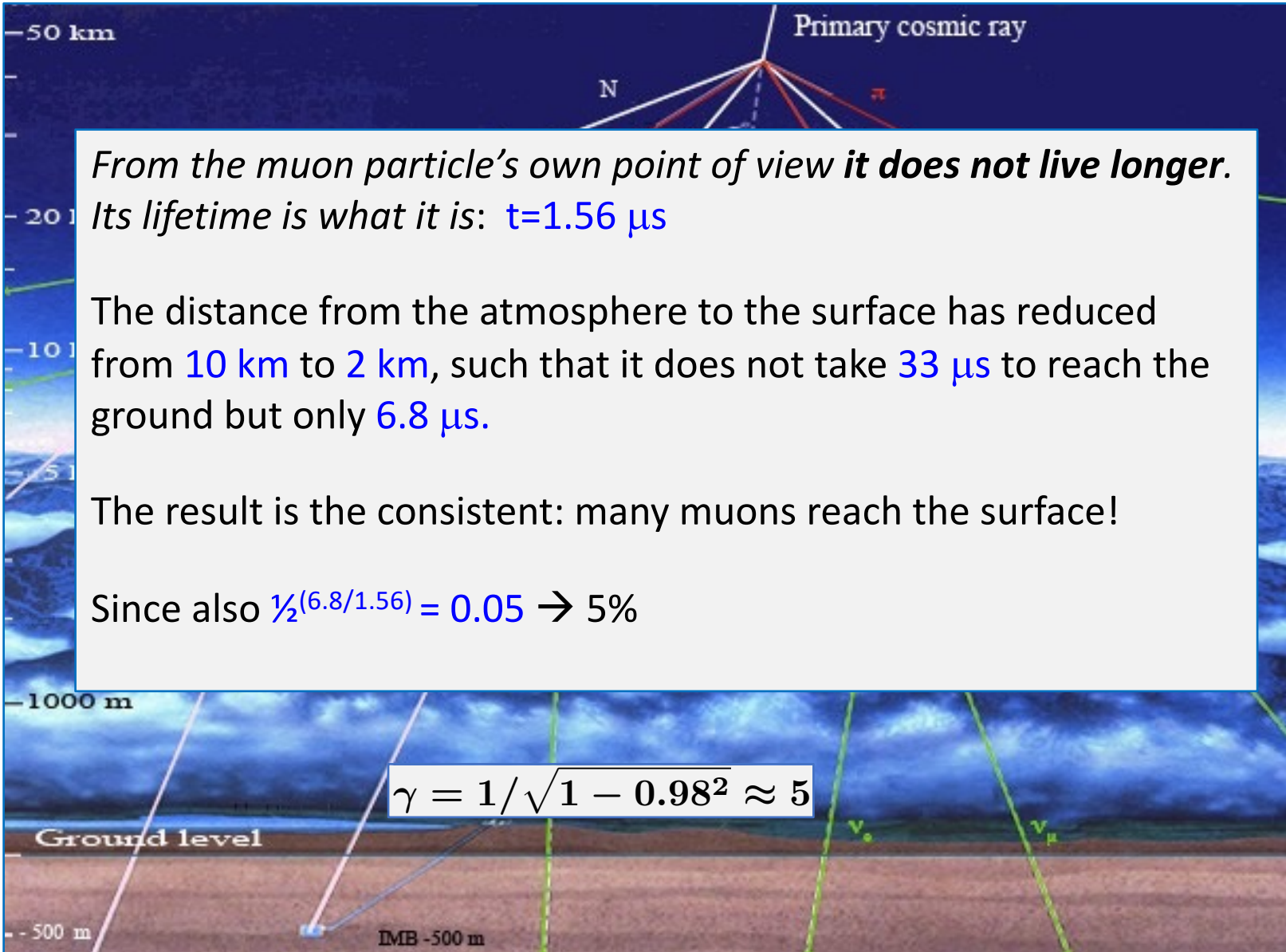


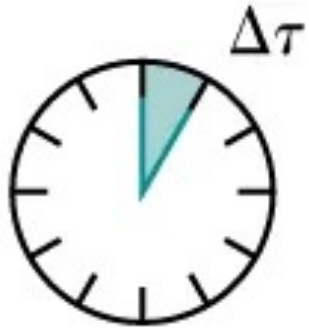


How does a photon see the universe?

For a photon time does not exist!

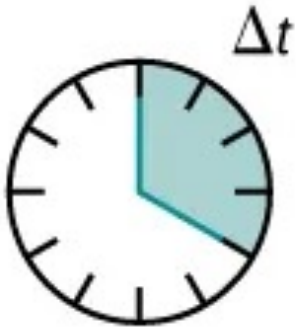






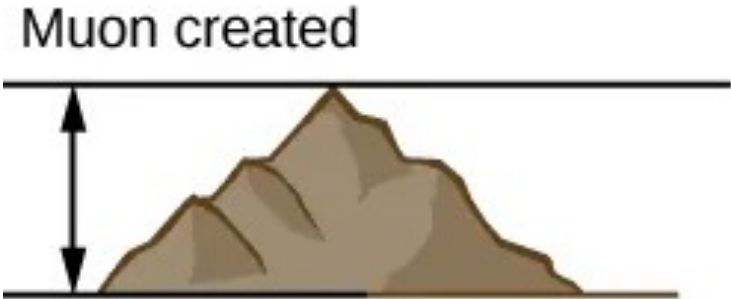
Elapsed muon lifetime

muons have a shorter distance to traverse



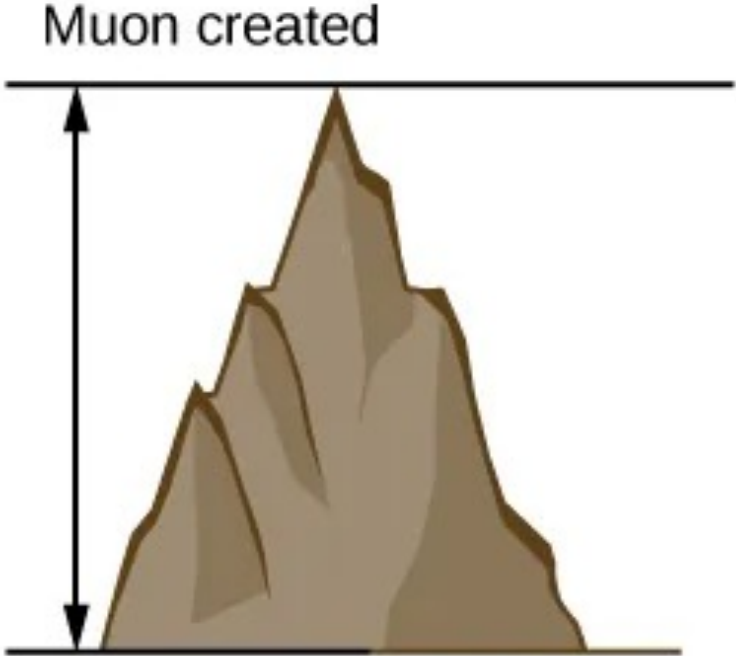
Elapsed muon lifetime

earth observer sees muons to live longer



Muon decays

(a) Muon's reference frame



Muon decays

(b) Earth's reference frame

Time dilation:

$$\Delta t' = \gamma \Delta t$$

Lorentz contraction:

$$L' = L/\gamma$$

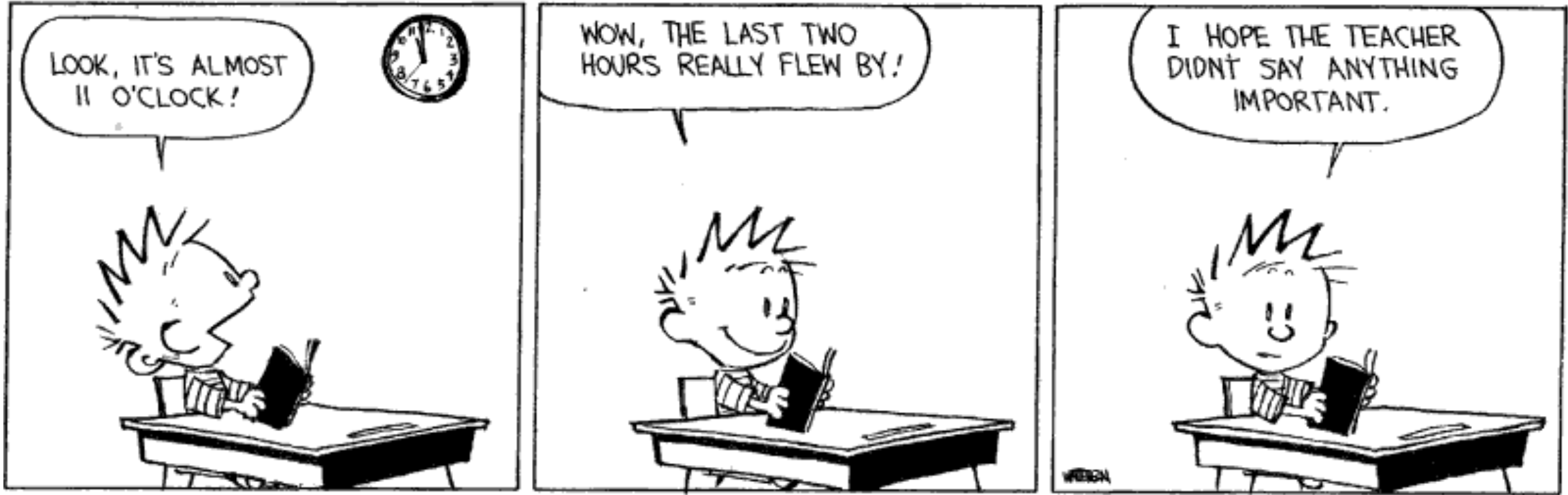
with the relativistic factor:

$$\gamma = \frac{1}{\sqrt{1 - \frac{v^2}{c^2}}}$$

Two definitions:

Time in rest frame = “eigen-time” or “proper-time”

Length in rest frame = “proper length”



Causality...



Travelling to the future...

